

Tatiana Stupak

A Selection of
Press & Magazine Cuttings

Collected and compiled by David Pentecost, FBCS CITP



On Sunday past the recently formed Music Appreciation Group of the Limassol Branch of the Cyprus Third Age (C3A), held its own first live music event, at the home of one of its members in Limassol.

The member has a fine Steinway grand piano, which was a particular attraction for the two solo pianists – Tatiana Stupak from Russian and Andreas Papadopoulos from Cyprus – both of whom began playing at the age of five.

Stupak studied at the St Petersburg Conservatoire until 2009, and chose to play Bach's Prelude & Fugue BWV 859, Schumann's Intermezzo Op.4 No.5, Chopin's Etude Op.10, No.5, the first movement of Beethoven's Moonlight Sonata, and concluded her recital with Chopin's Scherzo No.1.

Papadopoulos is now a student at the music school of Dr Nefen Michaelides in Limassol, and performed Bach's Prelude & Fugue BWV 867 followed by a Liszt transcription of music from Rigoletto by Verdi, he concluded with two works by Chopin: Ballade No. 1 and Scherzo No 2.

Both pianists performed their chosen works to a great round of applause. The first show was such a hit that the audience was asking afterwards when the next concert would be held.

So in response there are already plans in motion for the next event to take place sometime in the autumn, and it will probably be one where pianists play live, but this time, in the form of a musical lecture.

Concert held at the Russian House, Limassol on 26th December 2015:

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Вестник КИПРА

№1051
1 ЯНВАРЯ '16

цена €1.20 ΡΩΣΙΚΗ ΕΒΔΟΜΑΔΙΑΙΑ ΕΦΗΜΕΡΙΔΑ • RUSSIAN NEWSPAPER

6 № 1051, 1 ЯНВАРЯ 2016 ВЕСТНИК КИПРА

Любителям классической музыки

В Русском доме на улице Рига Фереу в Лимассоле 26 декабря состоялся небольшой рождественский концерт. В исполнении талантливой пианистки Татьяны Ступак прозвучали произведения И. Баха, С. Прокофьева и Ф. Листа.

Татьяна Ступак — ученица проф. Леонида Синцева, выпускница Санкт-Петербургской государственной консерватории имени Н. А. Римского-Корсакова. Она солировала в России, Австрии и Германии, с 2007 года живет на Кипре.

Ее следующий концерт пройдет в Культурном центре в Пафосе в пятницу, 29 января.



20 WHAT'S ON

living

► MUSIC

Two pianos, one love

This Friday Technopolis 20 Cultural Centre in Paphos will present two pianists from very different backgrounds who will meet to give an end to January to remember.

Pianists Tatiana Stupak and Leonid Nesterov will perform a programme for classical and jazz music lovers.

Stupak will take on the classical part of the evening and perform works by Bach, Chopin, Liszt, Prokofiev and Schumann. Nesterov will be the one in charge of jazzing up the evening with a performance of some well-known jazz pieces and some of his original compositions. Stupak, from Russia, started playing the piano at the age of five. She studied at the Conservatory music college and at the Rimsky-Korsakov St Petersburg State Conservatory. The pianist has performed as a soloist in Russia, Austria, Germany and most recently in Cyprus, where



she has been living since 2007.

Nesterov found his musical calling in Latvia and moved to Limassol in 2010. He regularly organises jazz concerts in Cyprus, where he performs with the Leonid Nesterov Trio. He also plays with various musicians from the Baltic States, Germany, United Kingdom, Russia, Israel and other countries.

Classical and Jazz Music Concert

Live performance by Tatiana Stupak and Leonid Nesterov. January 29. Technopolis 20, Paphos. 8pm. €10. Tel: 70-002420

760989

Paphos Bereavement Support Group
The Group meets the first Monday of the month from 2 - 4 pm at the Cyprus Samaritans Centre, Chlorakas. For more information please contact Sally on 99-312662 or Rita on 99-175510

Gamblers Anonymous
Support group for gambling addicts, partners and families. Meetings every Tuesday. Ayia Kyriaki Anglican Church Hall, Kato Paphos. 7.30pm. Tel: 26-622289

Self-Improvement and Fulfilment
Dr. Eva Bratslavsky clinical psychologist and psychotherapist weekly discussion group meetings on self-confidence, self-esteem, relationship enhancement, assertiveness. 3pm. Tel: 99-495467

Hemi-Sync sound technology of The Monroe Institute
Metamusic CDs for quantum learning, deep relaxation, meditation, workshops. Contact Linda Leblanc, accredited Outreach Trainer of The Monroe Institute. Tel: 26-621272/ psygnos@spidernet.com.cy

Reiki Training
Philip Westwood, Reiki Master/Teacher is now taking bookings for Reiki 1 & Reiki 2 training courses. Tel: 99-407526/26-271640 or email philipreiki@cytanet.com.cy

Polis Charity Bookshop, Crafts and More
Now open six days a week. Monday-Saturday, 10am-1pm. Large stock of books, videos, talking books, jigsaws and greeting cards. Proceeds donated to local charities. Goods in first rate condition always needed. Arch. Makarios Avenue, Polis Chrysochous. Tel: 99-867511

Mums 'n' Toddlers Group
Mums, Tots & Babies - Join us for a fun

ΡΕΣΙΤΑΛ ΚΛΑΣΙΚΗΣ ΚΑΙ ΤΖΑΖ ΜΟΥΣΙΚΗΣ @ Τεχνόπολις 20

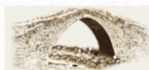
ΠΛΑΦΟΣ, 29 ΙΑΝΟΥΑΡΙΟΥ, ΩΡΑ: 20:00

Οι Tatiana
Stupak και
Leonid
Nesterov,
δύο πα-
νίστες με
διαφορετικό



είδος ρεπερτορίου, θα παρουσιάσουν
ένα μουσικό πρόγραμμα για τους
λάτρεις της κλασικής αλλά και της τζαζ
μουσικής, την Παρασκευή 29 Ιανουα-
ρίου, στις 8 μ.μ., στο Τεχνόπολις 20.
Το κλασικό πρόγραμμα που θα πα-
ρουσιαστεί από την Tatiana Stupak θα
περιέχει έργα των Bach, Chopin, Liszt,
Prokofiev και Schumann. Από την άλλη,
το τζαζ πρόγραμμα θα περιέχει κλασικά
κομμάτια τζαζ αλλά και συνθέσεις του
πανίστου Leonid Nesterov. **Τιμή Εισόδου: €10**

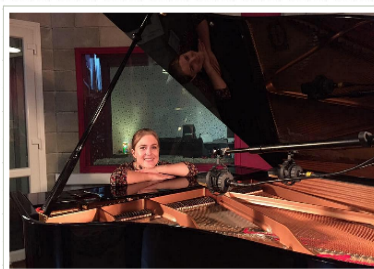
(Unidentified publication)



ВЫ ЗДЕСЬ: НОМЕ ▶ КУЛЬТУРА ▶ ТАТЬЯНА СТУПАК: ИСТОРИЯ ОДНОГО МУЗЫКАНТА

Татьяна Ступак: история одного музыканта

Воскресенье, 24 Январь 2016



Молодая пианистка Татьяна Ступак уже хорошо известна кипрским почитателям классической музыки. Скоро в Пафосе состоится ее фортепианный концерт. А вот как начинался творческий путь Татьяны.

За инструментом с двух лет

Татьяна Ступак родилась в немusыкальной семье. Однако, когда ей было всего лишь два года, отец купил ей пианино. В возрасте пяти лет Татьяну отдали в

районную музыкальную школу Санкт-Петербурга. Через два года, когда встал вопрос о поступлении в общеобразовательную школу, родителям порекомендовали отдать ребенка в среднюю специальную музыкальную школу при Санкт-Петербургской государственной консерватории им. Н. А. Римского-Корсакова. Она попала в класс Рубиной Аси Ефимовны – первой ученицы этой школы с момента основания, которая всю жизнь проработала в ней преподавателем.

Во время обучения в ССМШ Татьяна стала лауреатом Международного конкурса им. Баха и Международного конкурса по органу, которые проходили в России. Также она гастролировала с концертами по всей Германии, Австрии и России.

После окончания ССМШ, молодая пианистка продолжила обучение в Санкт-Петербургской государственной консерватории в классе профессора Леонида Синцева. После его окончания Татьяна переехала на Кипр.

Кипр вдохновляет

В 2011 году по рекомендации друзей-музыкантов Татьяна вступила в Limassol Pianists Circle – небольшую группу пианистов, которые собирались несколько раз в год для демонстрации результатов своих репетиций по игре на фортепиано. К сожалению, группа распалась в 2012 году, и с тех пор Татьяна играла только для узкого круга друзей.

В 2015 году ее пригласили сыграть концерт для Лимассольского общества Music Appreciation Group of C3A Limassol. Концерт состоялся в июне в доме одного из членов общества, который предоставил свой рояль Steinway. Выступление имело такой успех, что Татьяну пригласили сыграть еще на одном частном концерте в июле. Интерес слушателей показал востребованность фортепианной классической музыки, что привело Татьяну к решению организовать свой первый на Кипре фортепианный концерт для широкой аудитории.

Однако исполнительница музыки столкнулась с некоторыми трудностями. Арендовать зал оказалось не так-то просто. Вначале надо было записать несколько произведений в студии, чтобы разослать по залам записи ее исполнений. В сентябре первые студийные записи были отправлены и встречены с большим энтузиазмом. Проведение концертов получило одобрение, а запись в студии подтолкнула Татьяну к выпуску собственного диска.

В сентябре Татьяна получила приглашение принять участие в частном благотворительном мероприятии в Лимассоле, где ее исполнение услышал Президент Кипра Никос Анастасиадис. Спустя неделю Татьяну пригласили в Президентский дворец на Cyprus-Russian Gala 2015.

Еще одно небольшое выступление прошло в Русском Доме в Лимассоле в декабре 2015 в рамках рождественских праздничных мероприятий.

Не пропустите!

Первый профессиональный фортепианный концерт Татьяны на Кипре состоится в пятницу 29 января в культурном центре Technopolis20 в Пафосе. В концерте: произведения Баха, Шопена, Листа, Прокофьева и Шумана.

Во втором отделении концерта друг Татьяны Ступак Леонид Нестеров исполнит джазовые зарисовки, включая собственные сочинения.

Приобрести билеты можно по телефону 7000 2420.

Информацию о концертах, записях и диске можно найти на сайте www.tatianastupak.com.



CYPRUS TOURISM ORGANISATION

MONTHLY *Events* 2016 January

Pafos

FRI, 29 JAN

Classical and Jazz Piano Concert

Tatiana Stupak and Leonid Nesterov two pianists with different kinds of repertoire will be performing a programme for classical and jazz music lovers. The classical programme to be performed by Tatiana Stupak will include works by Bach, Chopin, Liszt, Prokofiev and Schumann. The jazz programme will be of jazz standards and original compositions by the pianist Leonid Nesterov.

Information | Reservations: T. + 70002420, technopolis20.com

Stupak's journey to Technopolis

Tatiana Stupak's first public professional recital at the Technopolis 20 Cultural Centre in Paphos pinpoints her journey as a musician on the island.

Tatiana Stupak was born into a non-musical family. Nevertheless, at the age of 2, her father bought her a piano and she started learning how to play in a local music school at the age of 5. By the age of 7, her parents were advised to send her to a special music school of the St. Petersburg Conservatory where she studied under Rubina Asya.

During her studies, Tatiana won a Bach international competition and an Organ international competition in Russia. She also gave concerts all over Germany, in Austria and in Russia. After 11 years at the school, she continued her studies at the St. Petersburg State Conservatory in the class of Professor Leonid Sintsev after which she moved to Cyprus.

In 2011 she joined the Limassol Pianists' Circle - a small group of enthusiastic pianists who met a few times each year to play to each other, after practicing to improve their playing standards. That group was dissolved in 2012, after which, Tatiana played only occasionally in private to a few friends.

In 2015 she was invited to play at a meeting of recently formed Music Appreciation Group of C3A Limassol and played at the group's first live music event held in June at the home of one of its members, who had a fine Steinway grand piano.

In September she was asked to play at a charity event in Limassol. It was here that she was fortunate enough to be heard by President Anastasiades and the First Lady, who were in attendance, and was invited to attend the forthcoming Cyprus-Russian Gala at the presidential palace. Another piano recital followed at the Russian



TATIANA Stupak

House in Limassol in December, as part of the Christmas festivities.

Tatiana's first public professional recital in Cyprus has now been arranged for Friday, 29th January at the Technopolis 20 Cultural Centre in Paphos. She will be playing classical pieces by Bach, Chopin, Liszt, Prokofiev and Schumann. After the interval, her friend Leonid Nesterov will be playing some jazz standards, including some of his own compositions. Tickets can be reserved by calling 7000 2420.

AFISHA

Cyprus

Per aspera, ad astra!

Через тернии к звездам!

A future pianist, Tatiana Stupak, was born to parents who happened to be quite distant from musicianship. However, once she only turned two, her father noticed a secret gift Tatiana possessed and purchased a piano.

At the age of five, Ms. Stupak started to attend one of the many ordinary music schools of St. Petersburg and at the age of seven, on friends' advice, her parents decided to transfer Tatiana to a special music school of the N. A. Rimsky-Korsakov Saint Petersburg State Conservatory.

It was in this renown establishment where the young pianist yet again got in luck: Asya Rubina, one of the first graduates of the school and one of the most respected music teachers in Russia became her tutor. During her years there, Tatiana won several awards, including that of the International J.S. Bach Competition and of the International Organ Competition. In addition to what already seemed as astonishing accomplishments, Tatiana extensively toured Germany, Austria and Russia with concerts.

After graduating, Tatiana continued her musical education in the the N. A. Rimsky-Korsakov Saint Petersburg State Conservatory itself, placed in professor Leonid Sintsev's class. Successful diploma was followed by her decision to move to Cyprus.

In 2011 Tatiana joined the Limassol Pianists Circle, a small but highly talented group of pianists, who used to gather together every now and then and demonstrate their skill and mastership on the keys. Unfortunately, the Circle disbanded in 2012, and for three next years Tatiana's audience was comprised of her close friends only.

2015 was a breakthrough year for Ms. Stupak. She was invited to perform for Music Appreciation Group of C3A Limassol. The concert took place in June, at the premises of one of the Group's members, who provided his personal grand piano of the Steinway brand. This performance had a positive impact and she was invited to play at a similar event next month. Renewed interest of the public inspired Tatiana to organize her very first piano evening for the general audience and her personal concert director took liberty in making this project come true.

However, in the processes multiple difficulties arose. Particularly, the problem of finding the venue was evident, due to the limited awareness of local music lovers about the young Russian pianist. For

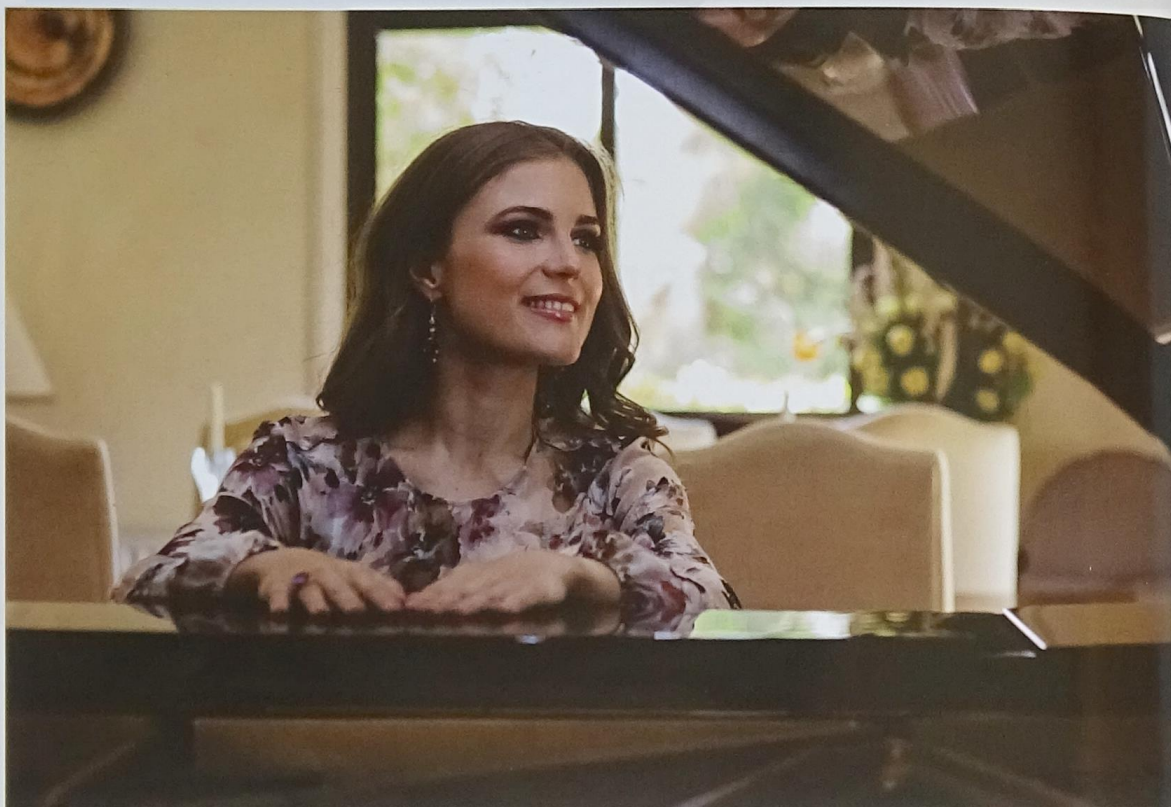
Будущая пианистка Татьяна Ступак родилась отнюдь не в музыкальной семье. Однако, когда девочке было всего лишь два года, отец заметил особое дарование дочери и купил ей пианино.

С пятилетнего возраста Татьяна обучалась в одной из районных музыкальных школ Санкт-Петербурга, а через два года, когда встал вопрос об общем образовании, родителям порекомендовали отдать девочку на обучение в среднюю специальную музыкальную школу при Санкт-Петербургской государственной консерватории им. Н. А. Римского-Корсакова. Здесь Татьяне снова повезло - она попала в класс Рубиной Аси Ефимовны - первой ученицы школы с момента ее основания, посвятившей затем свою жизнь преподавательской работе. В процессе обучения в музыкальной школе Татьяна стала лауреатом Международного конкурса им. Баха и Международного конкурса по органу, которые проходили в России. Помимо этого, девушка гастролировала с концертами по всей Германии, Австрии и России.

Став выпускницей специальной музыкальной школы, Татьяна продолжила обучение в Санкт-Петербургской государственной консерватории в классе профессора Леонида Синцева, после успешного окончания которой переехала на Кипр.

С 2011 года, по рекомендации друзей-музыкантов, Татьяна выступала в составе Limassol Pianists Circle - небольшой группы пианистов, которые собирались несколько раз в году для демонстрации результатов своих репетиций по игре на фортепиано. К сожалению, группа распалась в 2012 году, и с тех пор Татьяна играла только для узкого круга друзей.

В 2015 году ее пригласили провести концерт для Лимассольского общества Music Appreciation Group of C3A Limassol. Концерт состоялся в июне в доме одного из членов общества, который предоставил свой рояль Steinway. Выступление имело такой успех, что Татьяну пригласили сыграть еще на одном частном концерте в июле. Интерес слушателей показал востребованность фортепианной классической музыки, что привело Татьяну к решению организовать свой первый на Кипре фортепианный вечер для широкой аудитории. Ее концертный директор взял на себя административные задачи по подготовке этого проекта.



that reason, Tatiana engaged in a few studio recordings and then sent the material out to the directors of music halls and theatres all around the island. In September, she was given a green light to perform, and also decided to record a full-scale CD, following the wave of approval among her new broader appreciators.

In the same month, Tatiana was honoured to participate in the private charitable event in Limassol, where her act was noted by no other than HE Mr. Nicos Anastasiades and his wife. The first lady of Cyprus invited Tatiana to attend the Cyprus-Russian Gala 2015 in the Presidential Palace in Nicosia a week after.

Another short, but memorable musical entertainment was provided by Tatiana during the Christmas celebrations of 2015, that took place in The Russian House in Limassol.

Finally, Ms. Stupak's first professional full-scale piano concert in Cyprus was held on Friday, 29th January at the Technopolis Cultural Centre in Paphos. Selection of works by J.S. Bach, F. Chopin, F. Liszt, S. Prokofiev and F. Schuman was performed.

As of today, Tatiana Stupak is busy preparing for her upcoming shows of 2016-2017. On behalf of the editorial team, we would like to wish her all the luck in the world and express our anticipation for the future performances of this young but extremely talented Russian pianist.

Однако Татьяна столкнулась с некоторыми трудностями неизвестной у широкой публики пианистки - арендовать зал оказалось не так просто, - вначале надо было записать несколько произведений в студии, чтобы разослать по залам записи ее исполнений. В сентябре первые студийные записи были отправлены и имели колоссальный успех у слушателей. Руководство зала одобрило проведение концертов, а запись в студии подтолкнула Татьяну к выпуску собственного диска.

Тогда же, в сентябре, Татьяна получила приглашение принять участие в частном благотворительном мероприятии в Лимассоле, где ее исполнение было услышано Президентом Кипра г-ном Никосом Анастасиадисом и его супругой. Первой леди. Спустя неделю Татьяну пригласили в Президентский дворец на Cyprus-Russian Gala 2015.

Еще одно небольшое, но яркое выступление молодой пианистки прошло в рамках Рождественских праздничных мероприятий декабря 2015 года, которые проводились в Русском Доме в Лимассоле.

Первый профессиональный фортепианный концерт Татьяны на Кипре состоялся в пятницу, 29 января 2016 года, в культурном центре Technopolis в Пафосе. В программе концерта прозвучали произведения Баха, Шопена, Листа, Прокофьева и Шумана. В настоящее время Татьяна готовится к концертам, которые состоятся в 2016-2017 годах. Пожелаем ей удачи и будем с нетерпением ждать выступлений молодой, одаренной пианистки.



CYPRUS TOURISM ORGANISATION

MONTHLY *Events* 2016 **April**

Lemesos (Limassol)

FRI, 8 APRIL

Classical Music Concert

Tatiana Stupak – Marios Charalambous

Popular Russian classical pianist Tatiana Stupak will play works by Bach, Chopin, Liszt, Prokofiev and Schumann and will accompany the well-known Cypriot tenor Marios Charalambous who will sing arias from several operas, and a selection of other well-known songs.

Tatiana Stupak started learning the piano at age of 5 and at the age of 7 moved to the special music school of the St. Petersburg Conservatory. During her studies, Tatiana won a Bach international competition and an Organ international competition in Russia.

Marios Charalambous was awarded the Certificate of Byzantine Music with Distinction from the Byzantine Music School of the Sacred Archdiocese of Crete, and the Certificate in Voice Performance from the Guildhall School of Music & Drama.

Venue: Technohoros ETHAL Theatre (76, Franklin Roosevelt Avenue, CY-3840

Time: 20:00 **Entrance:** €10 **Ticket Reservation:** Mon-Fri 09:00-14:00, T. +357 25877827 or ethallimassol@cytanet.com.cy

FRIDAY
APRIL 8
2016

THE CYPRUS
WEEKLY

WHAT'S ON | 31

LIMASSOL

Classical Music Concert. Popular Russian classical pianist Tatiana Stupak will play piano solos and also accompany the well-known Cypriot tenor Marios Charalambous. She will play works by Bach, Chopin, Liszt, Prokofiev and

Schumann. April 8, 8-10pm. Technohoros ETHAL, 76 Franklin Roosevelt Avenue. Entrance €10. For ticket reservations call 25877827 (Monday - Friday 9am - 2pm).

ВЫХОДИТ КАЖДЫЕ ДВЕ НЕДЕЛИ ПО ПЯТНИЦАМ • ИЗДАЕТСЯ С ИЮЛЯ 1995 ГОДА

Вестник КИПРА

№1057
25 МАРТА '16

СЛЕДУЮЩИЙ ВЫПУСК
ВЫЙДЕТ 8 АПРЕЛЯ

цена €1.20

ΡΩΣΙΚΗ ΕΦΗΜΕΡΙΔΑ • RUSSIAN NEWSPAPER

ВЕСТНИК КИПРА | АФИША

№ 1057, 25 МАРТА 2016

49

8 АПРЕЛЯ

**«Концерт российской пианистки
Татьяны Ступак.**

Она выступит с сольной програм-



мой, а также будет аккомпаниро-
вать хорошо известному кипрско-
му тенору Мариосу Хараламбосу.
Татьяна исполнит произведения
Баха, Шопена, Листа, Прокофьева
и Шумана. Мариос Хараламбос ис-
полнит арии из нескольких опер,
а также хорошо известные песни.
Стоимость билетов: 10 евро.
Начало в 20:00.

Тел. 25 877827.

Teatr Technohoros ETHAL, Fragklinou
Rousvelt 76

New Year is a time to take stock of the passing year and make goals for the coming one. Let 2017 be ever more joyful and filled with happiness.

I want to wish to each and everyone to find harmony in all things. Let everything you hope for instil only positive emotions in you. I wish that you find a purpose and a positive vibe in all things, that you be surrounded by true friends, who will help you overcome any obstacles. Let inspiration help make your life ever better.

I wish my favourite magazine Afisha CYPRUS to find prosperity and success in 2017. I wish that the entire team of the publication is blessed with peace, positivity, emotional health, kindness and everything wonderful!

Let all your wishes come true and your expectations be exceeded!

Tatiana Stupak

Новый год – это праздник-рубеж, когда мы подводим итоги прошедшего года и ставим новые цели на следующий. Пусть следующий 2017 год будет еще счастливее и радостнее.

Хочу лично пожелать каждому идеальной гармонии во всем. Все, что вы делаете, пусть вызывает только положительные эмоции. Желаю во всем находить пользу и радость, чтобы окружали настоящие друзья, вместе с которыми не страшно преодолеть любые препятствия. Пусть вдохновение поможет сделать жизнь лучше.

Желаю моему любимому журналу в Новом году процветания и успехов, а всем сотрудникам мира и спокойствия в доме, добра, душевного равновесия и всех благ!

Пусть у всех оправдаются все ожидания и сбываются самые заветные мечты!

С любовью от Татьяны Ступак



Piano concert with cello and voice

Popular classical pianist Tatiana Stupak is giving another concert at the Technopolis 20 Cultural Centre in Paphos on Friday on May 26 at 8pm, this time with the cellist Robert Grod and the soprano Alysa Kuchinskaya.

The programme will include works by Chopin, Bach, Debussy, Tchaikovsky, Fauré, Dvorak, Mozart, Schubert, Antonio Caldara and Vincenzo Di Chiara.

Tatiana Stupak began learning the piano at the age of five, and later studied at the Rimsky-Korsakov State Conservatory in St. Petersburg. She won a Bach international competition and an organ international competition in Russia. She has performed in Austria and Germany as well as in Russia. Stupak is now based in Cyprus, where she is well-known, having performed many times over the last few years, both as a solo pianist and as accompanist for other musicians.

Robert Grod was born in 1991 in Lithuania. He studied in Vilnius at the Balys Dvarionas music school in the class of J. Veiveriene. He has been a laureate prize winner at the Dvarionas and Urba mu-

sic competitions in Lithuania. In 2010, Grod began his studies at the Moscow State Conservatory, under the tutorship of Natalia Shakhovskaya. In 2012, he won first prize in the Kozolupov competition in Moscow, and in 2016 he graduated from the conservatory with honours. Since then, he has been working in Nicosia for Cyprus Young String Soloists, which is a programme of the Cyprus Ministry of Education and Culture, aiming at identifying children aged 3-18 years who are very gifted in music, and at providing them with instrument instruction at the highest possible level.

Alysa Kuchinskaya was born in Lithuania, where she showed a great passion for music from early childhood. At the age of six, she began piano lessons with her first teacher, Galina Novelskiene, at the Miko Petrausko music school in Kaunas. After 10 years playing piano, she turned to singing classical music and, for two years, she studied at the Juozas Gruodis Conservatory in Kaunas. Her teacher there was the well-known soprano, associate professor and head of department, Jurate Bukauskaite. Her studies contin-



ued at the Lithuanian Academy of Music and Theatre in Vilnius, from which she graduated with honours. She participated in many concerts in her home town, at the Kaunas State Musical Theatre. Now based in Cyprus, she continues to perform in public.

Tickets are sold at €10. Reservations required on 70002420.

19 What's on listings

Piano, cello and voice perform classics

Classical pianist Tatiana Stupak will return to Technopolis 20 Cultural Centre with cellist Robert Grod and soprano Alysa Kuchinskaya on Friday to perform a classical concert with works by Chopin, Bach, Debussy, Tchaikovsky, Faure, Dvorak, Mozart, Schubert, Antonio Caldara and Vincenzo Di Chiara.

Stupak started piano lessons at the age of five and went on to study at the Rimsky-Korsakov State Conservatory in St Petersburg. She has won a Bach international competition and an organ international competition in Russia. The pianist, who is now based in Cyprus, has performed in Austria and Germany as well as Russia. She has performed as a solo pianist and as an accompanist for other musicians during her time on the island. Grod, from Lithuania, studied in Vilnius at the Balys Dvarionas music school and he is a laureate prize winner of the Dvarionas and Urba music competitions in Lithuania. He completed his studies at the Moscow State Conservatory in 2016 and since then has been working in Nicosia for the Cyprus Young String Soloists.

MUSIC

Kuchinskaya, also from Lithuania, began piano lessons at the age of six. After ten years dedicated to the piano, she turned to singing classical music and studied at the Juozas Gruodis



Conservatory in Kaunas for two years. Her studies continued at the Lithuanian Academy of Music and Theatre in Vilnius, from which she graduated with honours. She has participated in many concerts in her home town, at the Kaunas State Musical Theatre. After moving to Cyprus, she has continued her performances.

Classical Concert with Piano, Cello and Voice

Live performance by Tatiana Stupak, Robert Grod and Alysa Kuchinskaya. May 26. Technopolis 20 Cultural Centre, Paphos. 8pm. €10. Tel: 70-002420

Concert for charity in Limassol



*TATIANA Stupak,
international laureate
winning pianist*

Award-winning *musicians to support kids in care*

A charity concert is to take place on Thursday, June 15 at the Pattihion Municipal Theatre in Limassol.

International laureate winner pianist Tatiana Stupak will be playing works by Frédéric Chopin and David Pentecost, and will accompany other musicians performing works by Bach, Bizet, Donizetti, Dvořák, Fauré, Gershwin, Grieg, Massenet, Mozart, Verdi and others.

Stupak will also accompany Paphos pianist Natalia Lezedova in a work for four hands by Johannes Brahms. Lezedova will also perform piano solos by Sergei Rachmaninoff.

The concert will additionally feature other prize-winning international artists, including

Tatiana Kokoreva (soprano), Artem Volkov (tenor), Maria Volkova (violin), Robert Grod (cello), Alysya Kuchinskaya (soprano), Irina Sigitova (artist) and Olga Yudina (acrobat), and will be presented by the popular songwriter and artist Milena, who will also sing two of her latest songs.

Net proceeds from the concert will go to the "Love the Children Day Fund", which was set up in 1993 by Round Table 6 and the radio station Kanali 6. The event is intended to help kids who are in the care of the Social Services.

Tickets at €15 and €20 (students, pensioners €10) are available from the Pattihion box office and from soldoutticketbox.com/tatiana-stupak/

Musicians play for the love of children

THE classical pianist Tatiana Stupak is making quite a name for herself in the local musical scene. She has made appearances with a number of other artists over the past year or so and now she has collected a few friends to perform a charity concert on Thursday.

Her appearances have mainly been in Paphos but now she is getting ready to take on the Pattihion municipal theatre in Limassol with prize-winning international artists. Together the artists will remind us of some of the classics to raise funds for the Love the Children Day Fund, which was set up in 1993 by the Round Table six and the radio station Kanali 6. The event will help children who are in the care of the Social Services.

The international laureate winner, Stupak – who started piano lessons at the age of five and went on to study at the Rimsky-Korsakov State Conservatory in St Petersburg – will perform works by Frederic Chopin and David Pentecost. She will also accompany other musicians to bring to the Pattihion stage pieces by Bach, Bizet, Donizetti, Dvorak, Faure, Gershwin, Grieg, Massenet, Verdi and others.

Music

A highlight of the night will be when Stupak will be joined by Paphos pianist Natalia Lezedova to perform a work for four hands by Johannes Brahms. Lezedova will also play piano solos by Sergei Rachmaninoff.

The musical friends also include soprano Tatiana Kokoreva, tenor Artem Volkov, Maria Volkova on the violin, Robert Grod on the cello, artist Irina Sigitova and acrobat Olga Yudina, and will be presented by the popular songwriter and artist Milena, who will also sing two of her latest songs.

Tatiana Stupak and Friends

A charity concert with Tatiana Stupak and other musicians. June 15. Pattihion Municipal Theatre, Limassol. 8pm. €20/15/10. Tel: 25-377277





TATIANA Stupak
presents cheque
to Photis Photiou



STANDING
ovation (left to
right) Artem
Volkov, his wife
Maria and
children, Tatiana
Kokoreva, Stupak

Pianist for charity

Round Table 6 receives donation for children's fund

On July 25 at Dionysus Mansion, Limassol, a cheque for €1,150 was presented by classical pianist Tatiana Stupak to Photis Photiou, President of Round Table 6.

The money was raised at a charity concert hosted and organised by Stupak, held on June 15 at the Pattichion Theatre in Limassol.

Stupak's biggest concert, staged at Pattichion Theatre, involved nine performers. Some flew in from Moscow especially for the charity performance

Certificates of appreciation were presented in return for the performers at the concert.

"We are grateful to receive this on

behalf of the Association of Love the Children Day Fund," said Photiou, overwhelmed at the gesture.

Musicians from Moscow

At the charity concert, three professional musicians, who



ACCLAIMED pianist Tatiana Stupak performs at charity concert



FLORAL TRIBUTES: Natalia Lezedova, Tatiana Stupak, Irina Sigitova, Liza Boykova, Olga Yudina

20 WHAT'S ON

► MUSIC

The Kasteliotissa Medieval Hall in Nicosia is enchanting enough by itself but when two pianists share their talents within its walls it becomes a castle of dreams and melodic thoughts. Turning it into such a dwelling on Wednesday will be pianists Natalia Lezedova and Tatiana Stupak who will per-



Piano autumn classics

form pieces by Bach, Chopin, Grieg, Liszt, Prokofiev, Rachmaninov and Schumann. The programme will also include two short classical romantic era style works by Limassol-based composer David Pentecost. Lezedova, from St Petersburg, is a laureate of five international competitions including two first prizes as a performer-soloist in St Petersburg and Moscow in 2012, winner of the Grand-Prix at the Severnaya Venetsia Music Festival in 2012 and the first prize as a concertmaster at the Performing Arts Musical Competition in St Petersburg in 2013. Joining her will be Stupak, who started learning the piano at the age of five and

later studied at the Rimsky-Korsakov State Conservatory in St Petersburg. During her studies, the pianist won a Bach international competition and an Organ international competition in Russia, while also giving concerts in Germany, Austria and Russia. She is very well-known on the local music scene and recently organised a charity concert with nine international performers.

Autumn Classics

Piano recital with Natalia Lezedova and Tatiana Stupak. October 4. Kasteliotissa Medieval Hall, Nicosia. 8pm. Free. Tel: 99-140240



Η πιανίστρια Tatiana Stupak συμμετέχει στο ρεσιτάλ πιάνου στην Καστελιώτισσα

Κλασικά φθινοπώρου

Κλασικά κομμάτια των συνθετών Μπαχ, Σοπέν, Γκρηγκ, Λιστ, Προκόφιεφ, Ραχμάνινοφ και Σούμαν θα παίξουν οι πιανίστριες Natalia Lezedona και Tatiana Stupak σε ρεσιτάλ πιάνου που θα δώσουν απόψε στην Καστελιώτισσα. Το πρόγραμμα θα περιλαμβάνει επίσης και δύο σύντομα κλασικά έργα, που αναβιώνουν τη ρομαντική εποχή, του συνθέτη David Pentecost.

**Λευκωσία, Καστελιώτισσα,
8:00 μ.μ., τηλ. 99 140 240. Είσοδος δωρεάν.**



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PAGE 6

MONTHLY
Events
2017 **October**

WED, 4 OCT

Autumn Classics

Piano recitals by Natalia Lezedova and Tatiana Stupak will be held at the Kasteliotissa Medieval Hall. The music will be classical, by composers Bach, Chopin, Grieg, Liszt, Prokofiev, Rachmaninov and Schumann. The programme will also include two short classical romantic era style works by Limassol-based composer David Pentecost. For reservations please call T. +357 99140240.

Venue: Kasteliotissa Hall (Paphos Gate, Old town Lefkosia)

Time: 20:00

Entrance: Free

ΛΕΜΕΣΟΣ

24 Νοεμβρίου 2017 Έκδοση 690 - Έτος 16^ο - Κάθε ΠΑΡΑΣΚΕΥΗ

Σελίδα 06

Ενημέρωση

Εβδομαδιαία Λεμεσός 24.11.2017

ΠΡΟΣΚΛΗΣΗ - Κυριακή 3 Δεκεμβρίου, 2017 και ώρα 7.30μ.μ

Ο Δήμος Μέσα Γεπονιάς σε συνεργασία με τον Δήμο Αγ. Αθανασίου διοργανώνουν Χριστουγεννιάτικη Φιλανθρωπική Συναυλία με την Ορχήστρα Θεάτρου Μπολσόι της Μόσχας την Κυριακή 3 Δεκεμβρίου, 2017 και ώρα 7.30μ.μ. στην αίθουσα θεάτρου του Δήμου Αγίου Αθανασίου.

Συμμετέχουν: (Βιολί) Ekaterina Ivanenko
(Φλάουτο) Natalia Bereslavitseva, (Βιολοντσέλο) Robert Grod, (Πιάνο) Tatiana Stupak!

Το μουσικό πρόγραμμα θα περιλαμβάνει έργα των Beethoven, Chopin, Franz Hoffmeister, Kodály, Vittorio Monti, Rachmaninoff, Tchaikovsky και του Λεμεσιάνου συνθέτη David Pentecost.

Ένα μοναδικό γεγονός που δεν πρέπει να χάσετε! Η είσοδος είναι ελεύθερη με εθελοντικές δωρεές στην είσοδο για τα Κοινωνικά Συμβούλια ΣΚΕ Αγίου Αθανασίου και Μέσα Γεπονιάς.

ONLY ONE CONCERT IN CYPRUS!

Stars of Moscow State Bolshoi Theatre & Moscow-St. Petersburg Conservatories present

3rd December 2017
19:30 Sunday

Agios Athanasios Town Hall

CHRISTMAS CHARITY CONCERT



Natalia
BERESLAVITSEVA
flute



Robert
GROD
cello



Tatiana
STUPAK
piano



Ekaterina
IVANKO
viola

Info: 99 140 240

Donations at door for the Community Volunteerism Councils of Mesa Geltonia & Ag. Athanasios

Address: Stavraetou tou Machaira 42, Limassol

Organized by



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Four musicians, one venue



MUSICIANS from Moscow's Bolshoi Theatre Orchestra will combine their talents on Sunday during a performance at the Town Hall of Ayios Athanasios Municipality in Limassol at 7.30pm.

Violist Ekaterina Ivanenko, flautist Natalia Bereslavtseva, cellist Robert Grod and pianist Tatiana Stupak, will play pieces by Beethoven, Chopin, Franz Hoffmeister, Kodaly, Vittorio Monti, Rachmaninoff, Tchaikovsky and Limassol composer David Pentecost. The concert will also feature Christmas music.

Bereslavtseva began studying music at the age of six in Vladikavkaz and went to the School of Moscow State University and continued her studies at the Moscow State Conservatory. Since 2002 she has been the solo flautist in the Russian Philharmonic Orchestra, and since 2004, solo flautist in the orchestra of the Bolshoi Theatre. She is a permanent soloist of the Chamber Orchestra of the Bolshoi Theatre. Ivanenko, from Leningrad, graduated from the St Petersburg State Conservatory. She joined the Bolshoi Orchestra as a viola player in 2013. She is a winner of various Russian and international competitions, and has been a participant in numerous masterclasses.

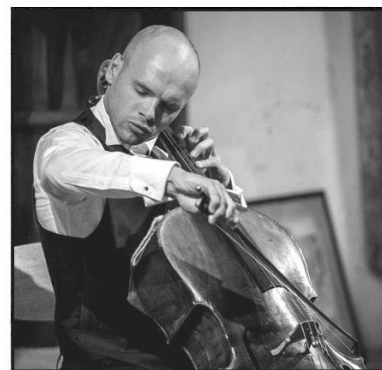
Grod, from Lithuania, studied in Vilnius at the Balys Dvarionas music school and at the Moscow State Conservatory. He is a laureate prize winner of the Dvarionas and Urba music competitions in Lithuania. Since his graduation he has been working in Nicosia as part of the Cyprus Young String Soloists.

Stupak started piano lessons at five years old. She studied at the Rimsky-Korsakov State Conservatory in St Petersburg and has performed in Austria and Germany as well as in Russia. Stupak is currently based here, where she performs around the island and teaches piano.

Stars from the Bolshoi

Live classical music performance. December 3. Town Hall, Ayios Athanasios Municipality, Limassol. 7.30pm. Free but donations are welcome. Tel: 99-140240

By Maria Gregoriou



Coming Up

Music

Paphos blooms with classical music

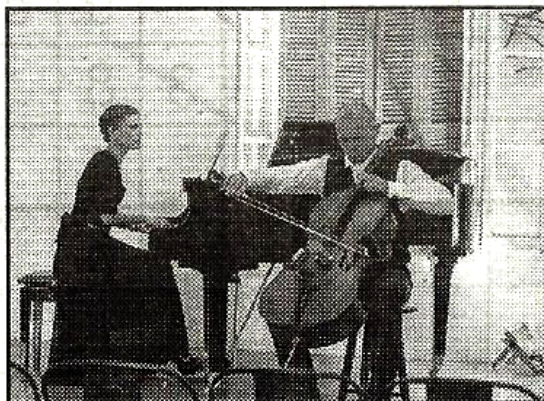
TECHNOPOLIS 20 Cultural Centre in Paphos may be considered a small venue but it offers lots of variety and brings in some of the most talented artists and musicians around. This time the cultural centre will enrich its list of events with a classical concert for piano and cello on Friday at 8pm.

The concert will feature classical pianist Tatiana Stupak and cellist Robert Grod. Together the pair will perform a programme of classical music including works by Bach, Beethoven, Chopin, Kodaly, Rachmaninoff, Tchaikovsky and Limassol composer David Pentecost.

Stupak started piano lessons at the age of five and found a real talent for the instrument. This talent led her to study at the Rimsky-Korsakov State Conservatory in Saint Petersburg. She was the winner of a Bach interna-

tional competition and an organ international competition in Russia, and she has performed in Austria, Germany and in Limassol, Paphos and Nicosia as both a solo pianist and accompanying other musicians. She also teaches piano at her own piano school The Russian House in Limassol. Grod, from Lithuania, studied in Vilnius at the Balys Dvarionas music school and at the Moscow State Conservatory. He is a laureate prize winner of the Dvarionas and Urba music competitions in Lithuania. Since his graduation he has been working in Nicosia as part of the Cyprus Young String Soloists.

Classical Concert for Piano and Cello
Performance by pianist Tatiana Stupak and cellist Robert Grod. December 8. Technopolis 20 Cultural Centre, Paphos. 8pm. €10. Tel: 70-002420



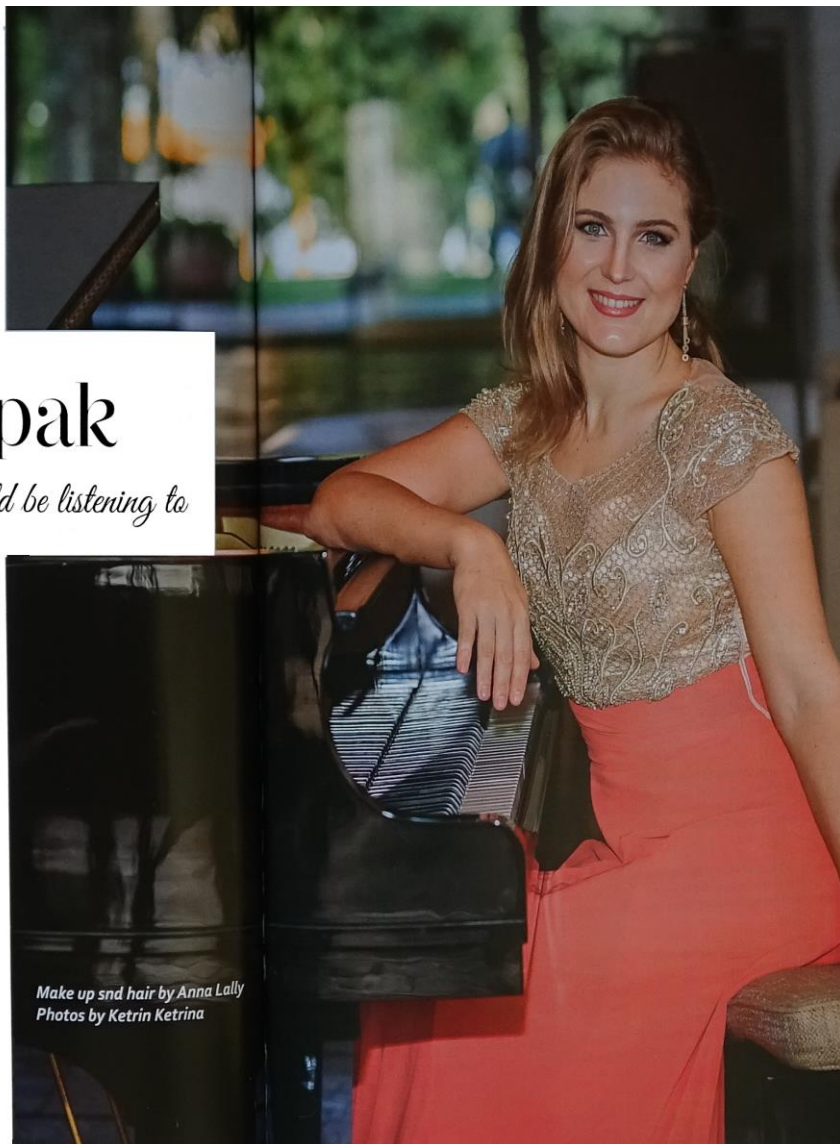
Personality

Tatiana Stupak

Contemporary pianist You should be listening to

We last reported in our April May 2016 issue of Afisha Cyprus, on the career in music of the brilliant young Russian pianist Tatiana Stupak. Since her first sell out professional concert debut in Paphos in January 2016, her career has continued to blossom, not just as a performer but also as a concert organiser and most recently as a piano teacher.

Мы уже сообщали в выпуске Афиса Кипр за апрель - май 2016 года о карьере блестящей молодой пианистки из России Татьяны Ступак. Со времени своего первого дебютного профессионального концерта в Пафосе в январе 2016 года, её карьера продолжает расцветать. А Татьяна выступала не только как исполнитель, но и как организатор концертов, а в последнее время, также в качестве преподавателя фортепиано.



Make up and hair by Anna Lally
Photos by Ketrin Ketrina

In April and in May 2016 she played solos and accompanied the tenor Marios Charalambous at the Technohoros ETHAL theatre in Limassol, and at the Technopolis 20 Cultural Centre in Paphos.

In June she began what is currently planned as an annual birthday charity concert, and the venue chosen was Peter's Gallery in Limassol. As well as playing solos, she accompanied the visiting soprano from Moscow, Tatiana Kokoreva, and once more Marios Charalambous.

At this point in her career, Tatiana began to receive invitations to play at various events.

October 2016 was to be a busy month for Tatiana. The village of Monagri held an outdoor concert in the village square, and she was asked to play. She invited Marios Charalambous and Russian soprano Tatiana Kokoreva, who was again visiting Cyprus, to join her. Less than a week after the Monagri event, a concert for both Tatanas was arranged at Technopolis in Paphos.

And at the end of the month, Tatiana was invited to play some solos in Limassol at the Lanitio Lyceum A hall, as part of the 2nd International Charity Festival, known as 'Art Kyprida'.

In January 2017, tenor Marios Charalambous asked Tatiana to accompany him in some religious songs at the Katholiki Church in Limassol old town.

To celebrate the Tatyana name day at the end of January, some entertainment was arranged at Limassol's Russian House, and Tatiana accompanied the soprano Alysa Kuchinskaya.

One month later, Tatiana was invited to play at the opening of a new art gallery in Limassol, called Dreams Gallery. She asked cellist Robert Grod, a Lithuanian cellist who works in Nicosia to take part, and she accompanied him.

And four days later, at the end of March, Tatiana was invited to play in Nicosia at the Russian Cultural Centre, where she performed a Schumann Intermezzo and a Chopin Etude.

In May, she arranged a concert at Technopolis in Paphos, playing with cellist Robert Grod.

June 2017 was an exceptionally busy month, with four events taking place. Firstly, the Cyprus Art Festival was held in a small hall in Limassol old port, where the artist Irina Sigitova exhibited some of her works; she asked

В апреле и в мае 2016 года она сыграла соло и сопровождала тенора Мариоса Хараламбуca в театре Technohoros ETHAL в Лимасоле и в культурном центре Technopolis 20 в Пафосе.

В июне она начала проводить ежегодный благотворительный концерт, и местом, выбранным для этого места, была Peter's Gallery в Лимасоле. Помимо выступлений соло, она аккомпанировала сопрано из Москвы, Татьяну Кокореву и Мариоса Хараламбуca.

На этом этапе своей карьеры Татьяна стала получать приглашения на различные мероприятия.

Октябрь 2016 был полон событий для Татьяны. Деревня Монагри провела открытый концерт на деревенской площади, и Татьяну попросили играть на концерте. Она пригласила Мариоса Хараламбуca и русскую сопрано певицу Татьяну Кокореву, которая снова прилетела на Кипр, чтобы присоединиться к ней. Менее чем через неделю после мероприятия в Монагри, в Технополисе в Пафосе был организован концерт для Татьяны.

А в конце месяца Татьяне было предложено сыграть несколько соло в Лимасоле, в зале Lanitio Lyceum A, в рамках 2-го Международного благотворительного фестиваля, известного под названием «Art Kyprida». В январе 2017 года тенор Мариос Хараламбуc попросил Татьяну аккомпанировать ему в некоторых религиозных песнях в церкви в старом городе Лимасола.

Для празднования Татьянинного Дня, в конце января в «Русском доме» Лимасола была организована развлекательная программа, и Татьяна аккомпанировала сопрано Алису Кучинскую.

Через месяц Татьяне было предложено сыграть на открытии новой художественной галереи в Лимасоле под названием Dreams Gallery. Она попросила литовского виолончелиста Роберта Грода, который работает в Никосии, принять участие, и аккомпанировала ему.

А через четыре дня, в конце марта, Татьяну пригласили сыграть в Никосии в Русском Культурном Центре, где она исполнила интермеццо Шуманна и этюд Шопена. В мае она организовала концерт в Technopolis в Пафосе, играя с виолончелистом Робертом Гродом.

Июнь 2017 года был исключительно напряженным месяцем, с четырьмя событиями. Во-первых, Кипрский фестиваль искусств проходил в небольшом зале в старом порту Лимасола, где художник Ирина Сигитова выставила некоторые из своих работ; она попросила Татьяну аккомпанировать ей на фортепиано, пока она рисовала портрет в ограниченное время.

Tatiana to accompany her on the piano, while she painted a portrait in a limited time.

A few days later, another open air charity event was arranged in Monagri village, supported by Limassol's Mayor, and Tatiana was invited to play again. She accompanied other performers who were visiting from Russia: Tatiana Kokoreva, Maria Volkova (violin) and Artëm Volkov (tenor). The music events were filmed and some of them are now on YouTube.

Then Tatiana was asked to play at the annual Cyprus-Russian Festival in Limassol's open air Garden Theatre. She once more accompanied soprano Tatiana Kokoreva, and artist Irina Sigitova.

June 15th was the most significant day of 2017. Tatiana had taken the bold decision a few months previously, to hire Limassol's newly renovated Pattichion Municipal Theatre for her second annual birthday charity concert.

Three professional musicians who flew from Moscow specially for the event, gave their time freely; they were the soprano Tatiana Kokoreva, violinist Maria Volkova and the tenor Artëm Volkov.

Tatiana accompanied them on the piano, as well as playing solo piano works, one of which was a nocturne, written for her by Limassol-based composer David Pentecost.

She played a solo with the Cypriot pianist Natalia Lezedova, who also performed several solo works, including a Mélodie written by Pentecost. The Nicosia cellist Robert Grod played a solo work, and was accompanied in two other pieces by Tatiana.

Some variety from pure classical music was provided by the talented Limassol artist Irina Sigitova, and by two acrobats, Olga Yudina and Liza Boykova, who gave spectacular performances high above the stage.

The event was an enormous success: about 400 people attended, resulting in over €1000 being raised for a children's charity.

In July 2017, Tatiana started a new venture, teaching piano. She installed a grand piano at the Tatiana Stupak Piano School, which was recently opened at the Russian House in Limassol.

On October 4th, Tatiana played a recital for the first time in Nicosia, at the Kasteliotissa Medieval Hall with

Несколькими днями позже в деревне Монагри была организована еще одна благотворительная акция под открытым небом, которую поддержал мэр Лимасола, и Татьяне было предложено сыграть снова.

Она аккомпанировала других исполнителей, которые приезжали из России: Татьяна Кокорева, Мария Волкова (скрипка) и Артем Волков (тенор). Музыкальные события были сняты, а некоторые из них теперь на YouTube.

Затем Татьяну попросили сыграть на ежегодном Кипрско-Российском фестивале в саду под открытым небом в Лимасоле. Она снова аккомпанировала сопрано Татьяны Кокоревой и художника Ирину Сигитову.

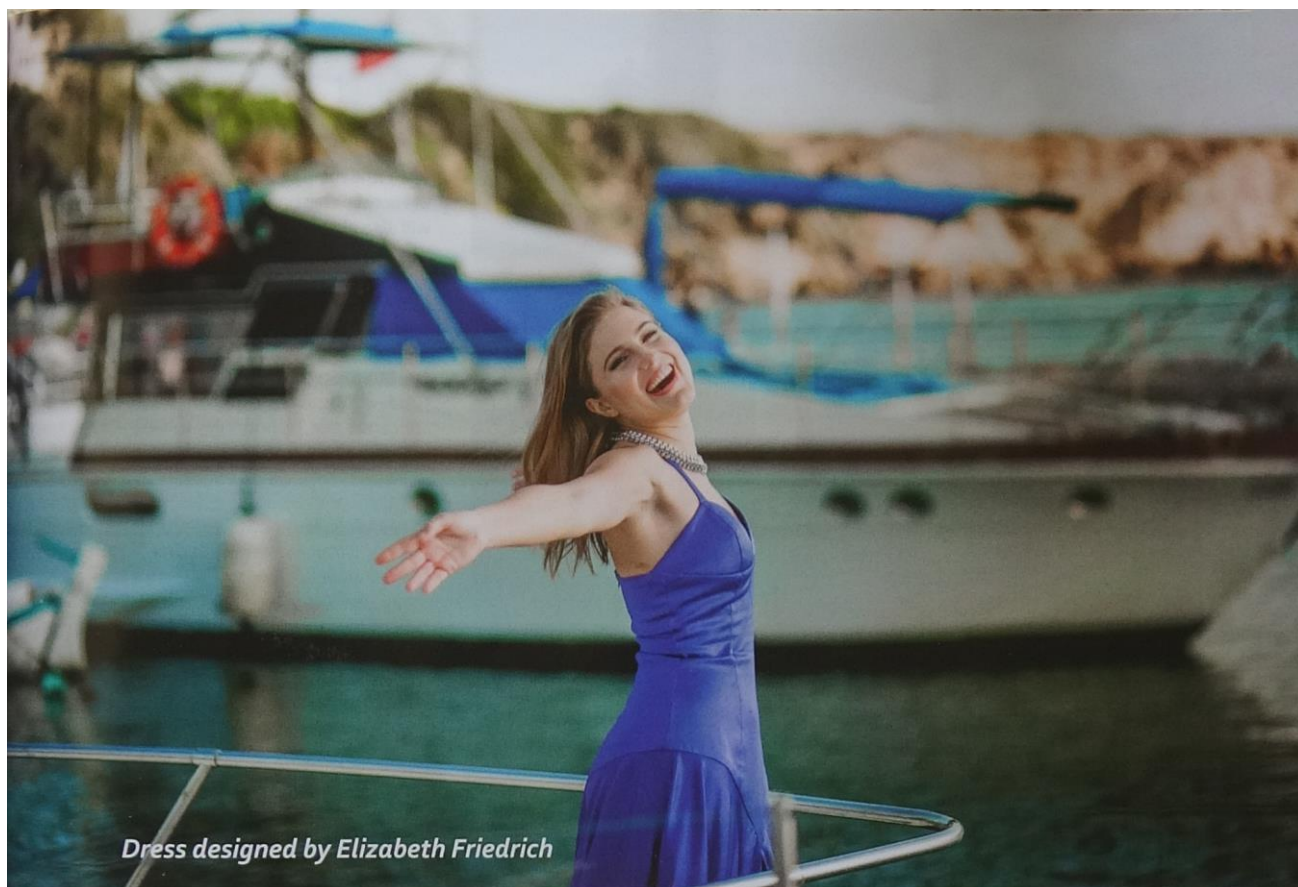
15 июня был самым знаменательным днем 2017 года. Несколько месяцев назад Татьяна приняла смелое решение, чтобы снять недавно отремонтированный муниципальный театр Паттихио в Лимассоле для своего второго ежегодного благотворительного концерта в день своего рождения.

Три профессиональных музыканта, которые вылетели из Москвы специально для этого мероприятия, приняли участие в этом благотворительном концерте. Это были: сопрано Татьяна Кокорева, скрипачка Мария Волкова и тенор Артем Волков.

Татьяна аккомпанировала на фортепиано, а также играла сольные произведения, одно из которых было ноктюрном, написанным для нее композитором Давидом Пентекостом из Лимасола. Она сыграла дуэт с пианисткой из Пафоса Натальей Лезедовой, которая также исполнила несколько сольных произведений, в том числе мелодию, написанную Пентекостом. Никосийский виолончелист Роберт Грод сыграл сольный номер, ему аккомпанировала Татьяна в двух других сольных выступлениях. Некоторое разнообразие из чистой классической музыки было представлено талантливой лимассольской художницей Ириной Сигитовой и двумя акробатами Ольгой Юдиной и Лизой Бойковой.

Мероприятие получило огромный успех: около 400 человек посетили его, в результате чего на благотворительные пожертвования было привлечено более €1000. В июле 2017 года Татьяна начала новую профессию, преподавая фортепиано. Она установила рояль в фортепианной школе Татьяны Ступак, которая была недавно открыта в Русском доме в Лимасоле.

4 октября Татьяна впервые выступила в Никосии, в средневековом зале Кастелиотисса со своей подругой-пианисткой Натальей Лезедовой. Они исполнили чрезвычайно успешную программу романтической эпохи и музыки в стиле барокко, в великолепной обстановке древнего памятника, для аудитории из более ста человек.



her pianist friend Natalia Lezedova. They performed a hugely successful programme of romantic era and baroque music, in the magnificent setting of the ancient monument, to an audience of over a hundred people.

On 25th October, Tatiana played at the Russian House, for an event celebrating the life and work of Cyprus' national poet, Vasilis Michaelides, who died in 1917; Limassol's mayor, Nicos Nicolaides, introduced the evening, Tatiana translating his speech into Russian. Following a talk about the poet, and examples of his work, Tatiana played two piano solo works, and accompanied two singers, Julia Rapoport and Violetta Larina.

Tatiana has connections with several international musicians, who are keen to visit Cyprus to perform with her. On December 1st at the Four Seasons Hotel in Limassol, she has been invited to play at a special dinner, arranged by the Cyprus-Russian Business Association (CyRuBA) for the award of Russian Business Woman of the Year in Cyprus.

The event will be attended by President Anastasiades, and Tatiana has persuaded three professionals from the Bolshoi Theatre in Moscow to perform: soprano Daria Davydova, violist Ekaterina Ivanenko and flautist Natalia Bereslavtseva.

25 октября Татьяна играла в Русском доме, на мероприятии, посвященному жизни и творчеству национального поэта Кипра Василиса Михаилидиса, погибшего в 1917 году. Мэр Лимасола, Никос Николаидес, открыл вечер, Татьяна перевела его речь на русский язык. После разговора о поэте и примерах его работ,

Татьяна сыграла два фортепианных сольных произведения и аккомпанировала двум исполнителям: Юлии Рапопорт и Виолетте Лариной.

У Татьяны есть связи с несколькими международными музыкантами, которые стремятся посетить Кипр, чтобы выступить с ней. 1 декабря в отеле Four Seasons в Лимасоле она была приглашена на специальный ужин, организованный Кипрско-русской бизнес-ассоциацией (CyRuBA) на церемонию вручения премии Российской Деловой Женщины Года на Кипре.

В мероприятии примут участие президент Кипра, господин Анастасиадес, а Татьяна убедила трех профессионалов из Большого Театра в Москве выступить с ней, а именно: сопрано Дарью Давыдову, скрипачку Екатерину Иваненко и флейтистку Наталью Береславцеву.

Также на церемонии будет играть литовский виолончелист Роберт Грод, который работает в Никосии, помогая талантливым молодым музыкантам.



The Lithuanian cellist, Robert Grod, who works in Nicosia assisting talented young musicians, will also play.

The five musicians from the Four Seasons event will also give a public concert on 3rd December at the town hall in Agios Athanasios.

On 8th December, Tatiana and cellist Robert Grod will perform a music programme at a concert at the Technopolis 20 Cultural Centre in Paphos.

In February 2018, Tatiana will give a recital in Limassol of compositions by her friend and mentor David Pentecost. It was he who persuaded and encouraged her not to 'waste' her many years of training at the St Petersburg Conservatory by playing only for herself, but to allow the public to hear her music.

For almost three years, he has been helping her with organisational, promotional and other administrative matters for her concerts in Cyprus. She said: "Without David, there would be no concerts, no piano school, no YouTube recordings - in fact, no career in music. He has changed my life!"

Пятеро музыкантов также выступят на открытом концерте 3 декабря в ратуше в Агиос Афанасиос.

8 декабря Татьяна и виолончелист Роберт Грод исполнят музыкальную программу на концерте в культурном центре Технополис 20 в Пафосе.

В феврале 2018 года Татьяна даст сольный концерт в Лимасоле, состоящий из композиций своего друга и наставника, Дэвида Пентекоста. Именно он убедил и призвал её не «тратить» свои многолетние стажировки в Петербургской консерватории, играя только для себя, а вместо этого, дать шанс публике услышать её музыку.

Почти три года он помогал ей в организационных, рекламных и других административных вопросах для концертов на Кипре.

Она сказала: «Без Дэвида не было бы никаких концертов, не было бы фортепианной школы, не было бы записей на YouTube - на самом деле, никакой карьеры в музыке. Он изменил мою жизнь!»



CYPRUS TOURISM ORGANISATION



2018

Events February

Pafos

TUE, 13 FEB

Two Classical Pianists - One Composer

The audience visiting Technopolis 20 will have the unique opportunity to hear world première performances of no less than 19 piano works composed by David Pentecost and performed by the classical pianists Tatiana Stupak and Natalia Lezedova. Most of the Limassol-based composer's works are in the popular romantic classical style. David Pentecost started playing the piano at age five, but did not turn his hand to composing until more than half a century later. His music has been written in the last 20 years, but no

one would regard it as modern music. None of his music is in the modern minimalist style. He dislikes atonal music, and prefers to write mostly in styles similar to those of the 19thc. romantic composers, and of earlier composers such as Haydn and Bach. The concert will consist of a variety of types of music, but almost all the compositions have one thing in common: they are tuneful; and most of them have pleasant, even beautiful melodies. Reservations are necessary at 70002420 (calls only).

Venue: Technopolis 20 Cultural Centre
(18, Nikolaou Nikolaidi Ave., CY-8010,
T. +357 70002420, technopolis20.com)

Time: 20:00

Entrance: €10

What's on listings

compiled by Maria Gregoriou

Something new for the piano



MUSIC

Classical pianists Tatiana Stupak and Natalia Lezedova will present the world premiere of 19 piano works by composer David Pentecost in Paphos on Tuesday. Most of the Limassol-based composer's works are in the popular romantic classical style of the 19th century although he does write some in the styles of earlier composers such as Haydn and Bach. This is the first time that a whole programme of Pentecost's works has been performed in one concert; until now, only one or two of his piano compositions have been performed in public recitals. Stupak suggested last year that Pentecost present a concert of his work, but he was reluctant. So, after a year of thinking about it, he is finally allowing us to listen to new works, which he says are not categorised as modern. "Many modern classical composers, especially in the 20th century, took to writing new music – much of it atonal, and then more recently

minimalist. I avoid writing any music which may be described as modern," he said. Pentecost started playing the piano at the age of five, but did not turn his hand to composing until more than half a century later. His music has been written in the last 20 years, and includes five nocturnes; so if you like Chopin's nocturnes you are likely to enjoy hearing Pentecost's as well. Stupak studied at the Rimsky-Korsakov State Conservatory in Saint Petersburg. She is the winner of a Bach international prize. Lezedova is a graduate of the Musical Faculty of the State Pedagogical University of Russia, and she is a laureate of five international competitions including two first prizes as a performer-soloist in St Petersburg and Moscow.

Two Classical Pianists and One Composer

Live performance by Tatiana Stupak and Natalia Lezedova, performing pieces by David Pentecost. February 13. Technopolis 20 Cultural Centre, Paphos. 8pm. €10. Tel: 70-002420

Classical melodies performed for charity



Four prominent Russian and Lithuanian artists will come together on Wednesday in Nicosia to perform a fundraising concert of classical music and lyrical opera in support of Telethon. The concert *Melodies of Life*, which will be hosted at the Hellenic Bank Head Office building, will include works by Mozart, Bach, Vivaldi, Donizetti and Liszt.

Tatiana Stupak (who also helped organise the event) will play the piano, while Victoria Lanskaia Pastellas will take to her violin, Robert Grod will join them on the cello and the ensemble will be completed with tenor Artem Volkov.

Stupak started piano lessons at the age of five. She studied at the Rimsky-Korsakov State Conservatory in Saint Petersburg. She is the winner of a Bach international competition and an organ international competition in Russia. Last year she opened her own music centre, where music is taught by prize-winning professionals.

Pastellas graduated from Moscow State University as a classical and jazz violinist. She has travelled with orchestras to many countries and has performed solo at concerts and at studio recordings for

many famous Russian singers. Before moving to Cyprus in September 2017 she played at several major Moscow venues including the Kremlin.

Grod studied in Vilnius at the Balys Dvarionas music school and at the Moscow State Conservatory. He is a laureate prize winner of the Dvarionas and Urba music competitions in Lithuania. He currently works for Cyprus Young String Soloists, a programme that offers instrumental instruction to children from three to 18.

Volkov studied at the municipal school of music and performing arts. In 2007 he became a laureate of the All-Russian Amber Nightingale competition. He received his higher professional education in conducting and singing at the Moscow State Conservatory.

The concert, with a ticket price of €20 and with all proceeds going to Telethon, will be followed by a cocktail reception.

Melodies of Life

Charity concert for Telethon. March 21. Hellenic Bank Head Office Building, Corner Limassol and Athalassa Avenue 200, Strovolos, Nicosia. 7.30pm. €20. Tel: 99-122472.

Today - Music

Limassol district

Music by George Gershwin: Porgy & Bess, and Rhapsody in Blue

Performance by Tatiana Stupak on the piano and Victoria Lanskaya-Pastella on the violin. April 29. Tatiana Stupak School of Music, The Russian House, Riga Fereou 9. 6pm. €10. Tel: 99-140240

What's On listings

Coming Up (Sunday)

Music

1945 Victory Day: Soviet Military

Songs and Russian Romances
 Performance by Tatiana Stupak (piano), Victoria Lanskaya-Pastella (violin), Aleksandra Goncharova (soprano). May 6. Riga Fereou 9, Limassol. 7pm. €10. Tel: 99-140240

JAZZ & BLUES

SundayMail **living**
 MAY 27 - JUNE 2
 19 What's on listings PAPHOS ► MUSIC

Music by George Gershwin
 Live performance with Tatiana Stupak and Victoria Lanskaya-Pastella. May 29. Technopolis 20 Cultural Centre. 8.30pm. €15. Tel: 70-002420

Pianist Tatiana Stupak has been making waves on the classical music scene on the island for a while now. Although her concerts are mainly in Paphos, she has been known to venture out to other cities lately, and for her next musical adventure she



Stupak goes all out for charity

will be joined by a number of friends for a charity performance at Kourion ancient amphitheatre on Sunday.

Stupak, founder of the Tatiana Stupak School of Music and a laureate of international classical piano and organ competitions, is not only arranging this performance to raise funds for the Pancyprrian Association for Children with Cancer and Related Diseases One Dream, One Wish but will also be celebrating her birthday with this performance. Last year her birthday celebrations included amazing musical and artistic and acrobatic performances, so the question is, can she top it this year? Apart from Stupak, the musicians who will entertain are Russian violinist Victoria Lanskaya-Pastella and Cypriot clarinetist George Georgiou. The singers will be classical soprano Ester Ustaeva from St Petersburg, Aleksandra Goncharova from Ukraine and tenor Artem Volkov from Moscow. Music will include Rhapsody in

Blue by George Gershwin and six popular classical music operatic arias.

There will be real magic with the sand art show, accompanied by live music, which will be performed by Ukrainian artist Svetlana Goncharenko, whose creation will be projected on screen. Olga Yudina will perform acrobatics, again accompanied by music and the dance part of the evening will be taken on by dancers Nikolay Kalinin, from the Cypriot TV ONE charity show DanSing For You 6. There is more with illusionist Adamos Demetriou, who took part in the talent show Greece's Got Talent in 2010.

This charity concert is held under the auspices of First Lady Andri Anastasiades and the event will be presented by Bambina Themistocleous from CyBC.

Tatiana Stupak and Friends

Charity concert in aid of children's cancer charity. June 10. Kourion Ancient Amphitheatre, Limassol. 8pm. €15/25. Tel: 99 140 240

Tatiana Stupak & Friends 2018



*Kourion Ancient Amphitheatre
Sunday, 10th June 2018, 8 p.m.*

Net proceeds will be given to the Pancyprrian Association for Children with Cancer and Related Diseases: "A Dream, one Wish".

This charity concert was held under the auspices of The First Lady, Mrs Andri Anastasiades.

In recent years, Tatiana Stupak, founder of the Tatiana Stupak School of Music, and a laureate of international classical piano and organ competitions, has held a special charity concert to celebrate her birthday. Last year, she hired Limassol's Pattichion Municipal Theatre, for an amazing musical, artistic and acrobatic event, and commentators were wondering how she could match this in 2018.

Well now we know. She has arranged to hire the spectacular ancient amphitheatre at Kourion, with the cooperation of the local authority of Episkopi. The presenter for the evening was Bambina Themistocleous from RIK.



Tatiana Stupak & Friends

2018



This year, the concert had an even greater variety of types of entertainment:

"Rhapsody in Blue" by George Gershwin
Piano jazz

Six popular classical music operatic arias
Dancing

Vivaldi's "Storm" from *The Four Seasons*
A sand art show

Piano solos

Acrobatics

"Summertime" from Porgy & Bess

A Magic and Illusion show

"Méditation" from Thaïs

Two well-known Russian songs

The instrumentalists apart from pianist Tatiana Stupak were teachers of her School of Music soprano Aleksandra Goncharova from

the Ukraine and Cypriot clarinetist George Georgiou. The singers were the classical soprano Ester Ustaeva from St Petersburg and the tenor Artëm Volkov from Moscow, who were flying specially for this event. The sand art show accompanied by live music, was performed by the Ukrainian artist Svetlana Goncharenko, whose creation was projected to a screen. Olga Yudina performed acrobatics accompanied by music. The dancer was Nikolay Kalinin, partner of Tatiana from the Cypriot TV ONE charity show *DanSing For You 6*. The illusionist was Adamos Demetriou, who took part in 'Greece Got Talent in 2010'. Students of the school who took part were Egor Gorbunov, Vadim Gorbunov, Daniil Staroselskiy, Renat Maksjutov and others.

This was the amazing event. At the end of the evening famous greek singer Christos Dantis came specially from Greece to sing his famous song "To palio mou palto". For every guest was provided wine and cake.

A MINUTE WITH...

Tatiana Stupak

Classical music pianist; music teacher; music school owner



Where do you live?

I live in Limassol, with my Chihuahua dog Joy

Best childhood memory?

Time with my grandmother and going out for adventures

Most frequented restaurant and absolute favourite dish?

Garden, Puesta and Le Frenchie. I eat everything - raw or cooked, caviar, oysters, or even McDonalds!

What food would you really turn your nose up to?

I couldn't eat cockroaches in Thailand

What did you have for breakfast?

Pancakes

Would you class yourself as a day or night person? What's your idea of the perfect night/day out?

Night person. Good company and doing some activities together. Visiting events or concerts and having a good meal afterwards. Or just with friends at their home or at mine.

Best book ever read?

Anything by Pushkin

Favourite film of all time?

What Dreams May Come about true love



Hot air ballooning in Cappadocia

Best holiday ever taken?

Hot air ballooning in Cappadocia in June 2018; for the thrill, and fantastic landscape views.

What's your dream trip?

I dream of visiting the USA

What music are you listening to in the car at the moment?

I'm listening all the time to Russian Wave radio in my car

What is always in your fridge/freezer?

Milk for coffee, and sweets

Dream house: rural retreat or urban dwelling? Where would it be, what would it be like?

Urban dwelling in the mountains, with beautiful views

If you could pick anyone at all (alive or dead) to go out for the evening with, who would it be?

Chopin, because he is my favourite composer.

If the world is ending in 24 hours what would you do?

Spend time with my parents and my composer friend David Pentecost

What is your greatest fear?

To lose my parents and friend David. To lose my school, my concerts, and music all the time.

Tell me a joke...

I can't think of one in English

Dinner date: Chopin

Events

The official opening of the
TATIANA STUPAK SCHOOL
of
MUSIC

Официальное открытие музыкальной школы
ТАТЬЯНЫ СТУПАК

The official opening, by the Mayor of Mesa Geitonia, Doros Antoniou, of the new premises of the *Tatiana Stupak School of Music* took place in *October 2018*, at Athanasiou Christopoulou 9, Mesa Geitonia. About 100 people were in attendance for the formal opening, enjoying a special concert of performances by some of the school's students. The concert was followed by a blessing of the school by the Russian Orthodox priest Vladimir.

The school, at its Mesa Geitonia premises, has a new grand piano in a hall, with seating for an audience of 100, where public and private concerts and other events are organised. There are three other music rooms, with two upright pianos and sets of percussion instruments.

Traditional Russian methods are used for teaching and, currently, teachers are available for piano, violin, drums, music theory, solfeggio and other aspects of music. There are no age limits for students, who can take internationally recognised examinations if they wish, or just learn to play for pure enjoyment.

Tatiana Stupak is the winner of many international piano and organ competitions, including the Leipzig Bach competition. She has performed in Austria and Germany, as well as in Russia. Tatiana is now based in Cyprus, where she is well-known, having played many times, in the last few years, in Limassol, Monagri, Nicosia, Paphos and at Kourion Ancient Amphitheatre, both as a solo pianist and accompanying other musicians. She arranges charity concerts for children and for the church and brings famous musicians from Russia; for example, from the Bolshoi Theatre. In 2018, she was awarded the honour of being chosen as Russian Cultural Woman of the Year. *Tatiana's* forthcoming concerts will include one on *22nd February*, at the headquarters of the *Hellenic Bank* in Nicosia, and another on June 12th, when she will play music by Rachmaninoff, in a concert at the Presidential Palace in Nicosia, with the Commandaria Orchestra.

Минувшей осенью при участии мэра Меса Гейтонии Дороса Антониу и в присутствии около ста человек состоялось официальное открытие нового помещения музыкальной школы *Татьяны Ступак* на Атанасиу Кристопулу, 9. После концерта, на котором выступили избранные студенты, русский православный священник отец Владимир совершил чин освящения школы.

В актовом зале школы, рассчитанном на сто зрителей, установлен новый рояль — здесь проводятся публичные и частные концерты и другие мероприятия. Три других музыкальных зала оснащены двумя вертикальными фортепиано и наборами ударных инструментов.

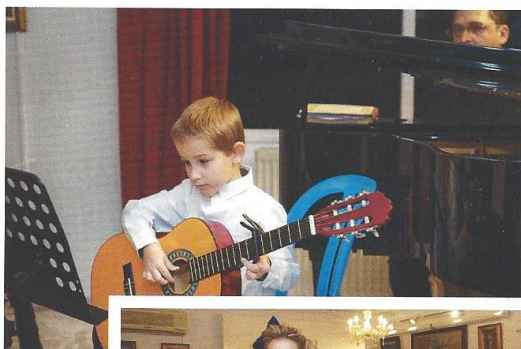
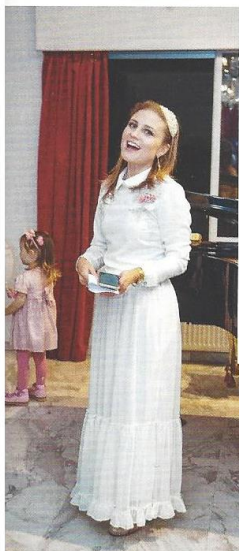
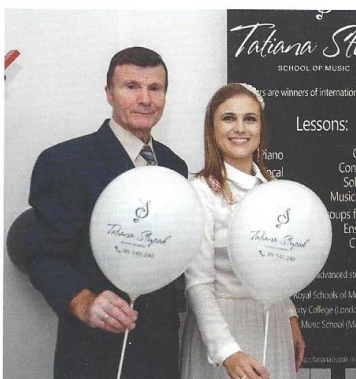
В школе *Татьяны Ступак* применяются традиционные русские методы преподавания. В настоящее время доступно обучение по классам фортепиано, скрипки, ударных, теории музыки, сольфеджио. Возрастных ограничений для поступления не существует; студенты могут сдавать экзамены, признанные на международном уровне, или просто учиться музицировать ради удовольствия.

Татьяна Ступак — пианистка, лауреат международных конкурсов фортепиано и органа, в том числе — конкурса исполнителей академической музыки им. Баха в Лейпциге. Она выступала в Австрии и Германии, а также в России. Сейчас Татьяна живет на Кипре — здесь она хорошо известна, за последние несколько лет много выступала в Лимассоле, Монагри, Никосии, Пафосе и в древнем амфитреатре Куриона, как соло, так и в сопровождении других музыкантов. Она устраивает благотворительные концерты для детей и церкви, а также приглашает на Кипр известных российских музыкантов — например, из Большого театра. В 2018 году она была избрана «Русской женщиной года» в номинации «культура». Ближайшие выступления *Татьяны* запланированы на *22 февраля* (штаб-квартира *Hellenic Bank* в Никосии) и *12 июня* (Президентский дворец в Никосии, совместно с оркестром *Commandaria*; в программе — произведения Рахманинова).

Contact: The Tatiana Stupak School of Music. Tel: 99 140 240

Школа музыки Татьяны Ступак. Тел.: 99 140 240

PREMIERE Magazine, Jan-March 2019



BY ALIX NORMAN**Life Melodies**

Four artists present a programme of musical favourites.
7.30pm on February 22 at the Hellenic Bank's Administration Building in Nicosia. Cocktail reception to follow. Tickets €20; book by calling 99 122472

There are actually two classic events this week which are very worthy of note, if you'll excuse the pun. One concert and one recital, both taking place in Nicosia, and both pretty exciting. The first, organised by The Cyprus Institute of Neurology and Genetics and the Cyprus Muscular Dystrophy Association no less, is entitled Life Melodies. As part of the Telethon programme – an annual event ongoing since 1994 that raises money for patients suffering from neuromuscular disease as well as funding scientific research – the event takes place on Friday at the Hellenic Bank Administration Building in the capital.

Billed as a 'Concerto with pieces from the most popular musicals and arias of lyric opera', Life Melodies sees four distinguished artists presenting a programme of

musical favourites. Brahms Hungarian Dance no 1 (you definitely know this, even if not by name!) sits side by side with Andrew Lloyd Webber's Memory, while Offenbach's Can Can, Gershwin's Summertime, and Lara's Theme from Dr Zhivago are perennial favourites. It's safe to say that nothing in the programme is too hard going: you'll recognise and enjoy the lot!

Coming to us courtesy of renowned soprano Anastasia Maximimova, violinist Olivera Rialas and clarinettist Dukos Zarkovich with the support of locally-based pianist Tatiana Stupak, Life Melodies is all in a good cause, a jolly musical evening made even jollier by a post-concert cocktail reception, one imagines! Tickets are €20 per person and can be bought in advance – so do book early to avoid the proverbial!

From TOP Ladies CYPRUS, published March 2019

#music

Tatiana Stupak

Founder of the First Russian School of Music in Limassol

@tatiana_stupak_

The achievements I am most proud of are that I won the 2018 Russian Cultural Woman of the Year award and opened my School of Music in Cyprus.

Life itself is an inspiration and joy. It is also enjoyable when hard work invested in some activity brings a positive result.

I believe in the signs of fate: you should only be able to read them right way, as well as listen to your inner voice.

My best qualities are my attentiveness, diligence, sincerity, sociability and high efficiency. But I wish I paid less attention to small details.

As a teacher, it is very important for me to see the talent in every child who comes to my school, as was done by my first teacher Olga Medvedeva in St. Petersburg.

11 years ago I answered the question «Where would I like to live?», choosing Cyprus. From the first visit, I fell in love with this island for its hospitality.

The best compliment for me is the gratitude of my students for their success and their shining eyes.

A successful woman is the one who lives the way she wants. To achieve success you should love your job, be honest, be able to get along and negotiate with people, and also to work harder than others.

There are several quotes that reflect my life motto: «Fate is fate, but choice is yours!», «You are never given a wish without also being given the power to make it come true» (R. Bach), «Happiness is like a butterfly, which, when pursued, is always beyond our grasp, but, if you sit down quietly may alight upon you» (V. Frankl).

What is my ideal weekend? For me, without music and good mood the day will never be perfect. I would prefer to spend the weekend in nature, in the mountains.

Photo: Jelena Kakurina MUAH: Katrin Shulha
Location: First Russian School of Music



What's On listings



Coming up

Music

Masterpieces of classical music

THE Russian Theatre Seasons in Cyprus project has been active lately with theatre performances and concerts, with a unique cello and piano concert coming up next. On Thursday and Friday two prominent Russian artists of the younger generation will take to the stage: cellist Gleb Stepanov from the Tchaikovsky Moscow Conservatory and the graduate of Rimsky-Korsakov St. Petersburg Conservatory and local resident pianist Tatiana Stupak. Having opened the Tatiana Stupak School of Music in Limassol in November, the pianist held her school's first major public classical music concert on April 6. Yet Tatiana has been active long before that. She won at such prestigious competitions as the Bach International Festival

in Leipzig and the International Competition of Organ Music Performers in St. Petersburg, and has been pleasing audiences in Cyprus, Germany, Austria for several years.

Also a prize winner including the Vincenzo Viti International Competition in Italy and the Flame International Competition in Paris, 31-year-old cellist Stepanov already has extensive experience playing as a soloist at leading concert venues in Russia and Europe with symphony orchestras.

At the concerts in the Cyprus Wine Museum Concert Hall that is located between Limassol and Paphos and in the Russian Cultural Centre in Nicosia, the duo will perform an unforgettable programme Masterpieces of Classical Music, which will include works by Tchaikovsky, Prokofiev, Davydov and Bach.

Masterpieces of Classical Music

Cello and piano concert with cellist Gleb Stepanov and pianist Tatiana Stupak. April 18. Limassol Wine Museum. April 19. Russian Cultural Centre, Nicosia. 8pm. €10/5. Tel: 99-005685, 22-761607

18 WHAT'S ON

Tatiana Stupak puts on annual charity concert

The pianist Tatiana Stupak's annual birthday charity concerts in Limassol have become increasingly popular in the last few years and now she's getting ready to put on one more night of music. In 2018 Stupak won the award as Russian Cultural Woman of the Year in Cyprus, and was selected for the Top Ladies Cyprus gala in April this year. She also took part in a live TV show for charity in 2018 and is a winner of international piano and organ competitions. With that in mind, Tatiana invites the public to experience her latest concert with invited international guests, all for a good cause.

Thursday June 13, Limassol's Municipal Gardens Open Air Theatre will welcome Stupak and Friends with the co-operation of the Limassol Municipality in support of the breast cancer charity Europa Donna.

In charge for the evening and presenting the acts will be Julia Vertova from Russian Wave Radio. Variety will again be a feature of the concert as numerous artists from Cyprus and abroad are taking part from several genres. There will not only be popular classical music, but also 20th century classic pop songs, and dancers accompanying some of the music. Stupak herself will play two piano solo works: Prokofiev's *Mercutio* and Chopin's *Ballade No.1* and will also accompany singers and instrumentalists. The concert will open with a short performance by ballet dancers from Vania Vrondi's Russian Professional Art School. Young talent will continue the performance as four of the best students from the Tatiana Stupak School of Music will then play some classical and jazz music on piano and violin. Artists from Belgrade, Moscow and Cyprus will also perform,



some with a soprano background, others in rhythmic gymnastics, tango and the oboe.

Tatiana Stupak and Friends

Charity concert by pianist Tatiana Stupak and other artists from Cyprus and abroad to help Europa Donna. June 13. Municipal Gardens Open Air Theatre, Limassol. 8.30pm. €25/20/15. Tel: 7777-7040

Pianist on mission to climb Europe's highest mountain

By Christos Papadopoulos

WELL-KNOWN Cypriot pianist Tatiana Stupak is hoping to join a seven-person team leaving Cyprus on July 19 to scale Mount Elbrus in the Caucasus

The mountain, considered the highest in Europe, has an elevation of 5,642 metres. Located near the Russian border with Georgia, Elbrus is where in Greek mythology the titan Prometheus was chained by Zeus as a punishment for stealing fire from the gods and giving it to mankind.

Stupak is only the second woman from Cyprus to attempt to reach Mount Elbrus and is looking for sponsors to support her quest.

"My mission is to raise the flags of Cyprus and top sponsors on Elbrus to show the world the power of our small island and its amazing people in all their diversity regardless of sex and origin," says Stupak.

Tatiana was born in St Petersburg (Russia), and has been living in Limassol for 11 years. She graduated from



Tatiana Stupak receiving the Telethon award from President Nicos Anastasiades

the St Petersburg State Conservatory and is the winner of numerous international piano and organ competitions.

She considers Cyprus her home, as she speaks fluent Greek and has established herself as a worthy member of the Cypriot community.

Tatiana is the founder of the first Russian classical music school in Cyprus and the organiser of the annual Tatiana Stupak & Friends charity concerts. Her charity works also include fundraising for the convent of Panayia Amasgous in

Monagri and receiving the Telethon award by President Nicos Anastasiades for fund-raising music events in support of the Institute of Neurology and Genetics.

Stupak is looking for sponsors so she can meet the Elbrus challenge. In return for funds, sponsors will get to see a flag with their logo planted on the summit of Elbrus and other media coverage.

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On the Summit of Mt. Elbrus

The Big Choir Project

(2019)



Tatiana Stupak plays solo

TONIGHT, SUNDAY 14 JULY, 20:30

AT KOURION ANCIENT AMPHITHEATRE

Entry 10 Euros

Organ recital with Tatiana Stupak

Music consumes the life of pianist Tatiana Stupak, who has played at more than 60 events over the last four years and was recently awarded by President Anastasiades in recognition of her considerable charitable work. In her upcoming concert on Wednesday, she will tackle another instrument she's passionate about; the church organ.

This admiration for the organ began when she was being piano trained at the Special School of the St Petersburg Conservatory. Captivated by the sometimes-dramatic sounds of the organ she decided to learn the organ as well.

"The organ can make me feel calm and at peace," said Tatiana, "reminding me of my times playing in churches. But the organ can also produce very dramatic sounds which I love, which reflect my own life." Her concert at Limassol's St. Catherine's Catholic Church will feature music by Bach though not all pieces were written for the church organ. Much of Bach's music is very versatile, as Tatiana explains, and can be played successfully on other instruments. One sonata will be played on violin and organ, although it was written for violin and harpsichord.

The Bach violin sonata will be played by Olivera Rialas, from Belgrade, who has now settled in Limassol and sometimes helps Tatiana at her music school. "Two of



my school's piano students, Ekaterina Radaeva and Margarita Losikova will also play at this organ concert, and they have recently been getting accustomed to the different technique required on the organ keyboard; it will be their first organ performance in public."

Organ Recital

Recital by Tatiana Stupak playing Bach. July 17. St Catherine's Catholic Church, Limassol. 8pm-9pm. €5. Tel: 25-362946

► MUSIC

This article describes the two concerts held on 12th and 13th June 2019.

The concert on 12th was held at the Presidential Palace, where Tatiana played three solo piano works. For her work organising concerts for the Institute of Neurology and Genetics, she received an award, presented to her by the President of Cyprus, Nicos Anastasiades. The concert on 13th June was her annual charity birthday concert, held this year at the Municipal Gardens theatre in Limassol.

КОНЦЕРТЫ ТАТЬЯНЫ СТУПАК

В Президентском дворце в Никосии 12 июня состоялся концерт «Город под звездами» в пользу фонда «Телетон», в организацию которого Татьяна Ступак внесла решающий вклад. Собранные средства были переданы Институту неврологии и генетики.

Перед тем как прозвучали первые музыкальные аккорды, президент г-н Никос Анастасиадис вручил Татьяне награду в знак признания ее выдающихся заслуг в развитии филантропии на Кипре, ведь в свои молодые годы Татьяна организовала уже целый ряд успешных благотворительных мероприятий. Татьяна открыла концерт тремя сольными произведениями: «Меркуцио» С. С. Прокофьева, «Ноктюрном, ор. 18» лимассольского композитора Давида Пентекоста и «Балладой № 1» Ф. Шопена. После этого на сцену вышли друзья Татьяны, оперные сопрано из России — Татьяна Кокорева и Эстер Устаева.

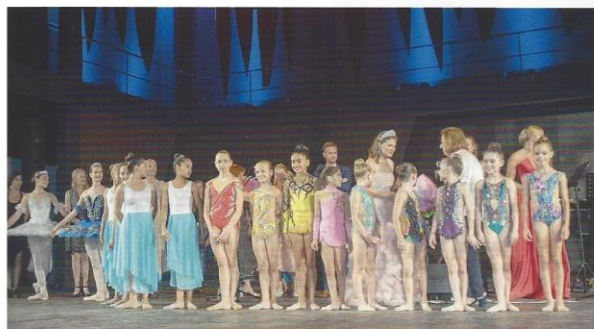
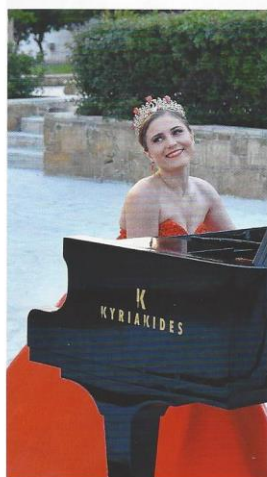
13 июня 2019 года в Муниципальном парке Лимассола в присутствии мэра города г-на Никоса Николаидиса прошел уже четвертый ежегодный благотворительный концерт по случаю дня рождения Татьяны Ступак. На этот раз мероприятие было организовано в помощь женщинам с онкологическими заболеваниями. Помимо исполнения сольной программы, Татьяна также аккомпанировала другим музыкантам.

Программа концерта включила в себя даже классический русский балет. Под живое музыкальное сопровождение три танцевальных номера представили Пава Войнович и Ярослава Дудкина — блестящие юные воспитанницы Профессиональной школы искусств Вани Вронди.

С сольными номерами на фортепиано и скрипке выступили четыре ученика Школы музыки Татьяны Ступак: Рита Лосикова, Ренат Максюттов, Екатерина Радаева и Даниил Старосельский.



12 ИЮНЯ В ПРЕЗИДЕНТСКОМ ДВОРЦЕ СОСТОЯЛСЯ КОНЦЕРТ «ГОРОД СО ЗВЕЗДАМИ», А 13 ИЮНЯ В МУНИЦИПАЛЬНОМ ПАРКЕ ЛИМАССОЛА ПРОШЕЛ ЧЕТВЕРТЫЙ ЕЖЕГОДНЫЙ БЛАГОТВОРИТЕЛЬНЫЙ КОНЦЕРТ.



Оперные дивы Татьяна Кокорева и Анастасия Максимова исполнили знаменитый «Дуэт цветов» и шуточный «Кошачий дуэт», а также несколько сольных произведений.

Скрипачка Оливера Риалас сыграла произведения «Чардаш» и «Приветствие любви». Под звуки скрипки и аккомпанемент Татьяны Ступак сцену покорили юные гимнастки из лимассольской школы Onisillos Rhythmic Gymnastics, добавившие ярких красок в вечер классической музыки.

Баритон Александр Лебедев и контральто Кристина Киселева спели всемирно известные песни середины XX века. Гобойстка Анастасия Булаева представила два номера. Под музыку Астора Пиаццоллы страстное танго исполнили киприоты Василис Панусис и Мария Константиноу.

Article in Moi Ostov Magazine (3 pages)
Tatiana's visit to Steinway's piano factory in Hamburg – Oct. 2019



У КАЖДОГО ПИАНИСТА В ЛЮБОМ УГОЛКЕ НАШЕЙ ПЛАНЕТЫ ЕСТЬ МЕЧТА — СТАТЬ СЧАСТЛИВЫМ ОБЛАДАТЕЛЕМ РОЯЛЯ STEINWAY. ПРЕДСТАВЬТЕ МОЮ РАДОСТЬ, КОГДА ЧЕРЕЗ ОФИЦИАЛЬНОГО ПРЕДСТАВИТЕЛЯ STEINWAY & SONS НА КИПРЕ Я ПОЛУЧИЛА ЛИЧНОЕ ПРИГЛАШЕНИЕ ОТ РУКОВОДСТВА КОМПАНИИ ПОСЕТИТЬ ШТАБ-КВАРТИРУ И ФАБРИКУ STEINWAY В ГАМБУРГЕ. ТАКАЯ ВОЗМОЖНОСТЬ МОЖЕТ ВЫПАСТЬ ВСЕГО ОДИН РАЗ ЗА ВСЮ ЖИЗНЬ! Я СМОГЛА СВОИМИ ГЛАЗАМИ УВИДЕТЬ ПРОЦЕСС РОЖДЕНИЯ ЭТИХ ШЕДЕВРОВ РУЧНОЙ РАБОТЫ, И МОЯ МЕЧТА ОБ ОБЛАДАНИИ STEINWAY СТАЛА ЕЩЕ СИЛЬНЕЕ.

Текст: ТАТЬЯНА СТУПАК
Tatiana Stupak School of Music, Athanasiou
Christopoulou 9, Mesa Geitonia, Лимассол

Несколько перелетов, бессонная ночь предвкушения, и вот я в составе небольшой делегации из Кипра стою у входа на фабрику Steinway в ожидании чуда, как маленькая девочка рождественским утром. Хочется увидеть абсолютно всё, не упустить ни одного слова и запаха, ко всему прикоснуться и, в конце концов, сыграть на только что изготовленном рояле Steinway! И Steinway не разочаровал меня. Менеджеры компании Steinway Антон Вилхелм и Сабин Хёперманн радушно нас встретили и провели многочасовую экскурсию по сокровенным уголкам самой прославленной фабрики роялей в мире, я стала свидетельницей того, как осуществляется сборка роялей Steinway, обладающих сакральной репутацией среди пианистов и всех ценителей музыки.

КАЧЕСТВО, НЕСПЕШНОСТЬ И ВНИМАНИЕ ДЕТАЛЯМ

Каждый цех фабрики обладает собственным ароматом и набором звуков. Сначала мы попали в хранилище древесины, здесь лучшие образцы клена и махагони «отдыхают» — сушатся естественным образом в течение двух лет. Дело в том, что только при естественной сушке удастся добиться такой однородности, которая необходима для того, чтобы звуковая волна не встречала препятствий на своем пути. Здесь стоит потрясающий запах древесины. После того как дерево просохло, его распиливают на тончайшие слои.

В следующем здании изготавливают обод роялей. Тонкие длинные доски склеивают друг с другом (эдакий слоеный торт из 10–20 досок клена и махагони) и помещают в специальную форму-тиски на трое суток, для каждой модели рояля — своя форма. Затем изогнутым ободам дают отлежаться





еще 100 дней, чтобы корпус закрепил форму идеальной дуги. Этот изысканный изгиб силуэта рояля известен всем, и сборка рояля Steinway начинается именно с внешней части, что гарантирует лучшее звучание.

В помещении, где изготавливают резонансные деки, стоит тишина и умиротворение. Здесь работники занимаются тонкой подгонкой деревянных планок, которые должны идеально совпасть по толщине и расположению рисунка волокон. Это необходимо и для акустики (не возникает искажений звука), и для эстетики (идеально подогнанные планки выглядят как одно целое, создавая единый бесшовный древесный рисунок).

В итоге только 40 % самой отборной древесины используется при производстве роялей, а оставшиеся 60 % сжигают в отопительный сезон. Есть шутка, что у Steinway & Sons самое дорогое отопление. На деле же это признак безоговорочного стремления к безупречности. А тем временем в других цехах умелые ремесленники занимаются производством звуковых компонентов рояля и металлической чутунной рамы, которая впоследствии опускается в деревянный корпус. Эта рама практически является хребтом рояля, ведь она берет на себя нагрузку натяжения струн, которая достигает 20 тонн.

Рама красится в золотистый цвет распылителем, а рельефный логотип «Steinway & Sons» обводится вручную тонкой кисточкой.

Большинство корпусов будущих роялей покрываются черным цветом. Однако для некоторых эксклюзивных моделей корпуса покрываются тонким слоем шпона, ювелирно подобранного так, чтобы создавался уникальный древесный бесшовный рисунок из волокон. Затем корпус покрывается слоями лака, каждый из которых тщательно полируется вручную, для того чтобы добиться безупречной зеркальной поверхности.

ИНДИВИДУАЛЬНОСТЬ ЗВУЧАНИЯ

После того как в корпус вставили раму с натянутыми струнами, устанавливают клавиши, подбирают молоточки, которые будут ударять по струнам, и рояль впервые зазвучит. На этом этапе необходимы специалисты по звуку, все должно соответствовать звуку Steinway. На каждый рояль Steinway выделяется лишь один специалист по звуку, это нужно, чтобы у всех клавиш одного рояля было общее качество звука. Это его ответственность и его гордость, ведь его имя будет стоять в списке имен людей, которые создали каждый индивидуальный рояль.

Самым последним этапом создания звучания является интонирование. В звукоизолированной комнате в одиночестве работает главная фея роялей Steinway. Ее безукоризненный слух способен уловить малейшие несоответствия звуковому идеалу. Она с завидным терпением вновь и вновь ударяет по одной клавише, точными движениями меняет форму головки молоточка, придавая каждому роялю индивидуальное звучание.

НАСЛЕДСТВЕННОСТЬ

На рабочих местах царит спокойствие и какое-то светлое теплое довольствие. Работники увлеченно заняты своим делом, каждый гордится своим вкладом в создание лучших концертных роялей мира. На заводе нередко работают целые семейные династии, а трудовой стаж сотрудников часто достигает 25, 40 и даже 50 лет.

ЛЮБОВЬ

Все началось около двух столетий назад, в 1836 году, когда Генрих Стейнвег изготовил свой первый рояль на кухне своего дома в подарок любимой жене. Первый блин у него не вышел комом. Ему удалось объединить лучшие европейские традиции с собственными революционными инновациями и создать концертный рояль с наилучшим и сильнейшим звучанием, который существовал в то время. Именно тогда зародились традиции первоклассного

В ОБЩЕЙ СЛОЖНОСТИ НА ИЗГОТОВЛЕНИЕ КАЖДОГО РОЯЛЯ STEINWAY УХОДИТ ОДИН ГОД ПЛЮС ДВА ГОДА НА СУШКУ ДЕРЕВА. 80 % РАБОТ НА ЗАВОДЕ STEINWAY ВЫПОЛНЯЮТСЯ ВРУЧНУЮ. СТАНКИ ИСПОЛЬЗУЮТСЯ ЛИШЬ ТАМ, ГДЕ ОНИ МОГУТ БЫТЬ БОЛЕЕ ТОЧНЫМИ, ЧЕМ ЧЕЛОВЕЧЕСКИЕ РУКИ.

качества Steinway, которые сохраняются и по сей день.

ПЕРФЕКЦИОНИЗМ И ТРАДИЦИИ

Рояли Steinway — это инструменты на века, так как они создаются с любовью и страстью на основе столетних традиций. В общей сложности на изготовление каждого рояля Steinway уходит один год плюс два года на сушку дерева. 80 % работ на заводе Steinway выполняются вручную. Станки используются лишь там, где они могут быть более точными, чем человеческие руки.

В основе производственного процесса — перфекционизм и исключительное внимание к деталям. Все это делает рояли Steinway не только лучшими в своем роде, но и привлекательным инструментом для инвестиций, потому что их стоимость растет от года к году. Рояль Steinway — это актив, который пользуется спросом во всем мире, и объект собственности, который с гордостью передается из поколения в поколение.

СОТРУДНИЧЕСТВО

Компания сотрудничает с различными равновесными брендами и известными на весь мир пианистами для создания специальных и лимитированных серий инструментов. Так, есть рояль, по цвету воспроизводящий гитару Sunburst, рояль в кристаллах от Lalique, рояль от Ferrari красного цвета и спроектированный пианистом Ланг Лангом рояль Black Diamond. Есть и уникальные рояли, которые производятся в единственном экземпляре. Цена на подобные шедевры может достигать до 500 тысяч долларов.

ЭПИЦЕНТР ТВОРЧЕСТВА

В волшебном «королевстве Steinway» царит удивительная творческая атмосфера. Штаб-квартира компании является местом притяжения





НЕ МОГУ ПЕРЕДАТЬ СВОИ
ВПЕЧАТЛЕНИЯ ОТ ИГРЫ НА
ЭКСКЛЮЗИВНЫХ РОЯЛЯХ
STEINWAY, ЭТО НАСТОЯЩИЕ
ПРОИЗВЕДЕНИЯ ИСКУССТВА,
И ИГРАТЬ НА НИХ — ОДНО
УДОВОЛЬСТВИЕ!

наслаждаться звуками рояля Steinway не вставая с дивана. Системой можно управлять через специальное приложение для iPad. Множество ведущих пианистов мира уже ждут, когда же исполненные ими мелодии зазвучат на вашем рояле Steinway по одному мановению пальца. В постоянно пополняющейся библиотеке системы композиции на любой вкус и для любых ситуаций: от классики до попсы, от лучших шедевров балета до рождественских песенок. Произведения записываются в исключительном качестве на студиях Steinway и предоставляются совершенно бесплатно всем владельцам системы Spirio.

Пишу эти строки и понимаю, что только что у меня родилась еще одна мечта: записаться в студии Steinway, чтобы владельцы системы Spirio по всему миру смогли наслаждаться моей игрой!

STEINWAY НА КИПРЕ

Эксклюзивным представителем Steinway & Sons на Кипре является компания Kyriakides Piano Gallery. Когда в беседе с руководством компании Steinway в Гамбурге мы заговорили о Кипре, они очень высоко отозвались о Ставросе Кириакидесе, которого считают одним из самых эффективных своих дистрибьюторов. Kyriakides Piano Gallery полностью привержена ценностям Steinway и предоставляет профессиональные услуги, которые в полной мере соответствуют репутации и традициям производителя лучших роялей в мире.



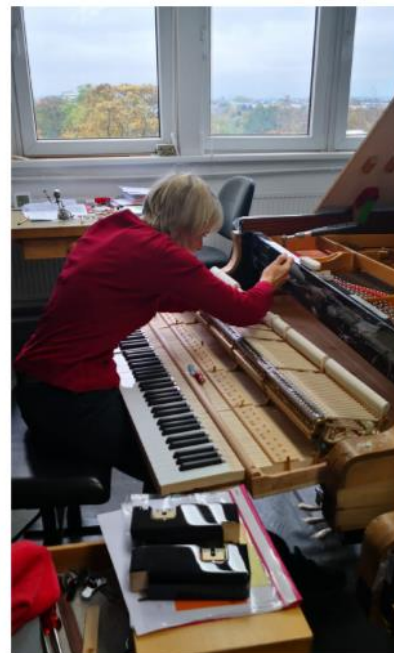
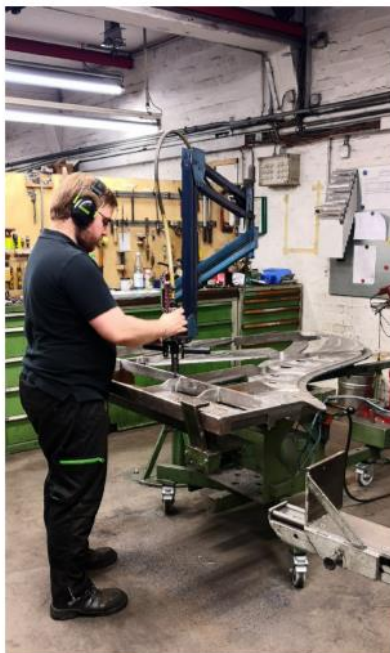
как для подающих надежды, так и для матерых музыкантов, являющихся официальными лицами Steinway по всему миру. Приятной оказалась встреча с Хайнрихом Алперсом, победителем Международного Бетховенского конкурса в Бонне, который помузицировал для меня перед записью нового рекламного ролика Steinway. Ну и я на правах победительницы Международного конкурса имени Баха в Лейпциге не осталась в долгу перед коллегой и сыграла для него на только что изготовленном рояле.

Не могу передать свои впечатления от игры на эксклюзивных роялях Steinway, это настоящие произведения искусства, и играть на них — одно удовольствие! А один из роялей «запомнил» каждое мое касание по клавишам и автоматически воспроизвел только что исполненную мелодию. Смотреть, как клавиши неожиданно начинают двигаться сами по себе, и слышать музыку, которую сама закончила играть мгновение назад, — это уникальные эмоции. Кто-то даже пошутил, что пианисты теперь не нужны. Но как бы не так, ведь эта замечательная система, которая называется Spirio, всего лишь воспроизводит музыку, которую творим мы, пианисты. Так что технологии не конкурируют с нами, а помогают нам.

СОВРЕМЕННОСТЬ

Steinway Spirio — это рояль, оснащенный системой автоматического воспроизведения, которая может мгновенно запоминать и точь-в-точь повторять мелодии, сыгранные на рояле. Благодаря этой системе на вашем собственном рояле Steinway могут «заиграть» величайшие пианисты мира. Прямо у вас дома. Когда вы пожелаете. Конечно, вы можете играть и сами или даже в «четыре руки» с великими музыкантами. Spirio позволяет

ЭКСКЛЮЗИВНЫМ ПРЕДСТАВИТЕЛЕМ STEINWAY & SONS НА
КИПРЕ ЯВЛЯЕТСЯ КОМПАНИЯ KYRIAKIDES PIANO GALLERY.
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17 WHAT'S ON

living

Trombone and piano come together for concert

The established, multiple award winning popular pianist Tatiana Stupak will perform two concerts in the upcoming weeks, in Paphos and Nicosia and will be joined by distinguished Moldovan trombonist Igor Babcinetchi to present a repertoire of solo piano works and pieces written for trombone and piano.

The first stop will be at Nicosia's Windcraft Centre on November 24 for an afternoon family concert at 6pm. "This is a unique opportunity for the whole family to enjoy a classical music programme and meet one of the most beautiful instruments of the brass family - the trombone," say organisers. "The audience will be privileged to hear the instrument played by Babcinetchi, who has recently come from London, where he was performing for several years, to live here as a freelance musician and teacher of trombone and trumpet."

The repertoire will include works for trombone and piano by Albeniz, Gröndahl, Guilmant, Saint-Saëns and others, as well as solo piano works by Bach, Beethoven and Chopin. The sec-

ond concert will take place at Technopolis 20 on Friday. Tatiana has been an active member of the industry either as the organiser of charity concerts or as a performer and since 2015 she has played the piano at more than 60 events.

In the summer of 2019, having organised fund-raising concerts on several occasions for the Institute of Neurology and Genetics, she was invited to play piano solos at a concert at the Presidential Palace, where President Anastasiades presented her with an award on behalf of the Institute.

For Igor, music has taken him all around the world. He has played in a fiesta band in Spain, was Musical Director of a touring circus orchestra in Germany, has held a seat in the Romanian National Opera in Bucharest, and has been in the theatre orchestra onboard different cruise ships. Thus, he got to broaden his range by playing jazz, classical, cabaret and show music.

Igor became a freelance musician in London, broadening his repertoire further, by playing in big bands, brass ensembles and salsa bands, as well as all the contem-

porary classics as part of function bands. He has recently moved to Limassol to continue his career as a freelance musician and teacher of the trumpet and trombone.

Trombone and Piano Concert
Concert for trombone and piano with popular

pianist Tatiana Stupak and the distinguished Moldovan trombonist Igor Babcinetchi. November 24. Windcraft Centre, Nicosia. 6pm-7pm. November 29. Technopolis 20, Paphos. 8pm. €15/10. Tel: 22-377748 (Nicosia), 7000-2420 (Paphos)



► MUSIC

17 WHAT'S ON

Tatiana Stupak puts on big solo piano recital

In a departure from her usual concerts, classical pianist Tatiana Stupak will play a full piano solo recital on Thursday at the Rialto Theatre.

This solo concert promises to be a notable event, with a varied programme of classical music to appeal to many tastes. Net proceeds will be given to The Holy Temple of Archangel Michael & Chapel of St. Matrona



Monovoliko in Kato Polemidia for the renovation of the St Matrona Chapel.

Since June 2015, Stupak has organised most of the 75 entertainment events in Cyprus in which she has taken part at the piano. Until now however, she has performed with other professional artists at nearly all her events: not only instrumentalists, but also opera singers, pop music singers and other entertainers such as acrobats, ballet dancers, an illusionist and a sand artist. She has also included some of the best students from the Tatiana Stupak School of Music in some of the concerts.

On Thursday Tatiana will play 11 works, most of them well known, including some virtuoso pieces. The programme will be varied and will include romantic period pieces as well as classical and baroque.

"Stupak's two favourite composers are Bach and Chopin – composers whose works are very different in style," comment the organisers. "From Bach, we

shall hear two of his Preludes and Fugues and his French Suite No.2. And the works from Chopin will include two well-known Etudes, a famous Nocturne, and at least two of his longer virtuoso pieces: the first Scherzo and the first Ballade."

Beethoven's Moonlight Sonata will be played in full – not just the well-known beautiful and soothing opening movement. Liszt wrote 19 Hungarian Rhapsodies, which are noted for their difficulty, and he will be represented by one of his shorter works, the 11th Rhapsody. Other works will include pieces by Prokofiev, Schumann and Tchaikovsky.

Beautiful Life Piano Recital by Tatiana Stupak

Piano solo recital. January 30. Rialto Theatre, Limassol. 7.30pm. Tickets for her solo concert are priced at €20, €15 and €10, available at the Rialto Theatre box office, and from <https://rialto.interticket.com>

MUSIC



Μάγεψε το κοινό η πιανίστρια Tatiana Sturak στο Ριάλτο

Μια από τις καλύτερες και πιο εκφραστικές πιανίστριες στην Κύπρο, η Tatiana Sturak, ερμήνευσε ένα μοναδικό πρόγραμμα για σόλο πιάνο, το οποίο για πρώτη φορά έπαιξε στην Κύπρο.

Η συναυλία που ξεχώρισε από τις συνηθισμένες της συναυλίες, εντυπωσίασε το κοινό, αφού μέσα στο κατάμεστο θέατρο Ριάλτο, το κοινό έμεινε εξασιασμέ-

νο. Η δίωρη συναυλία πραγματοποιήθηκε υπό την αιγίδα της πρώτης κυρίας της Κυπριακής Δημοκρατίας, κας Αντρης Αναστασιάδη και του Μητροπολίτη Λεμεσού, κ.κ. Αθανάσιου.

Με αυτή τη βραδιά - crescendo στην καριέρα της Tatiana Sturak, εγκαινιάζεται η πολιτιστική εποχή του 2020 με έργα Μπαχ, Μπετόβεν, Σοπέν, Λιστ και Τσαϊκόφσκι.

Τα καθαρά έσοδα από τη συναυλία θα διατεθούν στον Ιερό Ναό Αρχαγγέλου Μιχαήλ για σκοπούς ανακαίνισης του παρεκκλησίου του Αρχαγγέλου Μιχαήλ και της Αγίας Ματρώνας της Ρωσίδος, της Αομμάτου και Θαυματουργού, στα Κάτω Πολεμίδια (Μονοβόλιχο).



Citizens of Lemesos

Με τα πλήκτρα της «αγγίζει» τις καρδιές των ανθρώπων

Η Tatiana Stupak είναι μια καταξιωμένη πιανίστρια από τη Ρωσία, η οποία ζει στην πόλη μας τα τελευταία 12 χρόνια. Εύκολα ξεχωρίζει στο πλήθος για το λαμπερό της χαμόγελο και την απλότητά της. Αν όμως την γνωρίσεις θα καταλάβεις πως έχει πετύχει πολλά στη ζωή της. Έχει αναδειχθεί «Γυνίκα της Χρονιάς» στην Κύπρο στην κατηγορία κουλτούρα, έχει κερδίσει πολλούς διαγωνισμούς και ο επόμενος της στόχος είναι να κατακτήσει το ρεκόρ Γκίνες. Αυτό που τη χαρακτηρίζει όμως είναι η στοχοπροσήλωση της στη φιλανθρωπία, στην οποία αφιερώθηκε έπειτα από την ξαφνική απώλεια ενός αγαπημένου της προσώπου. Επίσης, διαθέτει σχολή μουσικής στη Μέσα Γειτονιά όπου μεταλαμπαδεύει στις νέες γενιές την αγάπη της για το πιάνο και τη μουσική.

Με ποια αφορμή ξεκίνησες να μαθαίνεις πιάνο;

Ο πατέρας μου αγόρασε πιάνο, γιατί τότε στη Ρωσία το θεωρούσαν ένα «must αξεσουάρ» για το σπίτι. Επειδή κανείς δεν ήξερε στο σπίτι να παίζει, αποφάσισε στην ηλικία των 5, να με στείλει σε μουσικό σχολείο. Όταν έφτασα στην ηλικία των 7, η δασκάλα μου διέκρινε το ταλέντο μου και πρότεινε στους γονείς μου να με στείλουν σε ένα από τα καλύτερα μουσικά σχολεία της Ρωσίας. Εκεί, φοιτούσαν παιδιά από «μουσικά τζάκια», οπότε εγώ ήμουν άσχετη με όλο αυτό. Έζησα 11 χρόνια γεμάτα μουσική, διαγωνισμούς και ταξίδια.

Σκέφτηκες ποτέ να τα παρτήσεις;
Ο ανταγωνισμός ήταν πολύ σκληρός με

απίστευτο στρες και μερικές φορές ακόμα και μίσος. Κάποιοι από τους συμμαθητές μου έσπαζαν μέχρι και τα δάχτυλα ο ένας του άλλου. Μετά το τέλος των σπουδών μου, μετακόμισα στη Λεμεσό και αποφάσισα να μην ξαναπαίζω ποτέ.

Πώς πήρες την απόφαση να αρχίσεις και πάλι να παίζεις;

Γνώρισα τον David που ήταν συνθέτης στην Κύπρο και βρεθήκαμε στο σπίτι του με μια μεγάλη παρέα. Εκεί, έπαιζαν πιάνο για να διασκεδάσουν και το έκαναν πολύ μέτρια! Τότε αποφάσισα πως πρέπει να κάτσω εγώ στο πιάνο. Όταν με άκουσε ο David με έπεισε ότι πρέπει να ακούσει τη μουσική μου περισσότερος κόσμος. Αναζητώντας χώρο για συναυλία βρήκα πολλές πόρτες κλειστές, όταν όμως ετοίμασα ένα demo και τους το παρουσίασα, τότε μου άνοιξαν διάπλατα.

Πώς προετοιμάζεσαι πριν από κάθε συναυλία;

Το πιάνο είναι ένα άθλημα. Εκτός από πολύ καλή μνήμη, χρειάζεται να κάνω εξάσκηση και ζέσταμα στα δάχτυλα. Αν έστω και μια μέρα δεν παίζω, τότε χάνω τη φόρμα μου και δυσκολεύομαι να επανέλθω. Για παράδειγμα, για μια συναυλία που θα διαρκέσει 1,5 ώρα, θα πρέπει να κάνω τουλάχιστον 4 ώρες πρακτική.

του μοναστηριού. Από τότε τα χρήματα στις συναυλίες τα δίνω για καλό σκοπό.

Γνωρίζουμε ότι είσαι πολύ κοντά στο να κατακτήσεις ρεκόρ Γκίνες.

Στόχος μου είναι κατακτώ τις υψηλότερες κορυφές της κάθε ηπείρου και να παίζω εκεί ένα διαφορετικό όργανο. Επίθυμία μου είναι να κατακτήσω το ρεκόρ «Highest Altitude Concert on Land». Τον Ιούλιο μαζί με μια έμπειρη ομάδα ανεβήκαμε το βουνό Elbrus που βρίσκεται στη Ρωσία. Μου ήρθε η ιδέα να πάρω μαζί μου ένα πιάνο, ώστε να παίζω μόλις φτάσουμε στην κορυφή. Έζησα μια

απίστευτη εμπειρία, μακριά από πολυτέλειες, αφού μέσα στα χιόνια έπαιξα στα 5,642 μέτρα. Το επόμενο βουνό που επισκέφθηκα ήταν το Κίλιμάντζαρο στην Αφρική, το οποίο ήταν ακόμα πιο ψηλό, στα 5,895 μέτρα και έπαιξα ένα παραδοσιακό ρωσικό όργανο, που ονομάζεται gusli.

Ο επόμενος μου στόχος είναι το βουνό Aconcagua στην Αργεντινή που φτάνει τα 6,962 μέτρα και κάνω ήδη μαθήματα γουκαλίλι.

Ποιο είναι το αγαπημένο σου μέρος στη Λεμεσό;

Λατρεύω το Παλιό Λιμάνι και το Μόλο. Δεν θα μπορούσα να μην αναφέρω και το Κούριο που είναι πραγματικά ένα μαγευτικό μέρος.

Θέλω να μου πεις ένα θετικό και ένα αρνητικό στοιχείο της πόλης.
Αυτό που λατρεύω είναι η τεράστια γκάμα επιλογών που υπάρχει στη Λεμεσό με εσπιατόρια, καφέ, δραστηριότητες και θεάματα. Δεν αντέχω την κίνηση που υπάρχει καθημερινά στους δρόμους.

Ποια η άποψη της ρωσικής κοινότητας για τη Λεμεσό;

Έρχονται μαζί με τις οικογένειές τους, γιατί είναι ένα μικρό νησί, με χαρούμενους και φιλόξενους ανθρώπους. Ο καιρός εδώ είναι εξαιρετικός, ενώ σε πολύ μικρή απόσταση βρίσκεται η θάλασσα και το βουνό. Επιπρόσθετα, λατρεύουν το έντονο ορθόδοξο στοιχείο με τα πανέμορφα μοναστήρια.



Γιατί επιλέγεις να κάνεις τόσες πολλές φιλανθρωπικές συναυλίες;

Όταν πέθανε ξαφνικά ο σύζυγός μου συνειδητοποίησα τι έχει πραγματικά αξία και πως πρέπει να πορευτώ στη ζωή για να προσφέρω. Ήμουν συχνή επισκέπτρια στο μοναστήρι της Παναγίας της Αμασγούς, στο Μονάγρι. Όταν γεύτηκα τα υπέροχα ψωμιά, το εξαιρετικό μέλι και τα υπόλοιπα εδέσματα που φτιάχνουν οι μοναχές ενθουσιάστηκα πολύ. Τότε αποφάσισα να διοργανώσω συναυλία, όπου όλα τα έσοδα θα δοθούν στην ανακαίνιση της κουζίνας

LIFESTYLE ΠΕΡΙΟΔΙΚΟ ΤΗΣ ΠΟΛΗΣ ΜΑΣ

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Tatiana Stupak

Η πιανίστρια που παίζει τη μουσική της
στις ψηλότερες βουνοκορφές του κόσμου!

Τελευταία σελίδα
Αλέξανδρος Κωνσταντινίδης

Σάβια
Ορφανίδου

Οδοιπορικό
Άγιος Νικόλαος

Παφίτικο
Καρναβάλι



Tatiana Stupak

Μια μοναδική πιανίστρια που
έχει την Κύπρο δεύτερη πατρίδα.

Η ιστορία της μοιάζει σαν παραμύθι. Όπως όλα τα παραμύθια. Με κακές και καλές μοίρες, με δράκους και πρίγκιπες. Ένα κορίτσι γεννημένο στην Αγία Πετρούπολη, με σπουδές μουσικής και πιάνου, στα καλύτερα σχολεία της Ρωσίας. Διάσημη στη χώρα της, και τώρα και στην Κύπρο, αφού η νεαρή πιανίστρια, όχι μόνο μαγεύει με τα ρεσιτάλ της, αλλά απογειώνει κυριολεκτικά, αφού φωτογραφίζεται στα ψηλότερα βουνά του κόσμου, παίζοντας τη μουσική της. Δεν αποκλείεται δε, να συμπεριληφθεί και στα ρεκόρ Γκίνες για το εγχείρημά της αυτό. Κυρίες και κύριοι, σας παρουσιάζουμε την Τατιάνα Stupak, το κορίτσι που γεννήθηκε με ένα ξεχωριστά λαμπερό αστέρι.

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«Θα ανέβω στις επτά πιο ψηλές
βουνοκορφές του κόσμου, για
να παίξω τη μουσική μου».



Μια ερωτική μετανάστρια



«Όνειρό μου είναι η μουσική να
μείνει για πάντα στη ζωή μου»

«Ήρθα στην Κύπρο πριν από δώδεκα χρόνια και ριζώσα, ακολουθώντας την καρδιά μου. Γνώρισα τον πρώτο μου άντρα εδώ, κύπριο και παντρευτήκαμε. Χωρίσαμε μετά από τέσσερα χρόνια. Ξαναπαντρεύτηκα πάλι με κύπριο αλλά δυστυχώς πέθανε τέσσερα χρόνια μετά το γάμο μας. Παιδιά δεν κάναμε. Απ' εκείνη τη στιγμή άλλαξε η κοσμοθεωρία μου. Ξαναβρήκα την αγάπη μου για τη μουσική, και άνοιξα το δικό μου μουσικό σχολείο στη Λεμεσό, στο οποίο διδάσκονται όλα τα μουσικά όργανα. Το 2011 γνώρισα τον μουσικό Ντέιβιντ Πέντεκορτ, ο οποίος με ενθάρρυνε να κάνω συναυλίες. Έτσι ξεκινήσαμε τις συναυλίες, σ' όλη την Κύπρο. Στην αρχή ήταν δύσκολο διότι κανείς δεν με γνώριζε εδώ. Μετά που κάναμε όμως ένα video και το στείλαμε παντού, οι πόρτες άνοιξαν για μένα. Κάναμε πάρα πολλές συναυλίες και ρεσιτάλ, με φιλανθρωπικό χαρακτήρα και είμαι περήφανη για αυτό. Έχουμε ήδη κάνει 74 συναυλίες. Βοηθήσαμε ομάδες, φορείς και οργανισμούς όπως το Ινστιτούτο Γενετικής και το Telethon. Γίναμε δεκτοί στο προεδρικό μέγαρο, ενώ παίξαμε και στο Κούριο μαζί με τον Χρήστο Δάντη ο οποίος τραγούδησε την επιτυχία του 'το παλιό μου παλτό'. Θέλω να βοηθώ τον κόσμο και να τον κάνω να χαίρεται. Φέτος συμπληρώνω πέντε χρόνια που γιορτάζω τα γενέθλια μου μ' αυτό τον τρόπο, μέσα από φιλανθρωπικές συναυλίες. Πέρασα ως διαγωνιζόμενη και από το 'Dan Sing with you', όπου ο Χρήστος Δάντης ήταν μέλος της κριτικής επιτροπής κι απ' εκεί γίναμε φίλοι. Συζητούμε μάλιστα για τα Χριστούγεννα του 2020 να κάνουμε κάτι μαζί, σας το φυλάμε για έκπληξη. Όλες οι συναυλίες που γίνονται με αφορμή τα γενέθλια μου, ονομάζονται 'Tatiana and friends'. Γύρισα όλη την Κύπρο, με συναυλίες και ρεσιτάλ και φέτος θα παίξω στο προεδρικό για πρώτη φορά με ορχήστρα».



Όνειρα σαν τα ψηλά βουνά



«Όνειρό μου που σιγά-σιγά υλοποιείται είναι να πάω σε εφτά ψηλά βουνά σ' όλο τον κόσμο, και να παίζω εκεί ένα μουσικό όργανο. Ήδη έχω πάει σε δύο, στην Ευρώπη στο Είπρους, 5,642 μέτρα το υψόμετρο όπου έπαιξα πιάνο και έβαλα τη σημαία της Κύπρου και μόλις πρόσφατα στο Κιλιμάντζαρο στην Αφρική, όπου έπαιξα ένα παραδοσιακό ρωσικό μουσικό όργανο, σαν άρπα. Η όλη διαδικασία ήταν συγκλονιστική, περπατούσαμε έξι μέρες για να ανέβουμε στο Κιλιμάντζαρο, φορτωμένοι τα όργανα και τον εξοπλισμό μας. Μαζί μας είναι ένας οδηγός και κάποιος που μεταφέρει τον εξοπλισμό. Ξυπνούσαμε στις έξι το πρωί, πίνουμε ένα ζεστό τσάι, βγαίναμε από τις σκηνές μας, ετοιμαζόμασταν και περπατούσαμε για ώρες. Κάναμε μέρες να φθάσουμε στην κορυφή. Τα καταφέραμε όμως και νιώθω πολύ περήφανη για αυτό. Έχω ακόμη να πάω σε άλλα πέντε βουνά, στην Αμερική, στην Ευρώπη, στην Αυστραλία, Αφρική, και Ασία. Πήγαμε βέβαια και στην ψηλότερη κορυφή του Τροόδους όπου γυρίσαμε κι ένα καταπληκτικό video, το οποίο απέσπασε πολύ κολακευτικά σχόλια. Η αίσθηση που έχει κανείς όταν φθάσει τόσο ψηλά, σε ένα χιονισμένο βουνό, τόσο κοντά στον ουρανό, είναι σαν να φθάνεις πιο κοντά στο θεό. Είσαι εσύ, ο ουρανός, και η μουσική σου. Το πιο ενδιαφέρον είναι ότι κάθε μέρα βλέπεις κάτι καινούργιο γύρω σου, τίποτα δεν είναι το ίδιο. Στην αρχή βλέπαμε μαϊμούδες, δέντρα, βράχους και ένα σωρό εναλλασσόμενες εικόνες, απίστευτα συγκλονιστικές. Είναι αστείο, επειδή κάποιοι χάνουν την όρεξη και τον ύπνο τους, ή παραπονιούνται για πονοκεφάλους όταν ανεβούν τόσο ψηλά, λόγω του υψομέτρου. Εγώ αντίθετα, έτρωγα και κοιμόμουν πάρα πολύ καλά! Για να φθάσουμε στην κορυφή, έπρεπε να ξεκινήσουμε στις έντεκα το βράδυ προκειμένου να ήμαστε στις εννιά το πρωί στον προορισμό μας που ήταν η ψηλότερη κορυφή. Όταν έφθασα στην κορυφή έπαιξα το γκούσλι μου (παραδοσιακό ρώσικο όργανο) και μετά άρχισε η διαδικασία της επιστροφής. Εκείνες τις μέρες ήμουν άρρωστη με πυρετό και γρίπη αλλά παρόλα αυτά, πήγα και έγινα πιο γρήγορα καλά...

Αν και δεν προέρχομαι από οικογένεια μουσικών, από δύο χρονών άρχισα να μαθαίνω πιάνο. Ο πατέρας μου, μου αγόρασε ένα πιάνο και στα εφτά μου χρόνια μπήκα σε μουσικό σχολείο όπου σπούδασα για έντεκα χρόνια, στα καλύτερα σχολεία και πανεπιστήμια για παιδιά –ταλέντα. Κέρδισα πολλά διεθνή και ρωσικά βραβεία στη μουσική, μέχρι που ήρθα στην Κύπρο και για λίγο το είχα αφήσει παράμερα».

Κύπρος αγάπη μου

«Ελεύθερο χρόνο δεν έχω. Παρόλα αυτά, παίζω τένις, κάνω ιππασία, καταδύσεις στο ναυάγιο Ζηνοβία, ενώ παράλληλα γράφω και ένα βιβλίο για τη ζωή μου. Ο καναπές μου με βλέπει μόνο όταν είμαι άρρωστη. Αγαπώ τα ζώα, έχω ήδη γάτους, σκύλο, παπαγάλους, καναρίνια και ψάρια στο σπίτι μου. Όνειρό μου είναι να δημιουργήσω οικογένεια, να κάνω παιδιά και να συνεχίσω να κάνω αυτό που αγαπώ, την ενασχόλησή μου με τη μουσική.

Λατρεύω την Κύπρο και τους ανθρώπους της, επειδή είναι γελαστοί και χαρούμενοι καθόλου μίζεροι, όπως συμβαίνει με τη Ρωσία όπου οι άνθρωποι είναι συνεχώς μέσα στην πίεση και το στρες και δεν γελάνε ποτέ. Είναι και το κλίμα. Στην Αγία Πετρούπολη η θερμοκρασία είναι -24. Οι αποστάσεις τεράστιες, για να κάνεις μια εκδρομή μέσα στην ίδια σου την πόλη θέλεις πέντε ώρες. Είναι πέντε εκατομμύρια άνθρωποι, αυτοκίνητα, κίνηση. Όταν μου λείπει η πολιτιστική ζωή πηγαίνω στην Αγία Πετρούπολη, να δω όπερα, συναυλίες κλπ. Εδώ μου αρέσουν όλα, συν το καλό φαγητό. Φυσικά λαμβάνω μέρος και στα καρναβάλια και φέτος θα εμφανιστώ με την ομάδα μου, με ένα μουσικό θέμα».

Φαγητό για τους επαγγελματίες υγείας – Η πρωτοβουλία πιανίστριας στη Λεμεσό

Food for health professionals – The pianist's initiative in Limassol

ΠΟΛΙΤΗΣ NEWS, 22/04/2020 (τελευταία ενημέρωση 14:28)



Φαγητό στο προσωπικό νοσοκομείου θα παρέχει Ρωσίδα, μόνιμη κάτοικος Λεμεσού, ως ένδειξη ευγνωμοσύνης στους εργαζόμενους στον τομέα της υγείας που βρίσκονται στην πρώτη γραμμή της αντιμετώπισης του κορωνοϊού.

Hospital staff will be provided by a Russian woman, a permanent resident of Limassol, as a token of gratitude to health workers who are at the forefront of the treatment of coronavirus.



Η Τατιάνα Στούπακ, πιανίστρια στο επάγγελμα και ιδρυτής σχολής κλασικής μουσικής στη Λεμεσό, ανέφερε πως «αυτή η πανδημία μας έχει αλλάξει την πραγματική αξία της αγάπης, της συμπόνιας και του σεβασμού του ενός προς τον άλλο. Καθώς οι περισσότεροι από εμάς μέναμε στο σπίτι κατά τη διάρκεια αυτών των περιπτώσεων, υπάρχουν εκείνοι που εργάζονται μέρα και νύχτα για να σώσουν τις ζωές των συνανθρώπων μας και να αποτρέψουν την εξάπλωση της νόσου. Αυτοί οι άνθρωποι αξίζουν τη βαθιά ευγνωμοσύνη και θαυμασμό μας».

Tatiana Stupak, a professional pianist and founder of a classical music school in Limassol, said: "This pandemic has changed the true value of love, compassion and respect for one another. As most of us stayed at home during these cases, there are those who work day and night to save the lives of our fellow human beings and prevent the spread of the disease. These people deserve our deep gratitude and admiration."



Η κα Στούπακ πρόσθεσε πως «υπάρχουν πολλοί ταπεινοί τρόποι να τους ευχαριστήσουμε. Για παράδειγμα, ζήτησα από τους γονείς των παιδιών που παρακολουθούν μαθήματα μουσικής στο σχολείο μου, να μαγειρέψουν νόστιμα μπισκότα, κέικ και τρόφιμα για να τα παραδώσω στο ιατρικό προσωπικό ενός νοσοκομείου που καταπολεμά την COVID-19. Δεν θα κάνει τους εργαζόμενους στον τομέα της υγείας πλουσιότερους, αλλά ελπίζουμε ότι θα τους κάνει να χαμογελούν. Ευχαριστώ, ήρωες υγειονομικής περίθαλψης της Κύπρου! Η δουλειά σας εκτιμάται πολύ».

Miss Stupak added: "There are many humble ways to thank them. For example, I asked the parents of children attending music classes at my school to cook delicious cookies, cakes and food to deliver to the medical staff of a hospital that fights COVID-19. It will not make health workers richer, but we hope it will make them smile. Thank you, heroes of healthcare in Cyprus! Your work is highly valued."

Το Ινστιτούτο Νευρολογίας και Γενετικής της Κύπρου, ανέφερε πως η πράξη της κας Στούπακ έδωσε θάρρος ενθάρρυνση σε όλους τους γιατρούς, νοσοκόμες, τεχνικούς, μεταφορείς, φαρμακοποιούς και ιατρικούς επιστήμονες σε όλη την Κύπρο.

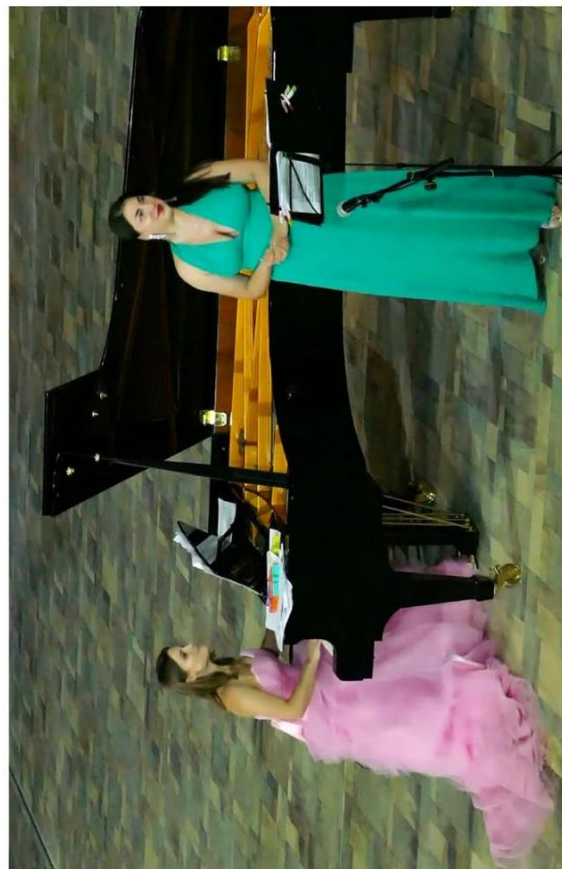
The Cyprus Institute of Neurology and Genetics said Miss Stupak's act gave courage to all doctors, nurses, technicians, carriers, pharmacists and medical scientists across Cyprus.



What's On

Classical concert combines music and flowers

By Eleni Philippou • July 8, 2020 • 0 Comments • 118



As those in the world of music dust off the lockdown days a concert is coming up in Limassol that will see pianist Tatiana Stupak and soprano Ekaterina Savva classical piano solos, accompanied by the singer for various well-known arias and songs.

The event is being organised jointly by the Tatiana Stupak School of Music and Fiori, a Limassol décor and flower design company, who will decorate the school with flowers, hence the performance's title *Music and Flowers* and tickets are €40. Photos (optional) will be taken on entry to the school at 7pm, and the programme of music will start at 7.30 pm. Included in Stupak's piano solos are pieces by Chopin, Beethoven, Bach and Tchaikovsky while Savva will sing a selection of well-known songs from opera, stage shows and films. After the performance the audience will be able to enjoy cocktails.

"This is an exclusive and unique event with limited seating," said organisers. "If this event were in winter, the dress code would be black tie, but it is July, so you are asked just to dress smartly."

This isn't the only concert Stupak's Music School is organising for July. Two days earlier than her performance with Savva, on July 15, the pianist will hold a church organ performance at St Catherine's Church in Limassol, on the seafloor, in the old town. Organists will be Tatiana Stupak herself and some of the music school's students.

Violinist Olivera Rialas and vocal student Constantina Christodoulou will also perform, accompanied by Tatiana Stupak on the organ. The concert will begin at 8pm with all of its proceeds, including the €5 entrance fee, going to charity.

Music and Flowers

Classical music concert with Tatiana Stupak on the piano and Ekaterina Savva on voice. July 17. Tatiana Stupak School of Music, Limassol. 7pm. €40. Tel: 99-140240, 25-102517

Organ Concert

By Tatiana Stupak and her music school students. July 15. St Catherine's Church, Limassol. 8pm. €5. Tel: 99-140240

Whatson

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German shorts at Goethe or at home

New selection of top films to be screened on two dates

By Eleni Philippou

"SHORT films are exciting, innovative, entertaining and full of surprises," says the Goethe-Institut Cyprus as it prepares a series of screenings. After Short Export, the Goethe-Institut Cyprus presents Kurz.Film.Tour, a different selection of short films that have been nominated for or awarded the German Short Film Award. The programme will be presented on July 14 and 20 both at the Goethe-Institut in Nicosia and online.

The physical screenings at Goethe will take place at FilmRaumGoethe - the newly renovated events hall of the Goethe-Institut in Nicosia - in a relaxed atmosphere of café and cinema, in a well-ventilated space. At the same time, viewers can enjoy the films online at home.

"The German Short Film Award is the most important and highly endowed award for short films in Germany," explains Goethe. "It has been awarded to outstanding short film productions since 1956." The films are in various languages though all are subtitled in English.

The programme consists of the following films:



lowing films:

Wir sprechen heute noch Deutsch (We Still Speak German Today): A young man (co-director Miguel Ferrás) recites sentences from the integration course Living in Germany while standing in front of changing backgrounds of German representation abroad. By Clara Winter and Miguel Ferrás, 16 mins
Hörst Du, Mutter? (Are You Listening, Mother?): A Kurdish woman is sentenced to six years house arrest in a Turkish village. However, her elder son cannot stop her from constantly crossing the invisible boundary of the shackles. By Tuna Kaptan, 20 mins
32-Rbit: Victor Orozco Ramirez animates disturbing and insane scenes

from the Internet with ghostly, surreal images. A voice-over tells of the promises of the virtual parallel world and the sobering realisation that not everything can be undone with CTRL+Z. By Victor Orozco Ramirez, 8 mins

Die letzten fünf Minuten der Welt (The Last Five Minutes of the World): The end of the world is imminent and instead of going to the supposedly safe bunker, a small, illustrious company arrives on a bench in front of a house to clear the air. By Jürgen Heimüller, 8 mins
Dorotchka: In a remote Siberian village where marriage is traditionally considered the highest happiness for women, lives 80-year-old Dorotchka. She is an archetypal babushka, always left alone. Sitting at the kitchen table, she reflects sharply and self-critically on love, remorse and loneliness. By Olga Delane, 20 mins

Short German Films

To watch the films contact kultur-nikosia@goethe.de to reserve your seat in the hall or request the password to tune in from home. July 14 and 22. At Goethe-Institut Nicosia. 8.30pm. Free. Tel: 22-674606

Rialto Summer Cinema continues with a story about a different kind of God

THE next screening in Rialto's Summer Cinema series at SEK parking lot behind the theatre will take place on Friday. The film to be shown is a multi-awarded fantasy dark comedy by Jaco Van Dormael, that is both hilarious and surreal and was nominated for a Golden Globe for Best Motion Picture - Foreign Language.

The Brand New Testament is about God, but probably a story unlike any other you have heard about him. This God lives in Brussels and He's a real scoundrel. A tyrannical force in the lives of the masses, He drinks, smokes and spends his time tormenting humanity. His younger daughter has had enough of her Father's abuse and decides to "come down" to earth and offer people a new way of living: A Brand New Testament.

In a 2015 French and Belgian production, the film is in both French and German and will be screened in its original languages (as all Rialto films are) accompanied by Greek and English subtitles.

Director Jaco Van Dormael has been in the film industry since the 80s with his films often focusing on a sympathetic portrayal of people with mental and physical disabilities. His third feature film *Mr. Nobody* (2009) won six Magritte Awards, including Best Film and Best Director. He began his career as a director of children's theatre plays. Today, he continues to be a theatre director as well as an opera director.

The Brand New Testament

French-Belgian film screening, July 10. SEK parking, behind Rialto Theatre, Limassol. Arrive by 8.45 pm the latest. €8 open-air / €16 drive-in. Tel: 7777-7745

The dance world returns...at a distance

SIMILAR to the rest of the arts and culture world that is picking up again after the lockdown, the local dance scene is warming up even though performances as we know them are yet to return to their full extent. Nonetheless, events, festivals and shows are on the horizon.

Dance House Lemesos will host the 11th Open House Festival of dance and performance on October 2-4 this year. "After the global cultural lockdown," says Dance House,

"we are back supporting the live performative experience! We promise to organise a festival programme that consists of works by both local and international artists and that will comply with all the safety measures." So far, the dates and promise to deliver are all the details we have about the festival's 11th edition but a programme is expected soon.

Also coming up in October is the No Body festival, happening at

a distance on October 24 and 25. Dance House Lefkosia and Dance Gate Lefkosia are now accepting entries for new or existing works. Taking into account the return to a certain normality as a result of the pandemic, the festival is branding itself as No Body Festival | At a Distance.

Until then, Dance House Lemesos is holding a dance event on Friday with the participants of the artistic residency programme Moving the New

2020, who will share the progress of their research by presenting material. This will be followed by a discussion and moderated feedback session between spectators and creators, which will be coordinated by the programme's mentor, Rodia Vomvolou. The purpose of First Look is the exchange and interaction between artists, their research process and the audience. Entrance is free with the event starting at 8.30pm but reservations are required so interested

viewers are advised to book via project@dance-houselemesos.com or 25 340618.

Amidst all this, Dance House also has recently held a call for people from various artistic, scientific and professional backgrounds to collaborate for one day, to work in duets and research on a topic of their choice for an event that will also be presented online.

The outcome of this collaboration will be presented as a digital per-



formance that will last 10 minutes maximum on July 18 or 25.

Dance House Lemesos
Tel: 25-340618, dance-house.com.cy

Cyprus Entertainment What's On

An homage to Bach

By Eleni Philippou · March 11, 2021 · 0 Comments · 36

a Teacher-Student concert will take place on the same afternoon where Tatiana Stupak School of Music's most talented students and teachers will present a concert of works by Bach, his family and contemporaries. A limited number of spectators will be able to enjoy this mini-festival as the current measures only allow up to 50 audience members in theatres so the organisers encourage those interested to book their tickets soon via the soldoutticketbox.com website.

4th Bach Birthday Festival

Teacher/Student concert of the Tatiana Stupak School of Music performing pieces by Bach, his family and his contemporaries. March 21. Markideio Theatre, Paphos. 3pm. €10.

www.soldoutticketbox.com



NEWSLETTER

22nd March 2021



Tatiana Stupack and Fabio Cavaggion impressed the audience with some fabulous performances of Bach masterpieces at The Fun of Bach on Sunday 21 March at the Markideion Theatre, along with supreme singer Anastasia Maximova and a wonderful group of students, all celebrating the birthday of JS Bach.

Feature

Artists in space

The 'dearMoon' project offers eight artists a place on SpaceX's Starship, the first civilian lunar orbital mission. **Alix Norman** meets the Limassol pianist hoping to secure a seat

TWO years from now, the world's first civilian lunar orbital mission will take place. SpaceX's rocket, Starship, will lift off and, roughly 48 hours later, circle the Moon. Aboard will be eight talented artists from around the world, set to perform – for the very first time – from space.

Space tourism is not a new idea. Between 2001 and 2009 seven space tourists flew to the International Space Station aboard a Russian Soyuz spacecraft brokered by Space Adventures at an estimated cost of \$20-25 million per trip. In 2019, NASA announced a similar collaboration with SpaceX, in which private astronauts could also journey to the ISS for a cool \$35,000 per day. So until now, a trip into space has been solely the purview of the super rich: billionaires with a burning ambition to break free of their earthly confines. But with the launch of dearMoon that will all change: the project is offering eight artists from around the world the trip of a lifetime on Starship, courtesy of Japanese billionaire Yusaku Maezawa.

The chief executive of Start Today Co and the man behind Japan's most successful e-commerce site, Zozotown, 42-year-old Maezawa clearly has a passion for the arts. He began life as a musician, a drummer with an



Japanese billionaire Yusaku Maezawa poses in a T-shirt with an image of Earth

indie punk rock band. And since amassing his fortune (estimated by Forbes at \$2.9 billion) he's pursued his passion, investing lavishly in works by Warhol, Basquiat and other record-breaking artists. So it's perhaps no surprise that the mogul has used his immense wealth to snap up eight tickets on Elon Musk's first civilian lunar orbital mission, and is offering those seats for free – under the dearMoon project – to artists and performers from around the world.

Hundreds, if not hundreds of thousands, have applied but just eight

talented exponents of the arts will, in 2023, take their place on Starship, there to perform for the world. And 35-year-old Limassol-based award-winning musician Tatiana Stupak – already through to round three of the five-stage selection process – hopes she will be among the chosen few.

An intrepid adventurer who delights in parachute jumps and hot air balloon flights, Tatiana is well-known for her feats of athletic and musical daring. She's played the keyboard both at the top Mount Elbrus and while submerged on the Mediterranean seabed; performed on the gusli (an ancient East Slavic multi-stringed instrument) atop Mount Kilimanjaro, and on the frozen ice of Siberia's Lake Baikal. In the coming months, she plans to climb Argentina's Aconcagua, there to claim the Guinness World Record for highest musical performance. But, should she be chosen to participate in the dearMoon project, she'll surpass all her previous

achievements!

"I'm already through to the third stage," Tatiana exclaims. "The first stage was to complete the application; having heard about dearMoon from a friend, I managed this just before the deadline! The second stage involved a lengthy questionnaire, including details of my background, age, talents, ideas and health. And in the third stage, which I will receive in just a few days, there will be a more specific assignment to complete..."

Quite what this third task might entail, Tatiana doesn't yet know. "But I'm very much looking forward to it!" she enthuses. "I have lots of ideas, and I very much hope the organising committee will look favourably on my application. If I pass, I will be on to the fourth stage" – a live interview – "and then the fifth, which will be a medical assessment in late May."

A qualified scuba diver and freediver, Tatiana is unconcerned about the medical checks – "I'm extremely healthy,"



she grins. Neither is she worried about her mindset: this talented young woman is bursting with life, enthusiasm and compassion – she's known island-wide for her work with local charities – as well as a desire to share the beauty of music with the world.

"And I think that's what the dearMoon project is all about," she says. "It's an opportunity for people all over the world to share in a unique artistic experience. Art of any sort – be it music, painting or dance – transcends language, and that means whatever the organisers choose to broadcast from the lunar pass will be accessible to all, uniting hundreds of thousands of people. Imagine being able to share the beauty of Beethoven's 'Moonlight Sonata' with the whole world, while you're actually seeing the Moon close up!"

The SpaceX mission will also fulfil one of Tatiana's own, more personal, dreams. "Going into space is something I've always wanted to do," she admits. "I've always

hoped that, in 20 or 30 years when space tourism becomes more common, and much cheaper, I might have a chance to go. But this is a much more immediate opportunity, and I'm thrilled just to be considered."

"Lastly," she concludes, "dearMoon would be a wonderful chance for me to celebrate my adopted homeland. I may have been born in Russia, but I've lived on the island for 13 years, and every time I climb a mountain or swim to the bottom of the sea, the flag of Cyprus goes with me! And it will go, again, if I become one of the artists aboard Starship; taking the flag of Cyprus will be a testament to the way arts help us shape and share our own experiences – the experiences of our country, of beauty, of hope, connection, and love which unite us all."

For information on the dearMoon project, visit <https://dearmoon.earth/>. For information on Tatiana, visit <http://tatiana-stupak.com/>



Spirit of adventure: Tatiana playing Gusli on the summit of Mt Kilimanjaro and free diving on the bed of the Mediterranean

Cyprus Life & Style

Cyprus musician hopes to play in space

By Alix Norman March 27, 2021 3 Comments 324

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The 'dearMoon' project offers eight artists a place on SpaceX's *Starship*, the first civilian lunar orbital mission. Alix Norman meets the Limassol pianist hoping to secure a seat

Two years from now, the world's first civilian lunar orbital mission will take place. SpaceX's rocket, *Starship*, will lift off and, roughly 48 hours later, circle the Moon. Aboard will be eight talented artists from around the world, set to perform – for the very first time – from space.

Space tourism is not a new idea. Between 2001 and 2009 seven space tourists flew to the International Space Station aboard a Russian Soyuz spacecraft brokered by Space Adventures at an estimated cost of \$20–25 million per trip. In 2019, NASA announced a similar collaboration with SpaceX, in which private astronauts could also journey to the ISS for a cool \$35,000 per day. So until now, a trip into space has been solely the purview of the super rich: billionaires with a burning ambition to break free of their earthly confines. But with the launch of dearMoon that will all change: the project is offering eight artists from around the world the trip of a lifetime on *Starship*, courtesy of Japanese billionaire Yusaku Maezawa.



Japanese billionaire Yusaku Maezawa

The chief executive of Start Today Co and the man behind Japan's most successful e-commerce site, Zozotown, 42-year-old Maezawa clearly has a passion for the arts. He began life as a musician, a drummer with an indie punk rock band. And since amassing his fortune (estimated by Forbes at \$2.9 billion) he's pursued his passion, investing lavishly in works by Warhol, Basquiat and other record-breaking artists. So

it's perhaps no surprise that the mogul has used his immense wealth to snap up eight tickets on Elon Musk's first civilian lunar orbital mission, and is offering those seats for free – under the dearMoon project – to artists and performers from around the world.

Hundreds, if not hundreds of thousands, have applied but just eight talented exponents of the arts will, in 2023, take their place on *Starship*, there to perform for the world. And 35-year-old Limassol-based award-winning musician Tatiana Stupak – already through to round three of the five-stage selection process – hopes she will be among the chosen few.

An intrepid adventurer who delights in parachute jumps and hot air balloon flights, Tatiana is well-known for her feats of athletic and musical daring. She's played the keyboard both at the top Mount Elbrus and while submerged on the Mediterranean seabed; performed on the gusli (an ancient East Slavic multi-stringed instrument) atop Mount Kilimanjaro, and on the frozen ice of Siberia's Lake Baikal. In the coming months, she plans to climb Argentina's Aconcagua, there to claim the Guinness World Record for highest musical performance. But, should she be chosen to participate in the dearMoon project, she'll surpass all her previous achievements!

"I'm already through to the third stage," Tatiana exclaims. "The first stage was to complete the application; having heard about dearMoon from a friend, I managed this just before the deadline! The second stage involved a lengthy questionnaire, including details of my background, age, talents, ideas and health. And in the third stage, which I will receive in just a few days, there will be a more specific assignment to complete..."

Quite what this third task might entail, Tatiana doesn't yet know. "But I'm very much looking forward to it!" she enthuses. "I have lots of ideas, and I very much hope the organising committee will look favourably on my application. If I pass, I will be on to the fourth stage" – a live interview – "and then the fifth, which will be a medical assessment in late May."

A qualified scuba diver and freediver, Tatiana is unconcerned about the medical checks – "I'm extremely healthy," she grins. Neither is she worried about her mindset: this talented young woman is bursting with life, enthusiasm and compassion – she's known island-wide for her work with local charities – as well as a desire to share the beauty of music with the world.

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Tatiana free diving in the Mediterranean last year

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For information on the dearMoon project, visit <https://dearmoon.earth/>
For information on Tatiana, visit <http://tatianastupak.com/>



Tatiana Stupak

Whatson

From classical to modern, with cello and piano

Planned concert to bring old and new to Limassol stage

By Eleni Philippou

IT IS slightly peculiar to report on upcoming events while there is a lockdown in place with the future still a little uncertain. Yet many of us have somehow gotten the hang of this and in order to remain optimistic and excited about life, we can only look at the events that are scheduled to happen and hope for the best. As soon as the current lockdown is lifted Russian pianist Tatiana Stupak, Italian cellist Fabio Cavaggion and violinist Olivera Rialas will stage a concert at Limassol's Rialto Theatre.

Titled *From Classical to Modern, with Cello & Piano*, the concert is set to take place on Wednesday, May 12 at 7.30pm with the musicians performing well-known classical and modern popular works.

The classical programme of music will include works by Piazzolla *Oblivion*, Saint-Saëns (*The Swan* from *Carnival of the Animals*) and some mostly romantic era piano solos by the Limassol composer David Pentecost (three Nocturnes,



two Etudes, a Reverie, a Waltz and an arrangement of a Bach Prelude).

The violin and piano music will include Vittorio Monti's *Czardas* and Elgar's *Salut d'Amour* while the modern popular works will be arrangements by Fabio Cavaggion, one called *Meet Somebody* and the theme from *The Pink Panther*. There will also be some well-known works played on the xylo-phone, with piano accompaniment. The concert will last 75 minutes, ending just in time for the 9pm curfew



– should that remain in place until then – yet the three musicians are eager to bring their art together and merge classical and modern sounds on the stage.

After a successful career playing with orchestras around the world, Cavaggion decided to try something different. He continued taking part in music events but in places where he would play for different audience, not only for people in large arenas but 'everyone.' He chose to play in the streets of Rome with the aspiration to

inspire more people to turn towards the art of music and theatre.

From Belgrade, Rialas is now a teacher at the Tatiana Stupak school of music.

From Classical to Modern, with Cello and Piano

Concert with Russian pianist Tatiana Stupak, Italian cellist Fabio Cavaggion, and violinist Olivera Rialas. May 12. Rialto Theatre, Limassol. 7.30pm. €15. Tickets via the Rialto website. rialto.interticket.com

Whatson

Pianist Tatiana Stupak is joined by friends for three Rialto shows

RUSSIAN pianist Tatiana Stupak has been holding charity concerts in Limassol to celebrate her birthday in June since 2016. This year, because of Covid restrictions on audience numbers, she will hold concerts on three successive evenings, for an audience limit of 284 people each evening at the Rialto Theatre, on Wednesday 9; Thursday 10 and Friday 11 of June. Each evening will welcome new guest musicians under a different musical theme.

Starting the three-day concert series on June 9, Tatiana will accompany the mezzo-so-

prano singer Anastasia Maximova, in a programme of well-known music, including some operatic arias. Maximova is an opera singer though she is also well known as a songwriter, including pop songs and as a film composer. The singer is also a founder and art director of the first Russian interactive opera theatre Midnight Opera, where the soloists involve the audience to take part in the opera performance. She has performed in concerts all over Russia and in European countries from Italy, France and England to Greece, Estonia, and of



course, Cyprus.

The following evening will be dedicated to string instruments with Tatiana and violinist Olivera Rialas and Italian cellist Fabio Cavaggion. Both musicians have had lengthy careers performing abroad, from New York Halls to Rome's theatre and have now relocated to Cyprus.

The final concert of the series will feature emerging musicians as the students of the Tatiana Stupak School of Music will take the Rialto Theatre stage for an evening of music on various instruments. Continuing

the theme of Tatiana's annual birthday charity concerts, the net proceeds of these three evenings will be given to the Holy Temple of the Archangel Michael & the Chapel of St Matrona Monovolikos, Limassol.

Tatiana Stupak and Friends

2021
Charity concerts with pianist Tatiana Stupak accompanying fellow musicians. June 9, 10 and 11. Rialto Theatre, Limassol. 7.30pm. €15. Tickets from the theatre's box office (not on the day) and online at <https://rialto.interticket.com>

Rialto Theatre
Limassol

June 9, 2021
Wednesday, 7:30pm

Vocal Evening



Anastasia Maximova
Soprano

TATIANA STUPAK

& friends present

three Charity Concerts

June 10, 2021 Thursday, 7:30pm

String Evening



Olivera Rialas
Violin



Fabio Cavaggion
Cello

June 11, 2021
Friday, 7:30pm

Students' Annual Concert



Net proceeds will be given to The Holy Temple of Archangel Michael & Chapel of St. Matrona Monovolikos

Tickets: €15
rialto.interticket.com

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Watson

First ever concert at Marina Helipad

LOCATED at Limassol's luxurious seafloor is the Marina Helipad, an outdoor venue with exquisite panoramic views. It's not often that anyone can visit the Helipad area and look out onto the horizon yet a concert that is coming up this September is offering audiences a unique opportunity, all while raising money for charity.

The Music from the Heart concert on September 22 is organised by K.Y.F.A., a centre supporting families, and especially women with children affected by HIV/AIDS. Every year they coordinate charity events to assist those in need all over the island and this summer they have teamed up with classical pianist Tatiana Stupak to arrange the first-ever concert at the Limassol Marina Helipad.

Under the auspices of the First Lady, Andri Anastasiades, who is

also the Honorable President of K.Y.F.A., the open-air concert will feature musicians from Cyprus, Italy, Russia and Serbia. Joining Tatiana are mezzo-soprano Anastasia Maximova, saxophonist Ekaterina Parpouna, violinist Olivera Rialas, cellist Fabio Cavaggon and the tenor singer Teodoro DeCastillo.

Lasting about one and a half hours with no interval, the evening's music will mostly include popular classical although some well-known modern music will be included with some surprise arrangements by Cavaggon.

The event will begin at 8pm and the audience will be driven to the Helipad, where there will be seating provided for 300 guests. There, guests will enjoy a glass of prosecco that is included in the €25 ticket, and while waiting for the

concert to begin at 9pm, audiences can have their photo taken on the red carpet, as they enter if they wish.

Music from the Heart
Charity concert organised by K.Y.F.A. helping those suffering with HIV/AIDS. Performing musicians are Tatiana Stupak, Anastasia Maximova, Ekaterina Parpouna, Olivera Rialas, Fabio Cavaggon, and singer Teodoro DeCastillo. September 22. Marina Helipad area, Limassol. Reception at 7pm, concert at 8pm. €25. Tickets available for collection from: The Tatiana Stupak School of Music, Athanasiou Christopoulou 9, Limassol, 4002 (Tel: 99-140240) and K.Y.F.A. Offices at Archiepiskopou Leontiou, The Old Hospital, 3311, Limassol (Tel: 99-575074)



Feature

A pensioner based in Limassol has put technology through its paces to produce his first CD, performed by a local pianist. **Alix Norman** meets him

Using skills old and new

IN MAY, David Pentecost turned 81. It's an age when most are settling into a more gentle life. But David – a retired IT expert and cancer survivor – is ramping things up, using skills old and new to release his very first classical piano album.

"I've always loved music," says the Limassol resident. "I started playing the piano at age five or six; it drew me. The whole point of music is to stir the emotions, and that's just what a piano is made for – unlike most other instruments, you have the option to play eight or 10 notes at a time, creating a richer, fuller sound. As a career, however, music was never on the cards. My family were very supportive, but I never felt I was good enough to be a professional pianist. So instead, I pursued my second passion: computers."

"Back in the late 50s, when I was applying for college, computers were just becoming a thing," he recalls. "And as there are more than a few parallels between music and computing – they share a mathemat-

ical element; require a lot of patience, and are both exacting: programme one comma in the wrong place and the whole system blows up; add one wrong note to your composition and the whole tune is off – I decided to pursue information technology."

David began his career in 1962 as a programmer, working for the Elliot Brothers computer firm. And over the years, he rose through the ranks, becoming a senior programmer, a systems analyst, and eventually an information technology consultant, working with law firms nationwide.

"But music was always in the background," he adds. "I continued to play for myself every day. And, on my retirement, I began composing. It was something I'd done since I was a teenager, though writing music by hand is incredibly tedious and time-consuming," he acknowledges. "But just as I was retiring, technology developed to such an extent that you could compose music directly from your electronic keyboard onto a computer. Suddenly, worlds opened up to me!"

At the age of 60, David began using his technological skills to write his own music, working from keyboard to computer. He continued to compose on his move to Cyprus in 2004 and, in his late sixties, set up both the Limassol and Paphos Piano Circles, featuring local pianists. "The Circles ran for several years," David continues. "They've since disbanded, but I'll be forever grateful because, through those gatherings, I met Tatiana Stupak."

Invited to play at the Limassol Piano Circle, Tatiana was a young piano prodigy who had just completed her training at St Petersburg Conservatory. "At that time, she had no idea how to make use of her incredible talent, and was working in a bank!" says David. "But such a gift deserved a

much bigger audience, so I took it upon myself to bring her playing to the wider public."

Today, thanks in large part to David's support, Tatiana is amongst the island's best-known pianists, and is regularly booked for prestigious concerts. But the duo's collaboration remains

David Pentecost," he explains. "Because Tatiana recorded all but one of my compositions. The final track I managed to play myself – but it's not easy at this age, with arthritic fingers, to play my own compositions!"

The 17 tracks are "in the style of the roman-

ing studio. So I brushed up on my IT skills, bought myself a sound recorder, and taught myself how to record music, how to edit recordings, how to master each track, and how to put them into a format suitable for CD release."

Working hand-in-hand with Tatiana, David completed four recording sessions between autumn 2020 and spring 2021, and the resulting album was launched on September 22: a delightful testament to a longstanding passion. "In a way," he muses, "I can hardly believe I've composed and released an entire album! It's not something you expect from an 81-year-old," he laughs.

Although David acknowledges the album was produced "mostly for posterity, for the next generation; even the record label I set up to launch the album is in Tatiana's name, not mine, because she'll be around long after I'm gone," it's still quite an achievement.

"I feel that everything came together at the right time: my lifelong love of music, my co-operation with a bright young talent, and my decades in the world of information technology. A career in computers may not seem terribly exciting," he concludes, "but those skills are ultimately what enabled me to compose, produce, and release my very own album. All at the ripe old age of 81!"

To purchase the album, or listen to excerpts from each track, visit www.stupakrecords.com



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It's an album, he notes, that would not have been possible without a good dose of computer expertise. "Most composers simply write," he reveals, "and leave everything else to the tech experts. But, during lockdown, that wasn't possible – at the age of 81, there was no way I could be in a busy studio with a full team all day."

Instead, David decided to do everything himself. "The Pasticcio Theatre in Limassol, though closed for performances, was able to open as a record-



David at the piano and (above) with Tatiana Stupak

October 9, 2021

Cyprus Life & Style

Elderly composer uses skills old and new

By Alix Norman | October 9, 2021 | 1 Comment | 247

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A pensioner based in Limassol has put technology through its paces to produce his first CD. Alix Norman meets him

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To purchase the album, or listen to excerpts from each track, visit stupakrecords.com



DECEMBER 23, 2021 • BY GLOBAL WOMAN MAGAZINE • 0 COMMENTS • LIKES

Tatiana Stupak: The Musical Talent Who Performed on Mt. Kilimanjaro, Mt. Elbrus and Frozen Lake Baikal

Gifted with musical talent, Tatiana Stupak began her musical journey at the young age of 5, learning the piano before progressing as a soloist, accompanist and as a music teacher. Combining her passion for music with her love for mountaineering, the musical talent is thought to be the first person to play a keyboard on the summit of Europe's highest peak, Mt. Elbrus, and the first to play the Russian gusli at the top of Africa's highest peak, Mt. Kilimanjaro. The musical genius founded the Tatiana Stupak School, a small piece of her musical expression given back to her community, where students can excel in their music career, take part in public concerts and experience the feeling of performing in front of crowds.

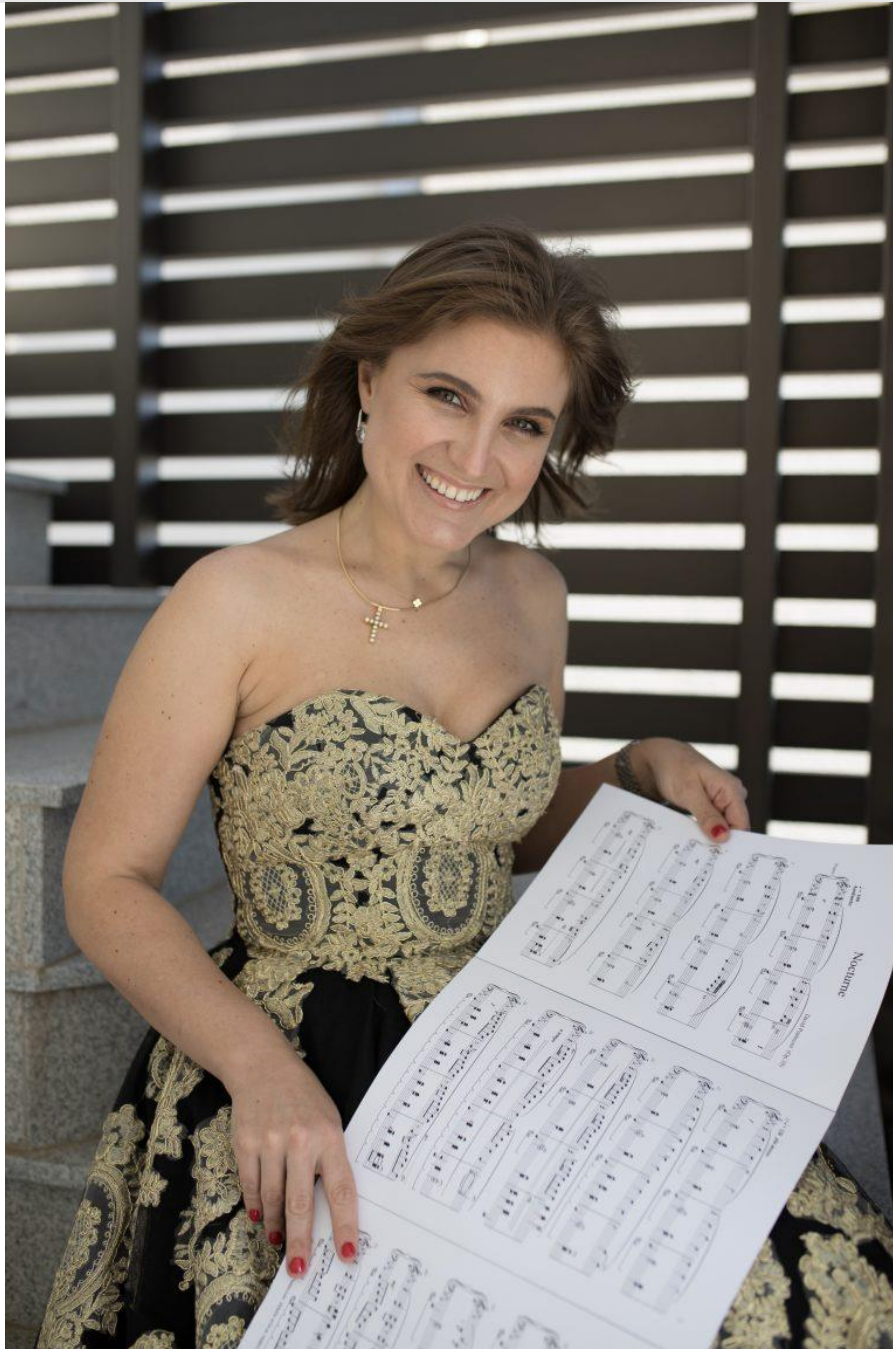
You grew up in St. Petersburg, a Russian port city on the Baltic Sea, what can you tell us about growing up in Russia? What was your childhood like?

I was lucky to be born in St Petersburg because it is such a cultural city. During childhood, I visited many cultural institutions, such as the Mariinsky Theatre. I had the opportunity to listen to great musicians who came from all over the world to play in concerts. I didn't have an ordinary childhood like everyone else. My day started with five hours of school, piano practice and studying music. After that, I had hours of homework resulting from that day's lessons – every day except for Sundays. On Sundays, I was able to take a stroll in the park and grab some fresh air in a park or take part in some cultural activity.

I always longed for the summer holidays, when I travelled to live with my grandmother in her house near the Black Sea. She had a piano, and every day I had a minimum of two hours of piano practice. There, I was also able to make friends with the local young people of my age, and spend such joyful times with them. In St Petersburg, I did not have any real friends. The children around me were just my fellow students, and we were always in competition with each other to be the best.

At the early age of five, you had started learning the piano when you were at the Special School of the Rimsky-Korsakov State Conservatory in St. Petersburg. It's evident that the music gene runs in your blood, what was it about the piano that attracted you to it and made it special?

When I was two years old, my father bought a piano – in the former Soviet Union, it was prestigious for a family to have a piano at home. Nothing special attracted me to playing the piano – I just learned when I later started to have lessons, that I had the talent to play.



Aside from being a successful and highly influential pianist, you're also a qualified soloist, an accompanist, and a music teacher. In 2018, you founded the first Russian music school in Cyprus, the Tatiana Stupak School of Music which is a music and educational centre. What was the inspiration behind this new adventure?

I do not have many good memories of my childhood education in St Petersburg. Nevertheless, I wanted to make use of what I had learnt, especially my music teaching qualification. I wanted my school to be different from the St Petersburg music schools. I want my students to have a positive and enjoyable experience of music, without any stress. I want them to have fun with music. The students learn in a less institutional way at my school, and without the stress which I experienced. The knowledge of music which I gained in St Petersburg is rarely found in Cyprus, and I am happy to share it with my students.

It's very clear that you have made your mark and your legacy within your field, from winning the award for Russian Cultural Woman of the Year in Cyprus, gaining a diploma for music as one of '20 successful people of the Republic of Cyprus' and most recently, winning the Cyprus Russian Business Association's Business award as Best Business Inspirational Woman of the Year, 2021. What does it mean for you as a female musician to be recognised on such a large scale?

I have worked very hard for what I have achieved in Cyprus, and I am delighted that people appreciate what I do, both performing at music events and teaching in my school. I want to keep improving.



You've been living in Cyprus since 2007, how did you first navigate a new environment and culture that's very different from Russia? What's your favourite thing about Cyprus?

I found it difficult at first to accept some aspects of life in Cyprus, which are so different from those in the former Soviet Union, but I grew to love them. People are more positive here, and of course, there is good weather without the bitterly cold winters of St. Petersburg. I love the sun, the sea and the friendly people.

You've led a truly impressive professional life with many accomplishments, awards, and diplomas, can you tell us what your proudest achievement has been thus far in your career?

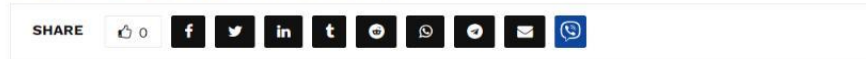
My proudest moments are when my students receive their music exam diplomas from the Associated Board of the Royal Schools of Music, or from Trinity College, both in the United Kingdom. It is especially rewarding when they achieve high marks. I am also very pleased to have organised public concerts, many of which have been for charitable causes, and especially my birthday charity concerts every June.

Favourite song of 2021?

My favourite piece of music from 2021 is a new composition for violin and piano, written by the British composer, David Pentecost, who lives in Cyprus: it is his Opus 56, called Poème.

From classical to improvisation

By Eleni Philippou • February 14, 2022 • 0 Comments • 253



A piano recital scheduled for Wednesday in Paphos with Tatiana Stupak and Andrey Pronin has changed its line-up after one of the musicians tested positive for Covid. Pianist Andrey was to fly from Russia specifically for this concert but due to Covid now he can't. But the concert will still go ahead with more musicians added to the programme!

The evening will still feature four hands on the piano and taking Andrey's place is Cypriot pianist Michael Hillides who will join Tatiana Stupak in a programme that will include works by Mozart, Brahms and Debussy for four hands.

The programme will also be enriched with the participation of saxophonist Katerina Parpouna who will play Aria by Eugene Bozza, Invierno Porteño by Astor Piazzolla and more. Some well-known melodies will also be played by the Italian cellist Fabio Cavaggion such as Libertango, Bolero, Stairway to Heaven, the theme from the Pink Panther film, Meet Somebody and Bach's Prelude No.1. All accompanied by Stupak.

4-Hands Piano Recital

Tatiana Stupak and Michael Hillides in concert, accompanied by saxophonist Katerina Parpouna and Italian cellist Fabio Cavaggion. February 16. Markideio Theatre, Paphos. 7.30pm. Tickets must be purchased in advance.

€20. www.rialto.interticket.com, info@technopolis20.com. Tel: 7000-2420

Organ concert coming up in Limassol

By Eleni Philippou • March 24, 2022 • 0 Comments • 62



The Tatiana Stupak School of Music is presenting another organ concert at St Catherine's Church on Limassol's sea front on March 30 with Stupak on the organ accompanied by violinist Olivera Rialas, vocalist Natalia Kriventsova and a special guest Dusan Stojanovic.

Stojanovic is the principal cellist in the Symphony Orchestra of Radio-Television, Serbia and will fly from Belgrade for this concert. Part of the evening's repertoire is music by Bach, specifically a Gigue, Sarabanda and Arioso, as well as Vivaldi's Cello Sonata No.5 – movements 1 & 2.

Accompanying the four musicians on stage will also be some students of the music school who will play solo organ. Natalia Kriventsova will sing songs by Handel, Bononcini and Beethoven while the school choir will sing the English version of Beethoven's Ode to Joy, from his 9th Symphony.

While in Limassol, Stojanovic will rehearse with Stupak and Rialas for two concerts which they will give in Belgrade on April 21 and 23 at the Historical Museum of Serbia and at the Guanerius Arts Centre respectively.

Organ Concert

With Tatiana Stupak, Olivera Rialas, Natalia Kriventsova and Dusan Stojanovic. March 30. St Catherine's Church, Limassol. 8pm. €10. Tel: 99-140240

Concerts in Belgrade, April 2022

<https://www.musicpocket.org/koncerti-klasicne-muzike-u-beogradu-20-i-21-aprila-madlenianum-kolarac-istorijski-muzej-srbije-bioskop-balkan/>



TATIANA STUPAK

– 21.04. Istorijski muzej Srbije

Koncert povodom predstojećeg obeležavanja **22. aprila – Dana sećanja na žrtve holokausta, genocida i drugih žrtava fašizma u Drugom svetskom ratu**, održaće u četvrtak, 21.04. – **Tatiana Stupak**, pijanistkinja sa **Kipra**, i gostujući muzičari: violinistkinja **Olivera Rialas** i violončelista **Dušan Stojanović** u **Galeriji Istorijaskog muzeja Srbije**, koji je i organizator uz udruženje „UNICA ART”.

U pitanju je **14. koncert** klasične i popularne muzike u okviru druge sezone ciklusa „**Muzikom kroz muzej**”, pod pokroviteljstvom Ministarstva za kulturu i informisanje Republike Srbije i Sekretarijata za kulturu grada Beograda.

U okviru programa biće premijerno u Srbiji izvedene kompozicije britanskog kompozitora **Dejvida**

Pentkosta, kao i dela **Johana Sebastijana Baha**, filmskog kompozitora **Džona Vilijamsa** (muzika iz filma „**Šindlerova lista**” (1993) **Stivena Spilberga**), **Dimitrija Šostakoviča** i **Astora Pijacole**.

Specifičnost koncerata u okviru ciklusa „Muzikom kroz muzej” je i izvođenje po jedne numere iznenađenja od srpskih kompozitora iz muzičke arhivske građe Istorijaskog muzeja Srbije i ove večeri će to biti **Mikino kolo za violinu, violončelo i klavir**.



CIKLUS KONCERATA

Četvrtak, 21. april 2022.

u 18.00 časova

Galerija Istorijaskog muzeja Srbije

TATIANA STUPAK, klavir

OLIVERA RIALAS, violina

DUŠAN STOJANOVIĆ, violončelo

Dejvid Pentekost (1940) je britanski kompozitor koji od **2007.** godine živi na Kipru. Komponovao je veći broj dela, najviše za klavir. Na ovom koncertu se kompozicije ovog 82-godišnjeg autora prvi put izvode u Srbiji.

Pijanistkinja **Tatiana Stupak** je muzičko obrazovanje stekla u **St. Petersburgu (Rusija)** u specijalnoj školi pri državnom konzervatorijumu **Rimski-Korsakov**, na kome je kasnije i nastavila studije, a tokom pandemije, od 2020. je započela usavršavanje i na **Moskovskom konzervatorijumu**.

Dobitnica je više međunarodnih nagrada kao pijanistkinja i orguljašica.

Od 2007. godine je stalno nastanjena na Kipru gde je do sada učestvovala na više od stotinu javnih nastupa, na klaviru i orguljama, kao solista i klavirski saradnik. Većina nastupa je bila u njenoj organizaciji, a mnogi su imali i humanitarni karakter.

Godine 2018. je dobila nagradu za „**Ruskinju godine u kulturi na Kipru**”, a 2020. godine priznanje „**20 najuspešnijih ljudi na Kipru**” u oblasti muzike. Osnivač je prve **Ruske muzičke škole** na Kipru – **Tatiana Stupak School of Music**.

Violinistkinja **Olivera Rialas** diplomirala je na FMU u Beogradu i onda je nastavila usavršavanje u **Budimpešti** na **Franc List akademiji**.

Po završetku studija je radila kao profesor violine na Muzičkoj akademiji u Nišu.

Olivera je nastavila uspešnu izvođačku karijeru po **Evropi, Kini i Americi**.

Karijeru nastavlja na **Kipru, od 2010.** godine, gde nastupa u mnogim ansamblima, a takođe je produžila i svoj pedagoški rad.

Dobitnik je počasnog doktorata **Instituta Roma, 2022.** godine, za angažovanje u vaspitanju dece za izvođačku umetnost.

Violončelista **Dušan Stojanović** je diplomirao na Fakultetu muzičkih umetnosti u Beogradu, a stekao je diplomu **Koncertanta na konzervatorijumu u Šafhauzenu u Švajcarskoj**.

Beogradu, a stekao je diplomu **Koncertanta na konzervatorijumu u Šafhauzenu u Švajcarskoj**.

Dugogodišnji je član kamernog ansambla **Beogradski gudački kvartet**, a takođe je i prvi čelista i solista **Kraljevskih gudača Sv. Đorđa**.

Pojavljuje se kao solista na CD-u diskografske kuće **Mascom**, a izdaje i dva CD-a sa kompozicijama za violončelo i klavir srpskih i francuskih kompozitora.

Dušan Stojanović je od 2001. godine stalno zaposlen kao vođa deonice violončela i solo-čelista **Simfonijskog orkestra**.



Muzikom kroz muzej: Tatiana Stupak

Ciklus koncerata „Muzikom kroz muzej”: Tatiana Stupak i gosti

👤 Ah Neša 🕒 18. april 2022. 📁 Klasika, TV i online program 💬 Postavite komentar

Pijanistkinja Tatiana Stupak sa gostima održaće koncert u okviru ciklusa „Muzikom kroz muzej” u Istorijском muzeju Srbije (Trg Nikole Pašića 11).

U četvrtak, 21. aprila 2022. od 19.00, biće organizovan koncert klasične i popularne muzike u okviru druge sezone ciklusa „Muzikom kroz muzej”, koji se realizuje pod pokroviteljstvom Ministarstva za kulturu i informisanje Republike Srbije i Sekretarijata za kulturu grada Beograda.

Ovaj koncert održaće se povodom predstojećeg obeležavanja 22. aprila – Dana sećanja na žrtve holokausta, genocida i drugih žrtava fašizma u Drugom svetskom ratu.

U okviru programa, **Tatiana Stupak** i njeni gosti, violinistkinja **Olivera Rialas** i violončelista **Dušan Stojanović**, po prvi put u Srbiji izvešće kompozicije britanskog kompozitora Dejvida Pentkosta, ali i dela Johana Sebastijana Baha, Džona Vilijamsa, Dimitrija Šostakoviča i Astora Pijacole.

Osobenost koncerata u okviru ciklusa „Muzikom kroz muzej” je i izvođenje po jedne numere iznenađenja od srpskih kompozitora iz muzičke arhivske građe Istorijского muzeja Srbije.



18:00 Muzikom kroz muzej: Tatiana Stupak, BG

Istorijski muzej Srbije, Trg Nikole Pašića 11, Beograd

Ciklus: **Muzikom kroz muzej**

Dan sećanja na žrtve holokausta, genocida i drugih žrtava fašizma u Drugom svetskom ratu (22. april)

TATIANA STUPAK (Kipar) - klavir

gostujući muzičari: **Olivera Rialas** - violina, **Dušan Stojanović** - violončelo

program: Dejvid Pentekost, Johan Sebastijan Bah, Džon Vilijams, Dimitrij Šostakovič, Astor Pijacola + jedna numera iznenađenja od srpskih kompozitora iz muzičke arhivske građe Istorijskog muzeja Srbije

organizacija: Istorijski muzej Srbije i udruženje Unica Art

Istorijski Muzej Srbije | Facebook

250 din

<http://imus.org.rs>

Report of 21st April 2022 Concert in Belgrade



Datum: 22.04.2022

Novina: Politika -
Beograd

Autor: N.N.

Naslov: "Музиком кроз музеј" -
сећање на жртве Холокауста
Strana: 16

Rubrika: Beogradska hronika
Tema: Istorijski muzej Srbije



„Музиком кроз музеј” – сећање на жртве Холокауста

Поводом обележавања 22. априла – Дана сећања на жртве Холокауста, геноцида и друге жртве фашизма у Другом светском рату, у Историјском музеју Србије наступили су пијанисткиња Татиана Ступак, са Кипра, и гостујући уметници – виолинисткиња Оливера Риалас и виолончелиста Душан Стојановић. За ову прилику први пут у Србији изведена су дела британског композитора Дејвида Пенткоста. На репертоару су биле и композиције Баха, Вилијамса, Шостаковича и Пјацоле. Концерт је део циклуса „Музиком кроз музеј” коју ова културна установа на Тргу Николе Пашића организује са Удружењем „Уника арт”. А. К.

Tatiana's Annual Birthday Charity Concert.

At Kolossi Castle, 10th June 2022

CyprusMail

Established 1945

CYPRUS MAIL Wednesday, June 8, 2022

PAGE 25

A MUSICAL summer evening at Kolossi Castle is being put on by NGO KYFA (Kentron Ypostirixis Foreon Aids) to support families, and especially women with children, who have been affected by HIV/AIDS. This year they are putting together an exciting concert with the talented pianist Tatiana Stupak for a special evening held under the auspices of the First Lady Andri Anastasiades.

The NGO's support centre is run on a volunteer basis and is the only agency in Cyprus solely dedicated to providing support, education, information and social services to people affected by HIV/AIDS.

On June 10 KYFA turns to music for a charity concert. Stupak is arranging an incredible musical programme for an extraordinary evening open-air concert. Along with guest musicians and a carefully selected repertoire, the evening will bring together music and the antique ethos of Kolossi castle. She has invited some very talented musicians from Cyprus, Russia and Serbia to join her for the evening. Violinist Olivera Ri-

alas, cellist Dušan Stojanovic, soprano opera singer Ester Kandinova, tenor Antonios Koutroupis and The Trio Triptych with piano, violin and cello will all take the stage to perform popular classical music.

Famous songs and Italian operatic arias and compositions by Frédéric Chopin, Sergei Rachmaninov, Astor Piazzolla and David Pente-cost among others will be presented. Music will not be the only highlight of the evening, however. As audience members arrive at Kolossi at 18:30, they can have their photo taken on the red carpet and enjoy some wine and finger food in the one-hour reception before the concert begins. At 19:30 the live performances begin.

Music through the Ages
Charity concert by K.Y.F.A. with Tatiana Stupak and invited musicians. June 10. Ancient Castle of Kolossi, Limassol. Reception 18:30 concert 19:30. Tickets: €30, including wine and finger food www.tickethour.com.cy. Tel: 99-140240, 99-575074

Concert presents music through the ages



From the Cyprus Russian Stil Gizni Magazine, No.35, June 2022,
about the concert at Kolossi Castle on 10th June 2022



МУЗЫКА СКВОЗЬ ВЕКА

Удивительный концерт в средневековом замке Колосси под эгидой Первой Леди Кипра прошёл с огромным успехом в пятницу 10 июня 2022.

300 счастливых слушателей насладились превосходной программой на освещенной площадке сада замка, с красной ковровой дорожкой и фуршетом. В очень романтической обстановке, с ярко освещенными стенами замка прошёл ежегодный благотворительный концерт, который давала пианистка, Татьяна Ступак — «Музыка сквозь века».

К Ступак присоединились ее профессиональные музыканты друзья из разных стран — оперная дива Эстер Кандинова (сопрано), Др. Оливера Риалас (скрипка), первая виолончель Белграда Душан Стоянович и тенор Антониус Кутрупис, некоторые специально прилетели для этого вечера.

Концерт состоялся благодаря щедрости спонсоров, Господина Игоря Джигора, компании Max-Sports и Wimbledon Park. А также помощи компании «Муж на час».



From Phileleftheros
29th September 2022
About Tatiana's climb in Iran
to the summit of Mt. Damavand

Ο ΦΙΛΕΛΕΥΘΕΡΟΣ
ΗΜΕΡΗΣΙΑ ΕΦΗΜΕΡΙΔΑ ΣΤΗΝ ΥΠΗΡΕΣΙΑ ΤΟΥ ΚΥΠΡΙΑΚΟΥ ΛΑΟΥ
ΙΔΡΥΤΗΣ ΝΙΚΟΣ ΧΡ. ΠΑΤΤΙΧΗΣ www.philenews.com ΠΕΜΠΤΗ 29 ΣΕΠΤΕΜΒΡΙΟΥ 2022 - ΕΤΟΣ 67 - ΑΡ. ΤΕΥΧΟΥΣ 22562 - €1,20



► Η Κύπρια πιανίστα, Τατιάνα Στουπάκ, διεκδικεί ρεκόρ Γκίνες, ως η πρώτη που έπαιξε μουσική με το σλαβικό πολύχορδο όργανο gusli σε τέτοιο ύψος

Αντιμετώπισαν την ασθένεια του βουνού, τις χαμηλές θερμοκρασίες, τα δηλητηριώδη αέρια...

ΣΤΟ ΠΙΟ ΨΗΛΟ ΗΦΑΙΣΤΕΙΟ

Ανέβηκε στην κορυφή του Ιράν η Κύπρος

Ομάδα ορειβατών με την κυπριακή σημαία ανέβηκε στα 5.671 μέτρα ανενεργού ηφαιστείου στο Ιράν, προσπερνώντας τα τοξικά αέρια και τους μείον 17 βαθμούς Κελσίου.



(Page 13 from the same newspaper
is shown on the next page)

Ομάδα ορειβατών ανέβηκε τα 5.671 μέτρα, παρά τα τοξικά αέρια και τους -17 °C

Στην κορυφή ηφαιστείου στο Ιράν η Κύπρος

Της Δέσποινας Ψύλλου

Μια μοναδική εμπειρία βίωσαν ορειβάτες που ανέβηκαν ως την κορυφή του ανενεργού ηφαιστείου Νταμαβάντ στο Ιράν, ανεβάζοντας την κυπριακή σημαία στα 5.671 μέτρα. Πρόκειται για μια ομάδα εν- νέα άγνωστων μεταξύ τους ανθρώπων, έξι Κύπριων και τριών Ρώσων, τους οποί- ους ένωσε η αγάπη τους

για την περιπέτεια. Όπως σημείωσε στον «Φ» η Κύπρια πιανίστα, Τατιάνα Στουπάκ, η ομάδα έπρεπε να ξεπεράσει τις προκλή- σεις της διαδρομής και του μεγάλου υψόμετρου, μετάξι των οποίων τα το- ξικά αέρια και οι χαμηλές θερμοκρασίες. Σημείωσε

πως η ίδια έκανε αυτή την αναβάση καθώς επιδιώκει να κατακτήσει το ρεκόρ Γκίνες, ως το πρώτο άτομο που έπαιξε μια μουσική σύνθεση με το αλα- βικό πολύχορδο όργανο gusli σε τέτοιο ύψος.

Συγκεκριμένα, η Τατιάνα Στουπάκ ανέφερε ότι την αποστολή της Κύπρου συντάσσει ο οδηγός βουνού Σεργκέι Μπρόσεβαν, με στόχο η ομάδα να φτά- σει στο βουνό Νταμαβάντ του Ιράν, το οποίο αποτελεί το ψηλότερο ηφαιστεια- της Μέσης Ανατολής. «Αναχωρήσαμε από την Κύπρο στις 17 Σεπτεμβρίου και

φτάσαμε στην Τεχεράνη. Την επομένη ξεκινήσαμε για ένα άλλο μικρότερο βουνό, ύψους 3.500 μέτρων», είπε και πρόσθεσε ότι ήταν ως προπόνηση για το Νταμαβάντ. «Όταν λάβαμε άδεια για την ανάβαση στις 21 Σεπτεμβρίου, επιβιβαστήκαμε σε οχήματα και ξεκί- νησαμε για το βουνό». Έφτασαν έως τα 3.300 μέτρα. «Από εκεί φορτώσαμε τα πράγματά μας σε γαϊδούρια και με τον Ιράνο οδηγό μας συνεχίσαμε για ακόμη 900 μέτρα». Η απόσταση αυτή, διευκρίνισε, είναι αρκετά απαιτητική, κα- θώς είναι ανηφόρα που αντιστοιχεί σε περίπλοκο 5 χιλιομέτρων.

Στη συνέχεια περιέ- γραψε το κοπιαστικό τους ταξίδι. «Είχαμε φτάσει στα 4.200 μέτρα», σημείωσε και διευκρίνισε ότι εγκα- ταστήθηκαν σε δύο καλύ- βες, ώστε να συνεχίσουν την άλλη μέρα μέχρι την κορυφή. «Στο μεταξύ κάναμε και μια διαδρομή 500 μέτρων, ώστε να συνηθίσουμε στο μειωμένο οξυγόνο». Την επόμενη η ομάδα ξεκίνησε στις 2:30 το πρωί για την τελική ανάβαση των 1.400 μέτρων. «Έπρεπε να ανέβει μέσα στη νύ- χτα, καθώς στις 12:00 το μεσημέρι, έπρεπε να επιστρέψω». «Ήταν πολύ κρύο και πο- λύ μεγάλη η διαφορά θερμοκρασίας. Στο Ιράν ήταν 38 βαθμοί και στην κορυφή -17 βαθμοί». Στα τελευταία 300 μέτρα ήταν αρκετά επικίνδυνα καθώς βγαίνουν και



τοξικά αέρια. «Εκεί η ομάδα ύψωσε τη σημαία της Κύπρου».

Η ίδια, είπε, τον Ιανουάριο θα ανέβει και τα 7.000 μέτρα στο Ακονκάγκουα, το μεγαλύτερο βουνό της αμερικανικής ηπεί- ρου, ώστε να κατακτήσει θέση στο ρεκόρ Γκίνες ως η μουσικός με τις συναυλίες στα ψηλότερα μέρη του πλανήτη. Έχει προ- ηγηθεί ανάβαση στο Ελμπρούς και στο Κιλιμάντζαρο.

Sunday Mail, 2nd October 2022

About Tatiana's climb in Iran

to the summit of Mt. Damavand

SUNDAY MAIL • October 2, 2022

LIVING

SUNDAY MAIL • October 2, 2022 | 07

FEATURE

A group from Limassol recently braved escalating tension, altitude sickness and lethal gas to get to the top of Asia's highest peak, Mount Damavand in Iran. ALIX NORMAN finds out how it went

Raising the Cyprus flag on mountain of fire



In Iran, there's a legend of a king so evil that the devil kissed his shoulders! Two serpents emerged and each day the wicked king allowed the snakes to feast on the brains of young men. Fortunately, a hero defeated the king in battle, imprisoning him forever under a mountain. The evil king is still there, breathing the fire of the eternally damned. And that, according to myth, is why Mount Damavand is forever shrouded in smoke...

Alex Larin has a different explanation: less exotic, a little more factual. "Fumaroles!" he says. "Mount Damavand is a volcano; it's dotted with fumaroles that issue a sulphurous smoke..."

As the organiser of a nine-member party from Cyprus who recently climbed to the summit of Mount Damavand, Alex is knowledgeable about everything from the mountain's terrain to its geology. He had to be: at 5,609 metres, Damavand is not only the highest mountain in the Middle East but also a notoriously challenging climb...

"Many don't make it," says Alex. "Even accomplished climbers find Damavand difficult; the success rate is far from 100 per cent. So I'm especially proud that a group from Cyprus, comprising six women and three men, was able to reach the summit!"

Located in the Alborz range of Iran, Damavand is truly the stuff of which legends are made. The ancient Persians considered the mountain both sacred and insurmountable. Even the name itself is foreboding – Damavand is said to translate as the mountain of smoke and fire.

"In actuality, Damavand is an active volcano," Alex reveals. "The 21st highest peak in the world, and the highest volcano in Asia, it's littered with fumaroles: fields of vents that emit pungent sulphurous gases. On

top of that, the terrain is mostly scree; landslides are a frequent hazard. Altitude sickness is common here, even amongst experienced mountaineers. And to top it all off, Damavand is in the heart of Iran – not a country you want to be visiting at the moment!"

The Cyprus group – all of whom hail from Limassol – were in Iran when the recent unrest began. "It's never easy to get to Iran," says Alex. "There are endless visas and permits. But we were especially worried when we realised we'd walked into the midst of such turmoil..."

The local guide told the group that one of his friends had been "disappeared". A woman in a small village railed at the female climbers for adhering to the law of hijab – insisting they should remove their headscarves in protest of restrictions. And even small hamlets exhibited a strong police presence, says Alex.

"I think something huge is about to happen in Iran," he says. "You could feel it in the air. We may not have seen the rioting and demonstrations, but everywhere we went there was a feeling of extreme unrest."

"Many of us come from nations where saying the wrong thing can – or could in the past – make you disappear," says Alex, adding that the nine climbers hailed from Russia, Latvia and the Ukraine. "We know what a country on the brink of revolution feels like. It's part of the reason that we all live in Cyprus. And, from the outset, we climbed as one united group under the flag of a country that

'Altitude sickness is very punishing, and this far out from civilisation there were no easy fixes should something go wrong'



has welcomed us all with open arms."

Politics aside, the climb itself took several days. But the preparation was months in the making. "All of us trained for many weeks in advance," says Alex. "We're all healthy, sporty people who enjoy a challenge. But Mount Damavand has a reputation for defeating even the hardest mountaineers. It is," he adds, "as mental as it is physical."

Arriving in Tehran on September 17 – "there are no direct flights from Cyprus," Alex explains, "so half of us flew via Vienna, half via Doha" – the group first completed an acclimation climb up a nearby 3,900-metre peak. "On September 19 we hired a bus and drove out to Damavand," Alex continues, "and spent another two days checking equipment and preparing for the climb."

The actual ascent began on September 21, when the group climbed from base camp to a height of 4,700 metres and then back down to the camp at 4,200 metres. "We climbed above the necessary height to check everyone could manage the alti-



tude," Alex explains. "Altitude sickness is very punishing, and this far out from civilisation there were no easy fixes should something go wrong. Plus we had the sulphurous gases to contend with – it's not the same as climbing a normal mountain," he adds. "I've climbed Elbrus, the highest mountain in Europe, and that was far easier. Here, on Damavand, you're dodging poisonous gases that can suddenly vent up from the earth. To avoid the fumaroles, there were times when we didn't just have to climb, we needed to run!"

On September 22, starting at 2am in the morning, the whole group made a final push for the peak. "The last 200 metres were the hardest," Alex recalls. "Finally, we could all see the summit; it's a point at which even experienced mountaineers often give up – it becomes a mental effort rather than purely physical. But we all supported each other, encouraging and coaxing in equal measure. And at 11am, we raised the flag of Cyprus on top of the mountain of smoke and fire!"

Monster trek (clockwise from top left): the starting point, on the top of Mount Damavand, the team in Iran, Alex in the foothills, the sometimes perilous journey up

Raising the flag, says Alex, was an incredibly proud moment for the entire group. "Although we only remained at the summit for 10 minutes due to the gas and the altitude, it was very moving. Cyprus is the island that has taken us in, allowed us a freedom we might not otherwise have experienced. It is our home and our hearts."

"Returning to the island from a country which has restricted internet usage, where police stalk every corner and anyone might disappear made us appreciate Cyprus all the more. There are no evil rulers in our adopted homeland – under or above the earth!"

For more information on the ascent of Mount Damavand, visit the Instagram account of the group's guide @sergei_broshevan



Вестник Кипра

20 ЯНВАРЯ 2023

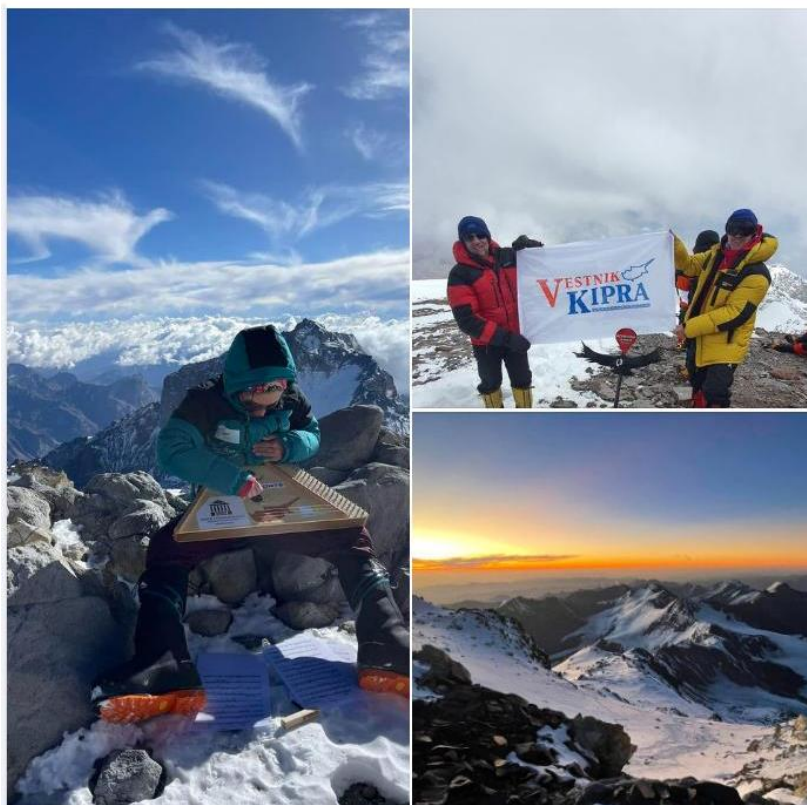
Кипрская пианистка установила новый мировой рекорд Гиннеса – самый высотный концерт на планете! 🏆

Напомним, жительница Лимассола, классическая пианистка Татьяна Ступак **Tati Nikolaevna** увлекается альпинизмом и каждый подъем на гору сопровождает исполнением музыкальных произведений на любимых инструментах. Сначала это было электронное пианино, на котором она сыграла на вершине Эльбруса, а затем гусли. С ними Татьяна покорила Килиманджаро и самый высокий вулкан Азии.

В этот раз она взяла мировой рекорд по самому высотному концерту на планете и выступила на горе Аконкагуа в Аргентине (6960,8 м). Эта амбициозная задача была сопряжена с большим количеством трудностей (подробнее по ссылке: <https://vkcyprus.com/.../18483-kiprskaya-pianistka...>). Но все условия для Книги рекордов Гиннеса выполнены!

«Начну с конца! 16 января 2023 года на самой высокой горе континента Южная Америка я организовала самый высокий концерт на планете. Он прошел на высоте 6700 метров на горе Аконкагуа. Билеты покупали пачками в базовом лагере Де Мулас. Кто смог добраться до нужной высоты – полностью заняли площадку, яблоку было негде упасть! Исполнила произведения Генделя, Равеля и Канелетти на гусях. Погода была холодная -38C!»

Мы поздравляем Татьяну с этим достижением! 🎉



Понедельник, 02 января 2023 05:10

Кипрская пианистка сыграет на горе в Аргентине

Жительница Лимассола, классическая пианистка Татьяна Ступак с 2019 года реализует альпинистские проекты. Она уже совершила восхождение на Эльбрус и Килиманджаро. Впереди у неё ещё несколько подобных идей. Каждый подъём на гору она сопровождает исполнением музыкальных произведений на любимых инструментах. Ближайшее выступление – в январе 2023 года в Аргентине. С этим концертом музыкант планирует подать заявку в Книгу рекордов Гиннеса.

Знак качества для альпинистов

У скалолазов есть своеобразный «знак качества» – список вершин, обязательный к покорению для тех, кто хочет считать себя настоящим альпинистом. Он называется «7 вершин». Список пиков порядке возрастания сложности выглядит следующим образом:

Килиманджаро, Танзания (5895 м)

Эльбрус, Россия (5642 м)

Денали, Аляска (6190 м)

Аконкагуа, Аргентина (6961 м)

Массив Винсон, Антарктида (4892 м)

Пунчак-Джая, Новая Гвинея (4884 м)

Эверест, Непал/Тибет (8849 м)

Пианино на Эльбрусе

Свой путь в альпинизме пианистка начала ни много ни мало – с Эльбруса. Для человека, который прежде в своей жизни ни на одну вершину не поднимался, более чем крутой старт. Добавим к этому, что простым восхождением на гору музыкант не ограничилась. Главной её целью было сыграть наверху на музыкальном инструменте. В июле 2019 года Ступак осуществила свой план – она играла на электронном пианино на Эльбрусе.

Гусли на пике Килиманджаро

Второй покорённой вершиной в её жизни стал пик Килиманджаро в Танзании в январе 2020 года. Из-за трудностей с электронной клавиатурой в сильный мороз на Эльбрусе она взяла гусли – традиционный струнный инструмент (без электроники и батареек), на котором она сыграла на вершине, несмотря на сильный ветер.



В сентябре 2022 года Татьяна отправилась в Иран на самый высокий вулкан Азии, чтобы вернуться в спортивную форму после двухлетнего ковидного перерыва. Тренировочное восхождение также завершилось творческой победой, которую музыкант отметила исполнением мелодии на гуслях.

В январе 2023 года – в Аргентину

Ее следующая экспедиция запланирована на гору Аконкагуа в Аргентине в январе 2023 года. Татьяна нашла высокопрофессиональных лицензированных гидов. Команда подобралась интернациональная: в ней есть специалисты из России, из Аргентины. В группе альпинистов – 24 человека. Татьяна в этом походе – единственный представитель Кипра. Группа должна прибыть в Латинскую Америку 3 января. Восхождение продлится 21 день.



Она снова возьмет с собой музыкальный инструмент. Но в этот раз задача будет намного сложнее: музыкант попытается взять мировой рекорд по самому высотному концерту на планете. Правила Книги рекордов Гиннеса допускают номер сольного исполнителя. Но побить музыкальный рекорд может оказаться более сложной задачей, чем покорить вершину горы. Для подготовки снаряжения Татьяна специально летала в Лондон, чтобы приобрести все необходимое.

Специальный инструмент для «Гиннеса»

Задача крайне непростая. Амбициозная цель музыканта и спортсмена сопряжена с большим количеством трудностей. Плюс, высокая планка, заданная Гиннесом.

Экспертный совет одобрил использование в этом проекте оркестровых гуслей, и Татьяна приобрела именно такие – звончатые гусли. На них играют медиатором. На горе Килиманджаро она играла на другой разновидности – там были шлемовидные гусли, на них играют подцепом. Такой вид инструмента не подходит для попытки установить рекорд Гиннеса. Поэтому мастеру пришлось переучиваться и приспособиться к новому инструменту.

Ноты на горе и в интернете

По условиям проекта, концерт должен длиться не менее 15 минут. Перерыв между произведениями – не более 30 секунд. Смотреть в ноты можно, но условия в горах могут сделать это невозможным, поэтому Татьяне пришлось все произведения выучить наизусть. Каждый музыкальный номер должен длиться не менее двух минут. Все произведения, представленные на концерте, должны быть авторскими: для композиции должен существовать нотный текст. Наличие этого текста в интернете – тоже одно из условий. При этом произведение не должно находиться под авторскими правами – то есть, к исполнению принимаются только произведения, авторы которых умерли минимум 70 лет назад.

Свидетели и зрители

Список произведений для «рекордного» концерта должен быть представлен в качестве доказательства и подписан независимыми свидетелями.

На концерте должно присутствовать не менее десяти зрителей. Им придется купить билеты до начала концерта. Это означает, что Татьяне понадобится взять с собой в Аргентину более десяти распечатанных билетов – продать их зрителям. Кроме того, надо будет потрудиться уговорить не менее десяти альпинистов прекратить на определенное время восхождение и стать публикой.

Музыкальный концерт при -50°C

Что касается точки проведения концерта, на сегодняшний день рассматриваются три варианта. Два из них – ниже вершины и одна – на вершине. Окончательно с местом, вероятно, определятся в последнюю минуту – во многом это будет зависеть от погодных условий. В худшем случае возможны сильные ветры с температурой до -50°C – гора Аконкагуа считается очень холодной. Возможно, из-за низкой температуры Татьяна не сможет достаточно хорошо играть на инструменте в течение положенных 15 минут. Она возьмет с собой специальные химические грелки для рук.

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Гора Аконкагуа в Аргентине

Концерт будет снят на видеокамеру, чтобы предоставить доказательства «Гиннесу».

Кроме того, экспертный совет требует строгих измерений высоты и местоположения (GPS, в виде файлов .kml), где проходит концерт. Оценивать представленные данные будет независимый эксперт, имеющий соответствующую квалификацию и опыт обращения с оборудованием.

Все будет зафиксировано на камеру

Высотомер и устройство GPS будут специально откалиброваны в месте под горой, где высота и положение уже известны. Затем эксперт должен поместить их в герметичный контейнер и закрыть на ключ. Когда начнется концерт, контролер поднимется с группой на концертную площадку, откроет контейнер и измерит высоту и положение сценической площадки. Оператор будет снимать и/или фотографировать приборы, чтобы записывать измерения.

Ещё одна задача контролирующего эксперта – заполнить свидетельские показания для Книги рекордов Гиннеса, предоставить достоверные факты о попытке установления рекорда. Также обязательное требование – подтверждение того, что он не связан с кандидатом в рекордсмены, не имеет отношения к организаторам мероприятия, к участнику рекорда, и не имеет никакой выгоды от результатов проекта.

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23

Feature

From Limassol to Aconcagua: a Guinness World record for Cyprus

The sound of music rang recently from the highest mountain in the Americas as a Cyprus-based musician held a concert there. **Alx Norman** finds out more

LAST Monday the flag of Cyprus, having travelled 13,000 kilometres across the world and almost 7,000 metres into the sky, was raised on the highest point in South America – Mount Aconcagua. And it then flew above a single musician; a concert pianist from Limassol, set to earn the Guinness World Record for Highest Concert Ever Held!

Russian-born pianist Tatiana Stupak is well-known in Cyprus for her classical concerts and charity work. But what the public don't know is that the 36-year-old is also an avid climber. "I'm working my way through the Seven Summits, gusli in hand!" says the intrepid musician, referring to her zither-like instrument. "And on each peak, I give a little performance..."

SEVEN SUMMITS

To clarify, the Seven Summits are the highest peaks on each continent. Nobody from Cyprus has yet surmounted all seven. But Tatiana intends to be among the first: over the past 24 months, she's climbed two of the seven, and with her ascent of Aconcagua is now almost half-way through.

But what makes Tatiana different is her aim. While she certainly hopes to reach each of the seven summits in the next few years, her goal is a little more nuanced: on each ascent, Tatiana plays her gusli (an archaic stringed instrument that originated in Russia); the strains of her music ringing out from the heights of the world.

"In July 2019, I played the keyboard on the summit of Mount Elbrus, the highest peak in Europe," Tatiana reveals. "And then, in January 2020, I played the gusli on Kilimanjaro; I'd actually had difficulties with the elec-

tronic keyboard in the extreme cold on Elbrus, so an instrument with no electronics or batteries was a better choice – despite the freezing cold and strong winds that almost blew both me and my instrument away! But both ascents pale in comparison to that on Aconcagua, notoriously a much more challenging mountain to climb..."

While Mount Elbrus is 5,642 metres above sea level, and Kilimanjaro 5,895 metres, Aconcagua is a full kilometre higher, topping out at 6,961 metres at its highest point. It's also, Tatiana notes, not only harder to reach given that it's in Argentina, but also a more difficult climb.

"I went with a group of 10 other climbers from the 7summits.ru organisation," explains the musician. "It took us two weeks to acclimatise to the weather, the altitude, and the exertion required to reach the summit – Aconcagua is no easy climb, even in the summer of the southern hemisphere! But we succeeded, despite the unseasonably cold weather that saw us tramping through knee-deep snowdrifts for hours on end."

But for Tatiana, the ascent wasn't just about the glory of the climb; nor the spectacular views. As her group raised the flag of Cyprus atop Aconcagua, the musician prepared to give the concert of a lifetime. A performance that, were it to claim the World Record, needed to be perfect in every detail...

"For a World Record of this type, Guinness requires that the performer give a 15-minute performance with no more than 30 seconds between works," says Tatiana. "The works must be recognisable, and each piece must last a minimum of two minutes and be played to a reasonable standard." As if that wasn't enough,



Tatiana playing her gusli on the mountain, at the concert and on the way up



the sheet music had to be held down by her feet – "a music stand is extra weight I didn't need, and sheet music would blow half-way across Argentina in a second!" laughs Tatiana. And the record also required an audience of at least 10 (all of whom must have bought tickets beforehand), and that programmes be distributed...

"There were certainly more than a few challenges to attaining the record," admits Tatiana. "Before the concert could begin, our group leader Andrey Berezin had to verify the altitude, which was then filmed and confirmed by other members of the party. I then had to ensure there were at least 10 people in attendance – no mean feat when it's freezing

cold and nobody wants to hang around! – all of whom had bought tickets during the ascent. Then I distributed printed programmes, and prepared to play."

With the temperature a chilling -38C, Tatiana took off several pairs of gloves, removed her hand warmers, and played for 17 minutes at a height of 6,700 metres – beating the previous record by 224 metres. "It was bone-freezing!" she exclaims. "After the first 30 seconds I could hardly feel my fingers! But I persevered, playing a selection of pieces by Rebel, Kanaletti and Handel."

The entire performance was videoed by an independent witness, while photographs were taken of both the altitude metre and the GPS coordinates. And all are

currently in the process of being verified by Guinness...

"Evidence about the concert, including videos, photographs and written witness statements, is now being gathered for submission to Guinness World Records for assessment," says Tatiana. "And, since the verification process can take up to 12 weeks, now the wait begins..."

"I'm feeling quite anxious, as this was such a daring undertaking, and it involved so many kindly people – the witnesses, videographer, and audience members – all of whom contributed hugely to the concert. But I'm fairly sure the Record will stand. And this performance will go down in history as the Highest Concert Ever Held!" "In the meantime," she

adds, "I'm just enjoying being back in Cyprus, and playing at sea level! Music and mountaineering may not enjoy a close association in anyone's mind, but I find they have distinct commonalities. At a certain level, there's a daring, an elegance, to both music and climbing," she suggests. "Both are about achieving something beyond the norm: a feat that's unusual, and requires pure dedication. And raising the flag of Cyprus atop the highest peak in South America while giving a concert allowed me to combine three of my greatest loves: music, mountaineering and my magnificent homeland!"

For more information on Tatiana Stupak, visit the Facebook page 'Tati Nikolaevna'



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Η πιανίστρια Τατιάνα Στούπακ διεκδικεί το ρεκόρ Guinness

Της Δέσποινας Ψύλλου

Με ολόκληρο τον κόσμο στα πόδια τους, στους -38 βαθμούς Κελσίου και περιτριγυρισμένοι από ολόλευκο πάγο, απόλαυσαν μια μοναδική συναυλία στα 6.700 μέτρα πάνω από τη θάλασσα, στην ψηλότερη κορυφή της Λατινικής Αμερικής. Πρωταγωνίστρια η Κύπρια πιανίστα Τατιάνα Στούπακ, η οποία διεκδικεί το ρεκόρ Guinness για τη μουσική της εμφάνιση στο Ακονκάγκουα της Αμερικής με το ολαβικό πολύχορδο μουσικό όργανο gusli. Η κ. Στούπακ, που έχει παίξει μουσική και στις κορυφές των βουνών Νταμαβάντ, Ελμπρούς και Κιλιμάντζαρο, μίλησε στον «Φ» για τη μοναδική της εμπειρία και την αγωνία της αναμονής για το ρεκόρ.

Η αναχώρηση από την Κύπρο έγινε την Πρωτοχρονιά, όπου συνάντησε μια ομάδα άλλων δέκα ορειβατών. Μετά από δύο εβδομάδες εγκλιματισμού και αναρρίχησης, τα μέλη της ομάδας έφτασαν στην κορυφή στις 16 Ιανουαρίου, υψώνοντας μεταξύ άλλων και τη σημαία της Κύπρου. Η ανάβαση ήταν αρκετά επίπονη. «Περνούσαμε από χόνι μέχρι το γόνατο. Ήταν εξαιρετικά κουραστικό,

Στη διάρκεια της κατάβασης η ομάδα ενώθηκε με ακόμη 20 ορειβάτες και πραγματοποιήθηκε μια στάση για τη συναυλία, με στόχο η κ. Στούπακ να καταρρίψει το ρεκόρ που υπάρχει από το 2012. Βρίσκονταν στα 6.700 μέτρα, δηλαδή 224 μέτρα από το προηγούμενο ρεκόρ. Η κ. Στούπακ μοίρασε στο κοινό μουσικό πρόγραμμα, μέρος του οποίου είχε αγοράσει προηγουμένως εισιτήρια, και προσέφερε μελωδίες γνωστών συνθετών στο gusli. «Έπρεπε πρώτα να βγάλω γάντια και θερμαντικά χεριών, για να παίξω με γυμνά δάχτυλα πάνω στις χορδές, σε θερμοκρασία -38 βαθμούς Κελσίου. Η συναυλία διήρκεσε 17 λεπτά», δήλωσε μετά.



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ΧΡΟΝΙΑ
ΜΑΖΙ!



ΕΦΗΜΕΡΙΔΑ
ΛΕΜΕΣΟΣ



ΔΙΑΝΕΜΕΤΑΙ ΔΩΡΕΑΝ

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ΕΒΔΟΜΑΔΙΑΙΑ ΛΕΜΕΣΟΣ ΠΑΡΑΣΚΕΥΗ 03 ΦΕΒΡΟΥΑΡΙΟΥ **Ενημέρωση | 11**

Η Λεμεσιανή Τατιάνα Στούπακ έσπασε ρεκόρ Guinness

Πραγματοποίησε κοντσέρτο στην υψηλότερη κορυφή της Λατινικής Αμερικής σε θερμοκρασία -38 βαθμούς κελσίου



Η γνωστή πιανίστρια Τατιάνα Στούπακ, έσπασε το ρεκόρ Guinness για τη μουσική της εμφάνιση στο Ακονκάγκουα της Αμερικής, καθώς πραγματοποίησε συναυλία στα 6.700 μέτρα πάνω από τη θάλασσα. Πρόκειται για τη ψηλότερη κορυφή της Λατινικής Αμερικής, όπου η Τατιάνα επέλεξε να παίξει το σλαβικό πολύχορδο μουσικό όργανο gusli.

Οι συνοδοιπόροι της, πλήρωσαν εισιτήριο, πήραν το πρόγραμμα στα χέρια τους και απόλαυσαν τη συναυλία στους -38 βαθμούς κελσίου, σε ένα απίστευτο τοπίο, περιτριγυρισμένοι από βουνά με ολόλευκο πάγο.

Η συγκεκριμένη δράση ανήκει στην προσπάθειά της να κατακτήσει τις υψηλότερες κορυφές από κάθε ήπειρο και κάθε φορά να παίζει ένα διαφορετικό όργανο. Προηγούμενως, βρέθηκε στο βουνό Elbrus που βρίσκεται στη Ρωσία, με πιάνο. Το επόμενο βουνό που επισκέφθηκε ήταν το Κιλιμάντζαρο στην Αφρική, το οποίο ήταν ακόμα πιο ψηλό, στα 5,895 μέτρα και έπαιξε gusli.



Η αναχώρηση από την Κύπρο έγινε την πρώτη μέρα του χρόνου, όπου η ομάδα του Lemesos TV βρέθηκε στο αεροδρόμιο για να την αποχαιρετήσει. Μετά από δύο εβδομάδες εγκλιματισμού και αναρρίχησης, τα μέλη της ομάδας ορειβατών έφτασαν στην κορυφή στις 16 Ιανουαρίου, υψώνοντας μεταξύ άλλων και τη

σημαία της Κύπρου. Σύμφωνα με την πιανίστρια, η ανάβαση ήταν αρκετά επίπονη, καθώς το χιόνι έφτανε μέχρι το γόνατο.

Στη διάρκεια της κατάβασης η ομάδα ενώθηκε με ακόμη 20 ορειβάτες και πραγματοποιήθηκε μια στάση για τη συναυλία. «Έπρεπε πρώτα να βγάλω γά-



νια και θερμαντικά χεριών, για να παίξω με γυμνά δάχτυλα πάνω στις χορδές, σε θερμοκρασία -38 βαθμούς κελσίου. Η συναυλία διήρκεσε 17 λεπτά», δήλωσε. Το ρεκόρ Guinness θα της απονεμηθεί σε μερικούς μήνες, σε επίσημη εκδήλωση στη Λεμεσό.

**Η Κύπρια
πιανίστα
έδωσε
συναυλία
στο όρος
Ακονκά-
γκουα**



Ρεκόρ Guinness για μελωδία στα 6.701 μ.

Έσπασε τα παγκόσμια ρεκόρ η Κύπρια πιανίστα Τατιάνα Στούπακ, καθώς πρόσφερε μια συναυλία στην κορυφή του κόσμου, 6.701 μέτρα πάνω από την επιφάνεια της θάλασσας στο υψηλότερο όρος της Λατινικής Αμερικής και παράλληλα στους -38 βαθμούς Κελσίου. Η κ. Στούπακ για τη μουσική της εμφάνιση στο Ακονκάγκουα της Αμερικής με το σλαβικό πολύχορδο όργανο gusli, πέτυχε τον στόχο της, αφού όπως ανέφερε στον «Φ» έλαβε προ ημερών το πιστοποιητικό από τα Παγκόσμια Ρεκόρ Γκίνες (Guinness World Records).

«Η συναυλία στο υψηλότερο σημείο από τη θάλασσα που είναι 6.701 μέτρα, επιτεύχθηκε από την Τατιάνα Στούπακ στο όρος Ακονκάγκουα της Αργεντινή, στις 16 Ιανουαρίου 2023», αναφέρει το πιστοποιητικό. Παράλληλα, σε ανάρτηση στην επίσημη ιστοσελίδα των Παγκόσμιων Ρεκόρ Γκίνες διευκρινίζεται ότι η Τατιάνα Στούπακ είναι επαγγελματίας μουσικός και ιδιοκτήτρια μουσικής σχολής, η οποία ζει στην Κύπρο. «Είχε παίξει μουσική στις κορυφές των βουνών Νταμαβάντ, Ελμπρούς και Κιλιμάντζαρο, πριν σπάσει το εν λόγω ρεκόρ. Η 15λεπτη σόλο συναυλία παρουσιάστηκε σε 30 παρευρισκόμενους που αγόρασαν εισιτήρια». Υπενθυμίζεται ότι η Τατιάνα Στούπακ είχε αναρριχηθεί στο Ακονκάγκουα στις 16 Ιανουαρίου 2023 μαζί με ομάδα ορειβατών, υψώνοντας μεταξύ άλλων και τη σημαία της Κύπρου. Το χιόνι, είχε περιγράψει, έφθανε ως τα γόνατά τους. Στη διάρκεια της κατάβασης πραγματοποιήθηκε μια στάση για τη συναυλία, με αποτέλεσμα να καταρρίψει το ρεκόρ που υπάρχει από το 2012 στα 6.476 μέτρα.

Δέσποινα Ψύλλου

КОНЦЕРТ НА ГУСЛЯХ В -38 °С НА ВЫСОТЕ 6701 М!

Первого января классическая пианистка Татьяна Ступак покинула свой родной город Лимассол и направилась на гору Аконкагуа в Мендосе (Аргентина).

Оказавшись там, она встретила группу из десяти других альпинистов из организации 7summits.ru. После двухнедельной акклиматизации и подготовки к штурму члены группы достигли вершины 16 января, подняв флаги Кипра и спонсоров экспедиции. Части подъёма были особенно трудными из-за погоды, и временами люди пробирались по колёну в снегу, что очень утомительно.

На спуске группа остановилась примерно на полчаса, и к ней присоединились ещё около 20 альпинистов. С этого момента и началось выполнение цели восхождения Татьяны Ступак. В мае 2020 года она зарегистрировалась в «Книге рекордов Гиннеса», чтобы попытаться побить рекорд, который стоит с 2012 года: провести концерт продолжительностью не менее 15 минут на новой рекордной высоте над уровнем моря.

Прежде чем концерт мог начаться, лидер группы и опытный гид Андрей Березин достал из запёртой коробки высотомер, который он носил с собой с тех пор, как проверил его точ-



ность ещё в Мендосе, перед началом подъёма. Альтиметр показал высоту 6701 метр, что наблюдалось несколькими альпинистами, а также было снято на видео. Это предоставило Татьяне Ступак жизненно важные доказательства, чтобы претендовать на новый мировой рекорд: 6701 метр на 225 метров выше существующего рекорда, который составляет 6476 метров.

Татьяна распаковала свой инструмент — гусли, раздала печатные музыкальные программы публике, большинство из которых ранее купили у неё билеты, и начала играть свою класси-

ческую программу из произведений трёх композиторов: Ребеля, Каналетти и Генделя. Сначала ей пришлось снять перчатки и грелки для рук и играть голыми пальцами, перебирая струны при температуре -38 градусов по Цельсию. Она играла 17 минут и, к счастью, избежала обморожения рук.

Татьяна Ступак представила информацию о своем уникальном концерте в «Книгу рекордов Гиннеса» (GWR) для оценки и, после не столь длительного ожидания, получила долгожданный Сертификат и стала новым мировым рекордсменом.

Татьяна Ступак благодарит своих спонсоров: Арсен Феофанидис адвокаты, Max Sports, Photovolt Development Partners, Mijnachas.cy, «Русское радио Кипр», журнал «Стиль жизни», газету «Вестник Кипра», Atria Music и Efeto-Properties.

Concert on the open sea

By Eleni Philippou • May 22, 2023



Limassol-based pianist Tatiana Stupak is back this summer with another special concert, not only in terms of repertoire and performers but also in location. If you have never been to a concert at sea, this concert on June 13 could change that.

Onboard the *Salone* catamaran in Limassol's Old Port, Tatiana will perform a solo show titled *Songs of Ice and Fire* celebrating great film music with songs cinephiles and beyond know and love. The reason for choosing such a different location for this summer concert is to celebrate the fact that the pianist broke the Guinness World Record in January this year for the Highest Concert on the planet. She is to celebrate her achievement at her birthday concert this year, not in a traditional concert venue, but for a change, on the open sea.

The event will begin at 7pm where guests will be greeted on board with a welcome drink. The entertainment will start at 8pm and will last one hour, and will be provided by Tatiana playing a solo performance of popular film music on the piano. She will also have a special guest vocalist, Maria Voloshina.

Audience members will hear for the first time in Cyprus, a concert of music by the award-winning composer Hans Zimmer, who has written music for over 150 films, such as *Pirates of the Caribbean*, *Dune*, *The Lion King*, *Gladiator*, *Inception*, *The Last Samurai*, *Sherlock Holmes*, *Batman*, *Superman*, *Man of Steel*, *Dark Phoenix*. And that's not all. The entertainment at sea will conclude with a firework show.

Songs of Ice and Fire

Tatiana Stupak's Birthday Concert 2023. June 13. Limassol old port. 7pm. €50.

www.soldouttickets.com.cy

Вестник КИПРА 28 1995-2023

Вт, 6 июня 2023 09:14

Рояль на воде: программа 2023 года

13 JUNE
19:00 Boarding Old Port Limassol

HANS ZIMMER
Songs of Ice and Fire

Piano: **Tatiana Stupak**

Vocal: **Maria Voloshina**
special guest

OPEN SEA CONCERT
on Catamaran Salone



Пианистка Татьяна Ступак организует свой ежегодный благотворительный концерт на воде. Мероприятие состоится 13 июня. Посадка на самый большой катамаран Кипра будет в Старом Порту Лимассола.

Посадка начинается в 19:00. Гостей ждут фотосессия на красной дорожке с видом на город и бокал просекко.

В 20:00 катамаран отойдет от берега и отправится в море под звуки настоящего рояля и голоса.

«Я подготовила нетрадиционную для меня программу – музыку известного композитора Ханса Циммера. Он сочинил треки для более чем 150 фильмов, таких как «Мадагаскар», «Человек Паук», «Кунг-фу Панда», «Шерлок Холмс», «Железный человек», «Гладиатор», «Перл-Харбор», «Пираты Карибского моря» и др. Отмечу, что такой концерт состоится впервые на Кипре», – рассказала Татьяна Ступак.

Концерт продлится час, а в конце гостей пригласят на верхнюю палубу насладиться салютом.

Количество мест ограничено. Билеты на одно из самых романтических и гламурных событий уже можно приобрести [по ссылке](#).

Количество мест ограничено. Билеты на одно из самых романтических и гламурных событий уже можно приобрести [по ссылке](#).

КОНЦЕРТ В ОТКРЫТОМ МОРЕ

Ежегодно Татьяна Ступак устраивает незабываемые концерты в честь своего дня рождения, чтобы у всех была возможность прикоснуться к прекрасному.

13 и 14 июня прошло грандиозное и уникальное событие: впервые в открытом море состоялся концерт музыки Ханса Циммера.

Гостей ждали приветственные напитки, фотографии на красной дорожке, прекрасный вид на старый порт Лимассола. Как только собрались гости, самый большой катамаран отправился в море, на него уже погрузили подъёмным краном рояль, и начался концерт. Аранжировки самых известных композиций из фильмов и мультфильмов были написаны специально для этого мероприятия с соблюдением всех авторских прав. Гости слушали любимые мелодии соло на рояле в исполнении известной креативной пианистки Кипра Татьяны Ступак, обладательницы рекорда Гиннеса. Также для участия в концерте была приглашена вокалистка Мария Волопина.

Концерт длился час, затем гостей пригласили на верхнюю открытую палубу посмотреть красивый салют. Мероприятия посетили около 300 зрителей.



ISSUE 2 - SUMMER/WINTER 2023

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Taliana Stupak
AN ADVENTUROUS MUSICIAN



Embarking on a remarkable journey across the globe, she graces palaces, cathedrals, and other prestigious venues with her captivating music. Not content with the ordinary, she established her own music school in Cyprus, constantly pushing artistic boundaries. Scaling the world's highest mountain peaks, organizing concerts, and winning a Guinness World Record Award, Tatiana Stupak, residing in Limassol, unveils the thrilling chapters of her extraordinary life.

Ταξιδεύει σε όλο τον κόσμο προσκεκλημένη σε παλάτια, Καθεδρικούς ναούς και άλλους σημαντικούς χώρους για να παίξει μουσική. Διατηρεί το δικό της ωδείο στην Κύπρο, ξεπερνά τα όρια του συνηθισμένου, ανεβαίνει στις υψηλότερες βουνοκορφές του κόσμου οργανώνοντας συναυλίες και κατακτώντας επάξια, βραβείο Ρεκόρ Γκίνες. Η Tatiana Stupak η οποία ζει στη Λεμεσό, μας μιλά για την συναρπαστική ζωή της.

Interview: Marina Avraam
Photographer: Michalis Kyprianou
Styling: Marianna Hadjimina
Make Up: Izambella Christodoulou
Special thanks to Anassa Resort for hosting us.

I'D LOVE TO PLACE A BRONZE PLAQUE AT THE VERY SPOT WHERE I HELD MY CONCERT, MAKING IT A LASTING MEMORY OF THIS MOMENTOUS OCCASION

After winning a Guinness World Record Award, what exciting plans do you have for the future?

My next goal is to push myself even further. I'm aiming to win another Guinness World Record Award by mastering the art of playing three different musical instruments simultaneously. Also, I'd love to place a bronze plaque at the very spot where I held my concert, making it a lasting memory of this momentous occasion.

It's not every day you hear about a musician scaling high mountain peaks abroad to play music. Wasn't that difficult?

As a child, I dreamt of seeing my name in the Guinness Book of World Records, and that dream led me to embark on this incredible adventure. It took me two years of intense preparation before I set out on my musical expedition. My journey began with playing music on an electronic keyboard on Mount Elbrus, the highest peak in the Caucasus and Europe. Afterward, I took on the challenge of performing on Kilimanjaro, and then in 2022, I headed to Mount Damavand in Iran. To break the previous Guinness record, I had to climb to 6050 meters, but I went even further, reaching an impressive height of 6701 meters. I sold tickets to fellow climbers who became my audience during the performance. The location offered breathtaking views, and I played music for a total of 17 minutes, surpassing the required 15-minute duration. To ensure the authenticity of my

Mετά την κατάκτηση του Ρεκόρ Γκίνες, τι υπάρχει στα πλάνα σας;

Να ξεπεράσω τον ίδιο μου τον εαυτό και να διακριθώ για ακόμη ένα βραβείο Ρεκόρ Γκίνες παίζοντας ταυτόχρονα τρία διαφορετικά μουσικά όργανα. Στόχος μου, να τοποθετήσω και μια μπρούτζινη πινακίδα στο σημείο όπου ανέβηκα για τη συναυλία μου.

Δεν το ακούς συχνά. Μία μουσικός, να ανεβαίνει σε ψηλές βουνοκορφές στο εξωτερικό για να παίξει μουσική. Δεν ήταν δύσκολο;

Ήταν όνειρο μου από μικρό παιδί να βρεθώ στις σελίδες του βιβλίου Ρεκόρ Γκίνες και όταν το αποφάσισα, μου πήρε δύο χρόνια για την προετοιμασία. Έκανα την αρχή ανεβαίνοντας για να παίξω μουσική με ηλεκτρονικό πληκτρολόγιο στο βουνό Elbrus, το υψηλότερο όρος του Καυκάσου και το ψηλότερο σημείο της Ευρώπης. Έπειτα, ξεκίνησα τις διαδικασίες για το Κιλιμάντζαρο και το 2022 το βουνό Damavand στο Ιράν. Οι κανονισμοί με ήθελαν να ανέβω στα 6050 μέτρα για να καταρρίψω το προηγούμενο ρεκόρ Γκίνες, ανέβηκα στα 6701 μέτρα. Έπρεπε να πωλήσω εισιτήρια στους ορειβάτες για να υπάρχει κοινό, το σημείο μας ήταν εξαιρετικό με υπέροχη θέα και να παίξω μουσική για 15 λεπτά. Έπαιξα μουσική συνολικά 17 λεπτά. Τοποθετήθηκαν τα posters, πωλήθηκαν τα εισιτήρια, οι ορειβάτες που βρίσκονταν εκεί, ήταν όλοι ενθουσιασμένοι. Υπήρχε βίντεο και απαραίτητα αποδεικτικά τα οποία κατέγραφαν τα πάντα. Στο βουνό, υπήρχε και ένας καλλιτέχνης, ο οποίος δημιούργει



Mrs Tatiana Shupak is wearing a top and skirt by Dolce & Gabbana, earrings by Alessandra Rich from Kult Boutique and shoes from her private collection.

Mrs Stupak is wearing a dress worn as a blouse and skirt by Dolce & Gabbana, earrings by Alessandra Rich from Kult Boutique.

achievement, we documented everything with videos and other evidence. It was an unforgettable moment, with posters promoting the event and climbers filled with excitement. Interestingly, I discovered an artist on the mountain who had set up his gallery in the midst of nowhere, selling his paintings to fellow adventurers passing by.

Did you experience any feelings of worry or anxiety?

I was actually filled with excitement. What did make me a bit nervous was the realization that, at such an altitude, breathing and the overall conditions would be different.

What were the most significant challenges you faced?

Oxygen deprivation and fatigue. Our day began at 3 in the morning, and it wasn't until 5 in the afternoon that I could start playing music. The entire walking expedition lasted for two weeks. However, the preparation for this endeavor started several months ago. I had to undergo intense training, take vitamins and supplements, and practice my instrument in sub-zero temperatures, as the weather on a mountain top is highly unpredictable. Moreover, I had to wear special shoes, 2 kilos each.

How did you feel upon achieving your goal at the end of the day?

When the concert came to an end, I must admit, I felt a bit disappointed in myself. I had envisioned it to be even more successful than it turned out to be. The nerves were running high as I had invested a lot, both financially and emotionally, into this opportunity. Although I was already contemplating the possibility of trying again next year, I reminded myself that I had achieved a significant milestone, and that, in itself, was a triumph.

Is your family supportive?

Yes, of course. They understand the fulfillment I find in pursuing my ideas, even if they may sound unconventional at times. They always stand by me, believing in my potential.

Tell us a few words about your music school in Cyprus.

Our music school in Cyprus was established in 2017, and it caters to a diverse age group, starting from children as young as 2 years old to adults. We offer both group and private lessons, covering a wide range of musical instruments. Our students actively participate in various performances, gaining invaluable experiences along the way. These opportunities include competitions, music video shoots, picnics with musical performances in the scenic forest – a cherished Easter tradition, and numerous other engaging activities. Also, we offer a diploma in collaboration with the prestigious Royal School of London.

τα έργα του εκεί, είναι η gallery του στη μέση του πουθενά και οι πίνακες του πωλούνται στους περαστικούς ορειβάτες. **Νιώθατε καθόλου ανησυχία ή άγχος;**

Ήμουν αρκετά ενθουσιασμένη. Άγχος μου προκάλεσε το γεγονός ότι σε τέτοιο υψόμετρο, αναπνεύεις διαφορετικά, οι συνθήκες είναι αλλιώς.

Ποιες ήταν δηλαδή οι μεγαλύτερες δυσκολίες;

Το οξυγόνο και η κούραση. Είχαμε ξεκινήσει στις 3 το πρωί και έπαιξα μουσική στις 5 το απόγευμα. Χρειάστηκαν συνολικά 2 εβδομάδες περπάτημα. Η διαδικασία όμως, ξεκίνησε αρκετούς μήνες πριν. Έπρεπε να προπονηθώ, να παίρνω βιταμίνες και συμπληρώματα, να κάνω πρόβες το μουσικό όργανο σε θερμοκρασίες υπό το μηδέν, γιατί δεν μπορείς να προβλέψεις ποτέ τον καιρό σε μια βουνόκορφη. Να φοράω ειδικά παπούτσια, 2 κιλά το κάθε ένα.

Και στο τέλος της μέρας, πώς αισθανθήκατε όταν τα καταφέρατε;

Όταν ολοκληρώθηκε η συναυλία, ήμουν πολύ θυμωμένη με τον εαυτό μου. Ένιωθα ότι δεν ήταν όσο πετυχημένη θα ήθελα. Ήταν μεγάλο το άγχος μου, ότι είχα πάρει αυτή την ευκαιρία, ξόδεψα χιλιάδες χρήματα για το ταξίδι και άρχισα ήδη στο μυαλό μου να δουλεύω το γεγονός ότι θα το επαναλάμβανα την επόμενη χρονιά. Κι όμως, τα κατάφερα.

Σας στηρίζει η οικογένειά σας;

Ναι, φυσικά. Και επειδή ξέρουν πόσο με γεμίζει, δεν προσπαθούν να με σταματήσουν, όσο τρελές κι αν τους ακούγονται οι ιδέες μου κάποιες φορές. Είναι πάντα δίπλα μου, πιστεύουν σε μένα.

Πείτε μας λίγα λόγια για το μουσικό σας ωδείο στην Κύπρο.

Ξεκίνησα τη σχολή το 2017. Έρχονται παιδιά από 2 χρονών μέχρι και ενήλικες. Υπάρχουν γκρουπ και private μαθήματα. Διδάσκουμε διάφορα μουσικά όργανα και οι μαθητές μας συμμετέχουν συχνά σε παραστάσεις. Αποκοτούν αρκετά όμορφες εμπειρίες, συμμετέχουν σε διαγωνισμούς, video clips, διοργανώνουμε pic nic όπου παίζουμε μουσική, επίσης στο δάσος, μια εκδήλωση που γίνεται κάθε Πάσχα, καθώς και πολλές άλλες ενέργειες. Επίσης, δίνουμε δίπλωμα από το Royal School of London.



MY NEXT GOAL IS TO PUSH MYSELF EVEN FURTHER. I'M AIMING TO WIN ANOTHER GUINNESS WORLD RECORD AWARD BY MASTERING THE ART OF PLAYING THREE DIFFERENT MUSICAL INSTRUMENTS SIMULTANEOUSLY.